

Feel This Moment

By Christina Aguilera

One day when the light is glowing

1 Throw both arms up, look up, feet apart

2

3 Pull arms down, slowly in fists, head follows hands until level

4 Slowly...

5 Slowly...

6 Slowly...

7

8 Arms fists down by side, look forward

I'll be in my castle golden

1 Hands on hips, swing right

2

3 Hands on hips, swing left

4

5 Hands on hips, swing right

6

7 Hands on hips, swing left

8

But until the gates are open

1 Bring arms in to open up, look forward, fists

2

4 Slowly open arms..."Jazz" hands (palms open)

5 Slowly...

6 Slowly...

7

8 Arms at T, "Jazz" hands

I just wanna feel this moment

1 Right arm pledge, look over left shoulder, left arm clean

2

3 Dip...right arm flex low v, left hand on hip, sink into right hip, pop left toe, look forward

4

5 Stand up, swing right arm over head

6

7 Dip...right arm flex low v, left hand on hip, sink into right hip, pop left toe, look forward

8

(oh-oh-oh-ohhh)

1 Drop left arm to clean, swing right arm in front

2 Make a slow circle motion, head follows arm

4 Slowly...

5 Slowly...

6 Slowly...

7

8 Arms are clean, looking right

I just wanna feel this moment

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(oh-oh-oh-ohhh)

1 Drop right arm to clean, swing left arm in front

2 Make a slow circle motion, head follows arm

4 Slowly...

5 Slowly...

6 Slowly...

7

8 Arms are clean, looking left

I just wanna feel this moment

1 Feet together, pop right toe, cross arms low, bounce with hips

2 Swing

3 arms

4 around

5 to

6 high v

7 with

8 flexed hands....