



## Ancient Trizina - Volcano of Methana Helicopter Tour



The Methana peninsula contains some 32 volcanoes including the Methana volcano. The volcanic activity in the peninsula began one million years ago and continued gradually until 300 years ago. The last eruptions took place in 1700 at a submarine volcano north of Kameni Chora.

The ascent to the greatest volcanic crater Kameni Chora, the other two smaller craters are located northeast, is a unique experience that wakes up the senses of the visitor as it offers a breathtaking panoramic view of the Saronic Gulf.

Troezen-Trizina was one of the earliest ancient cult centers of Poseidon. The city was also called Poseidonia. Plutarch, the philosopher and writer tells us that this was the birthplace of Theseus. When Theseus was a young boy and Heracles stayed as a guest in the city, he armed himself with an axe and attacked Heracles thinking he was a lion, as he was wearing a lion-skin. Many years later, when Theseus helped Heracles defeat the Amazons and take the magic girdle of their queen Hippolyte, Heracles rewarded him by giving him the daughter of Ares in marriage, the Amazon called Antiope. Together they had a son called Hippolytus, who lived and was later killed in Troezen. His tomb was housed in Troezen's most ancient temple, but the temple was destroyed by the earthquakes that accompanied the eruption of the Methana volcano in 283 BC.