

# Lake Forest News



Volume 62

April 2018

NO. 04

## From the Office of the President

Happy Spring!!! At least that is the season we have just entered, even though the weather and temperatures haven't caught up yet.

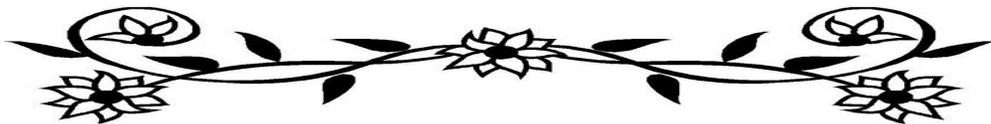
I would like to ask water front property owners to take a look along their shore area and pull out any debris, garbage etc, that may have floated in during the winter months. I would appreciate this very much. A couple of friendly reminders....while you are outside doing your Spring cleaning please remember leaves are not to be blown into the lake and if you see someone else doing this please ask them to stop. As a member you have the right to address anyone who may not be following LFA rules. Should you notice any debris floating near your property, we would appreciate it if you could take it out of the lake. If you have a storm drain close to your home please check it periodically for debris. Remember if debris gets in the drain it goes into our lake.

Dues for 2018 can be paid at our general meetings or mailed to our Membership Secretary at: 5 Pinepoint Drive. Dues paid after April 4th are subject to a 15% late fee. Boat stickers are in and can be paid for along with your dues, \$5 per boat. Fob system will be up and running in early April to allow for fishing. Only those who have paid their dues and signed the boat dock agreement will be allowed to place their boats on the dock.

I want to thank everyone who came out to join us at the March general meeting, and look forward to seeing you again in April (4/4/18).

If anyone has any questions or concerns, please feel free to contact me at 685-5823 or SueLesko@att.net

Sue Lesko, President.



### April

April 1st: Easter  
April 1st: April fools  
April 4th: General Meeting, 7:30p  
April 8th: Orthodox Easter  
April 22nd: Earth Day  
April 29th: Beach Clean-up (if raining, Club Clean up)  
9:00 AM  
April 29th: Full Pink Moon

### May

May 5th: Cinco de Mayo  
May 6th: Club Clean up 9:00 AM unless it rained last weekend, Then Beach Clean up  
May 13th: Mothers Day  
May 16th: Board of Director's Meeting—7:30 P.M.  
May 19th: Armed Forces Day  
May 25th: Memorial Day  
May 29th : Full Flower Moon

**The Lake Forest Clubhouse is open for rentals.** It's a great place to party, have a meeting or conduct a seminar. Call 203-371-7671 for information. Tell your friends; we're open for business!

Lake Forest Association members receive a \$100 discount on rentals.

### **The Boat Warden's Corner**

The boat dock area will be opened on April 14th, 2018. A limited number of boat spaces, that will not interfere with dock placement, are available along the wall before the docks are placed. Boats may not be brought onto the property without current boat stickers and a signed, returned, L.F.A. docking agreement. If you would like to bring a boat to the lake, please call me at 203.243.3219. I will be available to open the gate Saturdays and Sundays between the hours of 10 A.M. and 3P.M Due to the lowering of the lake all boats must be removed from the boat dock area by Sunday September 9th. 2018.

Wishing you all a great summer on the lake,  
Matt

### **L.F.A. 50/50 Bass tournament Schedule**

Sunday May 13th. 8 A.M. – 1 P.M. (Rain or shine)

Sunday June 17th. 8 A.M. – 1 P.M. (Rain or shine)

Sunday July 15th. 8 A.M. --1 P.M. (Rain or shine)

Entrance fee is \$20.00 per person per tournament. (Aged 18 or older)

Person catching the longest Bass (shown by photo on authorized ruler) wins one half of the total entrance fees.

There will be a minimum of ten (10) participants, maximum two people per boat, or tournament will not be held.



### **L.F.A. 75/25 Bass Tournament**

Sunday August 19th. 8 A.M. – 1 P.M. (Rain or shine)

Open to people who have fished at least two of the previous tournaments

Entrance fee is \$25.00 per person.

Person catching the longest Bass (shown by photo on authorized ruler) wins seventy five (75) percent of the total entrance fees.

There will be a minimum of ten (10) participants, maximum two people per boat, or tournament will not be held.



### **2018 Dues are Due**

It's that time of year again. Membership dues are due by April 5, after which there is a 15% late fee. Please pay your dues as soon as you can. Membership dues contribute half of our annual revenues, with Clubhouse rentals covering the other half. We need both, dues and rentals, to cover the costs of running this Association.

#### **Membership dues:**

- ⇒ Resident/Associate Dues \$180
- ⇒ Senior Dues (over age 65 with 1-5 years of continuous membership): \$135 Senior Dues
- ⇒ (over age 65 with 6-10 years of continuous membership): \$108 Senior Dues
- ⇒ (over age 65 with 11+ years of continuous membership): \$90
- ⇒ Summer Membership (not related to a member and live outside Lake Forest): \$210
- ⇒ Lifetime Members are not required to pay dues.
- ⇒ After April 4 th late fee will apply.
- ⇒ Resident/Associate \$27.00
- ⇒ Senior (1-5 years) \$20.25
- ⇒ (6-10 years) \$16.20
- ⇒ (11+ years) \$13.50

In order to use the lake you must be a member of the Lake Forest Association. Dues can be paid by check made payable to "Lake Forest Association". They can be paid in-person at a General Meeting on the first Wednesday of each month at 7:30. Mailed to Meaghan Monahan, 5 Pinepoint Drive, or left in Meaghan's mailbox. Please include the 2018 invoice along with your check Make sure to include your email address for LFA announcements and newsletter delivery. If you have a beach fob from last year you'll use that again this year. Once your dues are paid the fob will be activated. If you have lost your fob or need a replacement fob, the fee is \$25 to cover the cost of the new fob. Please note that it takes Sonitrol one (1) business day to activate a fob so if you pay on Friday your fob will not be active until Monday. Please plan ahead! We CANNOT turn the fobs on over the weekend! Fobs will be activated and boat stickers issued upon full payment of dues.

## From the Kitchen of Betsey Meyer March 2017

As I'm writing this it is hard to believe that yesterday was Winter and today actually seems like Spring really did arrive. I'm not complaining and I don't think anyone else is complaining either. Today the snow piles have nearly disappeared. I'm a little sad about that because I have so enjoyed the artistry of Mother Nature once again as the piles shrunk and created a fantasy land of Smurf families scurrying along the crystal ridge. There were also imaginative statues of various descriptions standing tall among the variety of chunks of snow. I guess I have a child-like imagination that I never grew out of! Try it sometime – it makes the cold a little more bearable walking the dog!

The gardens are starting to come to life. Crocus blossoms are coming out here and there and my snow drops are bravely in bloom right through the snow! That signals clean-up time is here again. Lawns are hurting a little and soon will need treatments with lime and reseeding. Try to minimize these as runoff from them contributes to the unwanted underwater growth of plants in the lake. Please decide to join one of the volunteer beach and/or clubhouse clean-up groups if only for an hour or two to restore the appearance and utility of the facilities that makes Lake Forest one of the nicest areas in the city. As always, many hands make light work. On the same theme of keeping our area special, the winds have been blowing all sorts of discarded debris are making our streets messy. Please be willing to pick up and discard whatever lands in your yard or on your street. So many cars that pass through toss fast food wrappers, containers and left-overs, cans and bottles and whatever they want out car windows with no regard for our neighborhood. Litter is the first thing people see and judge what kind of area we are. Let's show them our best!

I saw this recipe on THE CHEW and tried it this morning for breakfast. It was very good! I may make it for Easter. It's quite simple to make and called: EGGS IN PURGATORY

Note: About 2/3 to 1 cup of sauce would be 1 serving so prepare the sauce ingredients in amounts according to the number of people you expect to serve. Plan 1 or 2 eggs person.

Ingredients: Tomatoes, fresh or canned diced; onion; green pepper; tomato sauce or juice; hot sauce; eggs, toast, English muffins, or toasted corn bread.

Chop all vegetables in like-size pieces, ½ inch maybe. In a large frying pan saute these in olive oil or vegetable oil of choice until soft. Add enough tomato sauce, juice or water to make it a sauce. Add salt and pepper and hot sauce, if desired, to taste. Set aside. Now here you have choices as to how to serve. Choice #1 Oil a large deep oven proof casserole. Add the sauce. Make depressions in a circle, 6-8. Drop a raw egg into each depression. Bake at 350 o 5 min. or until desired doneness. Choice #2 In another pan poach eggs to desired doneness. Serve sauce over toast or muffin or corn bread and add egg(s). Garnish with hot sauce, and if desired, chopped scallions, parsley, cilantro, or sharp cheese. Enjoy!

Happy Springtime! Happy Easter! Send me a recipe! Betsey 203-372- 9524

### GENERAL RULES REVISION

Enclosed in this newsletter is a copy of the revised General Rules. Please take time to read through and familiarize yourself with all rules.

### Dealing with Geese

According to an article in the Connecticut Post published March 24th, 2018, many residents find Canadian Geese to be a nuisance. Living on or near our lake, we see plenty of them. For those looking for tips on how to mitigate the number of geese in your yard, the DEEP offers information, suggestions and tips, such as not feeding them. Feeding wildlife encourages them to come to and stay in an area and also causes the animals to become comfortable around people. The article also warns readers that destroying eggs and nests is prohibited. Please check out [http://www.ct.gov/deep/lib/deep/wildlife/pdf\\_files/game/nofeedwf.pdf](http://www.ct.gov/deep/lib/deep/wildlife/pdf_files/game/nofeedwf.pdf) for more information.



**Take Care of the Earth**

Below are the dates for the upcoming events and meetings in 2018. Please keep this schedule posted so you can attend as many meetings as possible. It takes a village to run the Lake Forest Association and we need your help to make it work for everyone. Please join us at meetings and events and show your support.

March 30th: Good Friday  
April 1st: Easter  
April 1st: April fools  
April 4th: General Meeting, 7:30p  
April 8th: Orthodox Easter  
April 22nd: Earth Day  
April 29th: Beach Clean-up (if raining, Club Clean up) 9:00 AM  
April 29th: Full Pink Moon  
May 5th: Cinco de Mayo  
May 6th: Club Clean up 9:00 AM, unless it rained last weekend, Then Beach Clean up  
May 13th: Mothers Day  
May 16th: Board of Director's Meeting—7:30 P.M.  
May 19th: Armed Forces Day  
May 25th: Memorial Day  
May 29th : Full Flower Moon  
June 29th: Potluck Dinner on the Beach  
TBA: LFA Cleanup Day  
TBA: Movie Night on the Beach

## Notices and Updates!

### NOTICE

We are slated to lower the lake at the end of the summer season. If you are a lake front property owner and need to do any repair work to your walls now is the time to start making plans to do so. After the valve is closed the lake will not be lowered for another 3 years (2021). We will be putting this notice in every newsletter from now until September, please plan accordingly.

### ANIMAL CARE DRIVE: DONATIONS NEEDED

Nutmeg Clinic, located at 25 Charles Street, Stratford is accepting new or gently used items such as animal toys, beds, carriers, dog crates and more. Items collected will be redistributed to pets in need throughout the community! Items can be brought to Nutmeg Clinic Monday through Thursday from 4:45-5:30 p.m., or you can contact them at [info@nutmegclinic.org](mailto:info@nutmegclinic.org) to arrange an alternate drop off time.

Have a birthday or special occasion coming up which you would like to have featured in the LFA newsletter? Please send all announcements to [lakeforestassociation@gmail.com](mailto:lakeforestassociation@gmail.com) by the 21st day of each month ensure your special day can be included in the coming issue!

## Spring Cleaning

For those who would like to get a jump on Spring cleaning, especially in the garage or basement; and you've noticed you have an abundance of paint cans that you don't know what to do with – go to [www.paintcare.com](http://www.paintcare.com) You can drop off latex or oil paint cans and stain cans. Limit is 5 per day. Locations in our area are:

1. PPG - 1739 Main St Bridgeport, CT 06604
2. Sherwin Williams - 46 Glenwood Ave Bridgeport, CT 06610

Recycling your used motor oil is easy.

Used motor oil from a single oil change can ruin a million gallons of fresh water—a year's supply for 50 people. Used motor oil is insoluble, persistent and can contain toxic chemicals and heavy metals. It's slow to degrade. It sticks to everything from beach sand to bird feathers. Used motor oil is a major source of oil contamination of waterways and can result in pollution of drinking water sources. On average, about 4 million people reuse motor oil as a lubricant for other equipment or take it to a recycle facility. Recycled used motor oil can be re-fined into new oil, processed into fuel oils and used as raw materials for the petroleum industry. One gallon of used motor oil provides the same 2.5 quarts of lubricating oil as 42 gallons of crude oil. Become a used motor oil recycler number four million and one. Begin recycling your used motor oil today. If all the oil from American do-it-yourself oil changers were recycled, it would be enough motor oil for more than 50 million cars a year. Imagine how much foreign oil that would eliminate!

- REMOVE: Do not spill any oil on the ground
- CONTAIN: Put your used motor oil in a clean plastic container with a tight lid. Never store used oil in container that once held chemicals, food or beverages.
- DO NOT MIX
- RECYCLE: Take used motor oil to a service station or other location that collects used motor oil for recycling.

Be a part of the solution: Recycling makes more sense today than ever. Recycling saves money and protects the environment. Improper waste management costs money—your money. You pay higher consumer prices, taxes for environmental cleanups and increased health care costs. Here's what you can do:

- Protect our environment and conserve our resources by taking your used motor oil to the nearest used oil collection center, such as a service station, lube center or automotive store.
- Look for the oil drop. It is an industry symbol signifying used oil collected for recycling and reuse. For more information on managing used motor oil, visit the EPA on the web: [www.epa.gov/epaoswer/hazwaste/usedoil/index.htm](http://www.epa.gov/epaoswer/hazwaste/usedoil/index.htm) or [www.ct.gov/dep](http://www.ct.gov/dep)

BEACH CLEANUP—SUNDAY—APRIL 29TH—9:00 A.M.  
IF IT RAINS APRIL 29 TH .....CLUB CLEAN UP – 9:00 A.M.  
AND THEN.....BEACH CLEAN UP WILL TAKE PLACE

MAY 6 TH – 9:00 A.M.

