

# RESOLUTION

## SCHOOL RECESS

**WHEREAS**, active children have healthier growth patterns, improved attentiveness, decreased restlessness and increased academic performance; and

**WHEREAS**, unstructured physical activity is necessary for children to develop physically, mentally, emotionally and socially; and

**WHEREAS**, children permitted to play unstructured provides for interaction, creativity, socialization and the opportunity to develop team building skills through cooperating, helping, sharing and problem solving; and

**WHEREAS**, recess should be provided in a safe, well supervised area

**THEREFORE, BE IT RESOLVED**, that the Harford County Council of PTA, Inc. supports school recess for every elementary student every day that school is in session; and

**BE IT RESOLVED**, that the Harford County Council of PTA, Inc. recommends that the Harford County Public Schools develop guidelines for school recess that include unstructured outdoor play, unstructured indoor play for inclement weather days, educating students on safe playground rules, ensuring the safety of playground equipment and developing an adequate adult to student ratio that should not exceed 1 adult to 30 students; and

**BE IT RESOLVED**, that the Harford County Council of PTA, Inc. opposes any child being refrained from school recess as a disciplinary measure for academic reasons or inappropriate classroom behavior.

ADOPTED 10.21.04