

## FREE CAMP

Seymour Youth Wrestling will be hosting a FREE CAMP!!! This camp will be an introduction to the basic skills of wrestling. It is open to any Seymour athlete in grades K-6.

Dates: Monday October 14th and Tuesday October 15th

Time: 6:00-7:15 pm

Location SHS Wrestling Room. (Please enter through Door 15)

After this camp, athletes will have two opportunities to continue with the sport of wrestling this school year.

## SEYMOUR SLAMMERS

The Seymour Slammers are a K-6th travel team that participates in the Indiana Wrestling League with many surrounding communities. Practices are Tuesdays and Thursdays with most meets taking place on Sundays.

Season Length: October 22nd - January 12th

Parent Meeting: Monday October 21st, 7 pm at SHS (Please enter through Door 15)

First Practice: Tuesday October 22nd at SMS

Time: 6:00-7:30 pm (Please enter through Door 14)

## SYWL

The Seymour Youth Wrestling League is a K-5th community league that focuses on building a foundation of enjoyment for the sport of wrestling in Seymour. Grades K-1 will practice on Mondays. Grades 2-5 will practice Mondays, Tuesday, and non-meet Thursdays. Meets will be on Thursday nights with a final tournament at the end of the season.

Season Length: January 6th - March 14th

Parent Meeting: Monday January 6th, 7pm at SHS (Please enter through Door 15)

First Practice: Tuesday January 7th K-1: 6:30-7:45 at SMS (Please enter through Door 14)

2-5: 6:30-8:00 at SHS (Please enter through Door 15)

You can register your child for any of these opportunities at www.seymourowlswrestling.com under the Registrations tab. If you have any questions or would like to learn more, please call/text our Youth Coordinator at 812-569-3715 or you can email at <a href="mailto:awolka@scsc.k12.in.us">awolka@scsc.k12.in.us</a>

