

*Community Resources
For Cumberland County
Crossville, Pinewood & HAFH
Head Start Centers
2016-2017*



To locate additional information on Community
Resources access,
www.tennhelp.com or Call 211

Developed and Distributed by L.B.J. & C. Head Start

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Adult Education:

Cumberland Adult Reading Council

Crossville, TN 38555

931-337-5809

(Assists adults with reading comprehension, remedial work, and understanding English as a Second Language)

Cumberland County Adult Education Programs

60 Ridley St Suite 108

Crossville, TN. 38555

(931) 484-5446

(Assists Adults to further their education)

Families First Program

Sponsored by: Department of Human Services

32 Daniels Drive

Crossville, TN. 38555

931-484-2573

(Assists Adults to further their education, they offer GED Classes, and open computer labs)

Gateway Adult Education Program

01 Goodwin Circle

Crossville, TN. 38555

(931) 484-4546

(Assists Adults to further their education, ESL & GED Classes)

Fortis Institute

Cookeville, TN. 38501

(931) 526-3660

(Assists adults with furthering their formal education. Assistance with financial aid & scholarship sign-up is available)

Roane State Community College

2567 Cook Road

Crossville, TN 38571

931-456-9880

(Assists adults with furthering their formal education. Assistance with financial aid & scholarship sign-up is available)

Tennessee Technology Center

910 Miller Ave.

Crossville, TN. 38555

(931) 484-7502

(Assists Adults to further their education and job skills training)

Adult Job Training Services:

Families First Program

Sponsored by: Department of Human Services

32 Daniels Drive

Crossville, TN. 38555

931-484-2573

(Assists Adults to further their education, they offer GED Classes, and open computer labs)

Career Center

60 Ridley Drive Suite 103

Crossville, TN. 38555

(931) 484-4651

(Assist adults to find jobs and provides basic training on job seeking skills)

Cumberland Good Samaritans

281 10th Street

Crossville, TN. 38555

(931) 484-3225

(Assists in job training)

Tennessee Technology Center

910 Miller Ave.

Crossville, TN. 38555

(931) 484-7502

(Assists Adults to further their education and job skills training)

TN Career Center of Cumberland County

60 Ridley St

Crossville, TN. 38555

(931) 484-7456

(Assist employers to learn more about employment issues & resources for employees)

Upper Cumberland Human Resource Agency - UCART

73 Methodist Campground Loop

Crossville, TN 38555

931-456-0691

(Assist with Children's Issues , Food , Health , Housing , Money/Employment Assistance , Transportation/Utilities. UCART provides public transportation services for low - income individuals, food commodities program, emergency funds for utility, rent and prescription medication payment, meals on wheels services, home energy assistance program.

Resources for Bereavement:

Compassionate Friends

Meets at the Art Circle Library
3 East St.
Crossville, TN. 38555
(931) 484-6790
(A bereavement self-help group)

Hospice Grief Recovery Group

Sponsored by: Lazarus House Hospice
851 South Willow Ave Ste 102
Cookeville, TN.
931-520-1705
931-528-5133

Heart of the Cumberland

377 Short St
Cookeville, TN 38503
Phone: 931-525-2600
heartofthecumberland@gmail.com

Specifically for children and teens that are hurting because of losses suffered through death, divorce or family circumstances

Childcare:

BRIGHT FUTURES EARLY LEARNING CENTER

60 LAWSON DRIVE
CROSSVILLE, TN 38555-0000
(931) 456-4395
(Call for fees)

CROSSVILLE CHRISTIAN SCHOOL (-E-)

28 ROCK QUARRY ROAD
CROSSVILLE, TN 38555
(931) 484-0026
(Call for fees)

CROSSVILLE HEAD START

1831 EAST FIRST STREET
CROSSVILLE, TN 38555
(931) 484-4114
(Free Service)

CUMBERLAND CNTY QUALITY CARE PROGRAM (-E-)

7657 HWY 127 N
CROSSVILLE, TN 38571
(931) 335-2285
(Call for fees)

CUMBERLAND COUNTY YOUTH CENTER

286 HAYES STREET
CROSSVILLE, TN 38555
(931) 484-9736
(Call for fees)

EDNA'S TOTS TO TODDLERS

933 PRENTICE STREET
CROSSVILLE, TN 38555
(931) 484-1130
(Call for fees)

Home Away From Home & Pinewood Head Start

CROSSVILLE, TN 38555
HAFH Center = (931) 484-3238 Pinewood Center = 931-787-1012
(Head Start free/daycare call for fees)

FIRST UNITED METHODIST CHURCH AFTER SCH

100 BRAUN STREET
CROSSVILLE, TN 38555
(931) 484-3537
(Call for fees)

KIDZ CONNECTION

362 **OLD** LANTANA ROAD
CROSSVILLE, TN 38555
(931) 484-7352

LIL' PUNKIN CHILD CARE

405 CENTRAL AVE.
CROSSVILLE, TN 38555
(931) 456-9447

LITTLE DARLINGS

386 GOSS ROAD
CROSSVILLE, TN 38571
(931) 484-8764
(Call for fees)

LITTLE FRIENDS

545 CHESTNUT HILL RD
CROSSVILLE, TN 38555
(931) 484-1923
(Call for fees)

Small World Pre-School

6266 HIGHWAY 127 NORTH
CROSSVILLE, TN 38555
(931) 484-0876
(Call for fees)

SHEPHERD'S LITTLE FLOCK CHRISTIAN DC

1461 SPARTA HIGHWAY
CROSSVILLE, TN 38572
(931) 707-0508
(Call for fees)

Resources to Help in Child Abuse Situations

Avalon Center

196 10th St.
Crossville, TN. 38555
1-800-641-3434 24-hour crisis line
(931) 484-4642 24-hour crisis line
(931) 456-0747 Center office

Child Abuse Hotline

900 2nd Avenue North
Nashville, TN 37201
877-237-0004

Crossville Police Department

99 Municipal Ave.
Crossville, TN 38555
Contact: (931) 484-7231
911 Emergencies

Crossroads Counseling

261 Yvonne Ave
Crossville, TN 38555
931-707-8921
Contact: Tom Netherton, LPC, LPE

Cumberland County Sheriff's Dept.

90 Justice Center Dr.
Crossville, TN 38555
Contact: Jodi Roberts
(931) 484-6176
911 Emergencies

Department Of Children's Services

1300 Salem Road
Cookeville, TN 38506
(931) 646-3002

District Attorney General

1519-East Spring Street
Cookeville, TN. 38501
(931) 528-8598

LifeCare Family Services

665 South Jefferson Ave.

Cookeville, TN. 38501

(931) 528-0051

(615) 781-0688

Plateau Pregnancy Services

99 Walker St.

Crossville, TN 38555

Contact: Sheri Nichols

(931) 456-6944

The Exchange Club/Stephens Center for the Prevention of Child Abuse

Crossville, TN

931-484-8923 & 800-635-5199

Tennessee Commission on Children/Youth

1000 Neal Street

Cookeville, TN 38501

(931) 646-4041

Dental Providers who take TennCare:

Algood Family Dental Clinic

172 West Main Street Algood, TN 38506
(931) 537-9948

Cookeville Regional Dental Clinic

327 North Cedar Ave Cookeville, TN 38501
(931) 528-5105

Cloudland Dental Clinic

510 Livingston Rd. Crossville, TN 38555
(931) 484-3007

Dr. Charles Burdeshaw

107 Bonnaprook Dr. Hermitage, TN
1-800-373-3330 or 615-889-1654

Dr. David Snodgrass

4761 Andrew Jackson Parkway Hermitage, TN 37076
(615) 885-3525

Dr. Eric Wood

206 Rivergate Parkway, Suite A Goodlettsville, TN 37072
(615) 859-9994

Dr. Richard Prichard

10480 Walden Street Soddy Daisy, TN 37379
(423) 332-5544

Dr. William Bell/Dr. Townsend

2931 Essary Rd. Knoxville, TN
(865) 687-4450

Putnam County Health

Cookeville, TN. 38501
(931) 528-2531

**Dental Providers, who may not take TennCare, but offer services
to low-income families:**

Bread of Life Homeless Shelter and Clinic

281 W. 4th Street
Crossville, TN 38555
931-707-0569

Resources for persons with Disabilities:

ARC - Cumberland County

269 Hayes Avenue Suite 101

Crossville, TN 38557

931-456-0206

(Free Service, The ARC provides advocacy and information for physically and/or mentally disabled adults and children in Cumberland County and the Upper Cumberland Region. It assists clients in accessing local and regional resources, and coordinates Special Olympics for children and adults. It also provides very limited respite service for caretakers of physically/mentally disabled adults and children.)

Cumberland County Special Education Services

368 4th Street

Crossville, TN 38555

(931) 484-3301

Cumberland Veterans Affairs

2 N Main St Suite 101

Crossville, TN 38555

(931) 456-0090

Disabled American Veterans

Crossville TN 38555

(931) 456-5475

Hill Toppers

151 Sweeney Dr.

Crossville, TN 38555

(931) 484-2535

Preps Center

47 Willow street

Crossville, TN 38555

(931) 456-4727

Social Security Administration - SSI Program

Cookeville, TN 38501

931-528-9765 & **Hotline:** 800-347-4501

(Assists with Disability Services, Money/Employment Assistance. The SSA administer a program called SSI for persons with disabilities who are age 65 or older, a blind adult or child, or disabled adult or child - children under 18. If under 18, substantially reduced ability to function independently, appropriately and effectively in a manner expected of children of similar age due to a physical or mental impairment, which has lasted or is expected to last at least 12 months or end in death.)

TN Early Intervention System (TEIS)

Education/training

(931) 528-1623

(Assist children/families birth - 3 yrs)

Tennessee Department of Human Services - Cumberland County

32 Daniel Drive

Crossville, TN 38555

931-484-2573

(Assists with Children's Issues , Disability Services , Food , Health. Responsible for a variety of functions including, but not limited to administering the Families First and Food Stamp programs, processing TennCare applications, regulating childcare centers, managing child support services and providing a wide-range of services to Tennesseans with disabilities)

Upper Cumberland Development District

1225 South Willow Avenue

Cookeville, TN 38501

931-432-4111

(Assist with Disability Services , Housing , Legal/Governmental Assistance , Money/Employment Assistance , Parenting and Marriage Issues , Transportation/Utilities)

Resources to help in Domestic Violence Situations:

Avalon Center

196 10th St
Crossville, TN. 38555
1-877-296-0119
(931) 484-4642 24-hour crisis line (931) 456-0747 Center office

Crossville Police Dept.

99 Municipal Ave. Crossville, TN 38555
(931) 484-7231 911 Emergencies

Cumberland County Sheriff's Dept.

90 Justice Center Dr. Crossville, TN 38555
(931) 484-6176 911 Emergencies

Cumberland County Court System

90 Justice Center Dr. Crossville, TN 38555
931-484-6176

District Attorney General

1519-East Spring Street Cookeville, TN. 38501
(931) 528-5015

Genesis House

Street location is confidential
Cookeville, TN N/A
(931) 526-4730
Hotline: 800-707-5197

House of Hope

Cumberland Children's Center
165 Bob Tollett Loop Crossville, TN 38555
(931) 707-2273

LifeCare Family Services

665 S. Jefferson Ave
Cookeville, TN. 38501
(931) 528-0051
(615) 781-0688

The Exchange Club/Stephens Center for the Prevention of Child Abuse

Livingston, TN 38570
Contact: Carolyn Isbell, Executive Director
931-823-6432 & 800-635-5199

Resources available to help fight the Alcohol and Drug Abuse
(Including METH) Problems in your area:

All Local Churches in Area

Alcoholics Anonymous

4th Dementia Clubhouse
2229 Hwy 70 N
Crossville, TN 38555
(931) 484-6467

Bradford Health Services

1330 Neal Street
Cookeville, TN 38501
931-528-6803

Crossroads Counseling

261 Yvonne Ave
Crossville, TN 38555
931-707-8921
Contact: Tom Netherton, LPC, LPE

Crossville Police Department

99 Municipal Ave.
Crossville, TN 38555
(931) 484-7231

Cumberland Heights Drug Treatment Center

1-800-646-9998

Cumberland County Medical Center

421 South Main St.
Crossville TN 38555
(931) 484-9511

Cumberland Mtn. Mental Health Center

4325 Hwy 127 North
Crossville, TN 38555
(931) 484-8020

Cumberland County Sheriff's Department

90 Justice Center Dr.
Crossville, TN 38555
(931) 484-6176

Department Of Children's Services

1300 Salem Road
Cookeville, TN 38506
(931) 646-3002

Drug Tip Hotline

Sponsored by: Cumberland County Sheriffs Department
(931) 484-4444

Drug Abuse Hotline

1-800-888-9383

House of Hope

Cumberland Children's Center
165 Bob Tollett Loop
Crossville, TN 38555
(931) 707-2273

LifeCare Family Services

665 S. Jefferson Ave.
Cookeville, TN. 38501
(931) 528-0051
(615) 781-0688

Meth Hotline/Statewide

1-877-866-6384

Narcotics Anonymous

Sponsored by: Fourth Dimension
2229 West Ave
Crossville, TN 38555
931-484-6384

Teen Challenge

281 4th St
Crossville, TN 38555
931-707-0503

Thirteenth Judicial Task Force

Cookeville, TN. 38501
(931) 528-5400
(Drug Task Force)

Upper Cumberland-Community Services Agency
417 East Broad Street
Suite A.200
Cookeville, TN 38501
(931) 520-0200

Assistance in the event of an Emergency Situation:

Air Evac Life Team
106 Emergency Services Drive
Albany, KY 42602
(606) 387-9099
Emergency = 911
(Assist with emergency needs)

American Red Cross
Cumberland County Chapter
106 East 2nd Street
Crossville, TN 38557
931-484-6348
(Assistance with clothing, food & shelter in the event of a disaster, such as house fires)

Crossville Fire Dept.
99 Municipal Ave.
Crossville, TN 38555
(931) 484-7571

Cumberland County Medical Center
421 South Main St.
Crossville TN 38555
(931) 484-9511

Crossville Police Dept.
99 Municipal Ave.
Crossville, TN 38555
(931) 484-7231
(Assist in emergencies)

Cumberland County Rescue Squad
409 West 10th St.
Crossville, TN 38555
(931) 484-9143
(Assist in emergencies)

Cumberland County Sheriff's Dept

90 Justice Center Dr.

Crossville, TN 38555

(931) 484-6176

(Assist in emergencies)

Emergency Management Agency

42 Southbend Dr

Crossville, TN 38555

Contact: Keith Garrison

(931) 484-7016

Poison Control

1-800-222-1222

Shriners of Tennessee

1354 Brick Church Pike

Nashville, TN. 37207

1-800-505-7766

615-226-7903

(615) 226-7676

(Helping children with orthopedic and burn conditions at no cost to the families or outside agencies)

Thirteenth Judicial Task Force

Cookeville, TN. 38501

(931) 528-5400

(Drug Task Force)

Assistance with Food/Clothing/Utilities Needs:

Bread of Life Homeless Shelter and Clinic

281 4th Street

Crossville, TN 38555

931-707-0569 (707-0503) (707-0031)

(Primary care medical clinic for uninsured no-income and low -income persons.

Medication, clinic, dental services for extractions only. Long-term day shelter program for families, single men and women or single parents with children. Employment and emergency food assistance is available)

Community Education Office for the Food Stamp Program

Legal Aid Society of Middle Tennessee and the Cumberlands

9 South Jefferson Avenue

Cookeville, Tennessee 38501

Phone: 931.528.7436

Toll Free: 800.262.6817

(Provides Pre-screenings and information for the Food Stamp program. Serves all counties in the LBJ&C Head Start Service area.)

Crab Orchard Church of Christ

Crab Orchard, TN 37723

Contact: Jerry Redwine

(Assist with various needs)

Cumberland Co. Good Samaritans

281 10th St.

Crossville, TN 38555

(931) 484-3225

(Assist with food, utilities & clothing needs)

Department of Human Services

32 Daniel Drive

Crossville, TN. 38555

(931) 484-2573

First United Methodist Church

100 Braun Street

Crossville, TN. 38555

(931) 484-3537

(Assist with food, utilities & clothing needs)

Linary Church of Christ

1244 Old Hwy 28
Crossville, TN 38555
(931) 484-5961
Contact: David Hassler
(Assist with food & clothing needs)

Mountain View Baptist Church

Rt. 1 Cookeville Hwy.
Crossville, TN. 38557
(931) 456-5186
(Assist with food & clothing needs)

Neighbors Together

Sponsored by: Brown's Chapel Church of God, Smith's Freewill Baptist, First Baptist of Pleasant Hill, Pleasant Hill Community Church, Never fail Community Church, and the Church of Latter-day Saints.
1005 W. Main Street
Pleasant Hill, TN 38578
(931) 277-5088
(Gives out commodities to needy families)

Never Fail Community Church

2080 Red Road
Sparta, TN. 38583
(931) 277-5032
Contact: Elliott/Emily Roberts
(Assist with food, utilities)

New Beginnings Fellowship Church

1433 Livingston Road
Fair Park Senior Center
Crossville, TN. 38555
(931) 484-7729/Dewey Peterson
(931) 277-3703/Bill Rector
(Donate to organizations)

Place of Refuge Church

164 Oak Rd Crossville, TN 38555
931-707-8114

Saint Alphonsus Community Services

51 Saint Alphonsus Way
Crossville, TN 38555
(931) 484-8074
(Assist with food, utilities & clothing needs)

Tennessee Department of Human Services - Cumberland County

32 Daniel Drive
Crossville, TN 38555
931-484-2573

United Fund of Crossville

348 Taylor Street, Suite 101
Crossville, TN 38555
(931) 484- 4082

Upper Cumberland Human Resource Agency - UCART

73 Methodist Campground Loop
Crossville, TN 38555
931-456-0691

(Assist with Children's Issues , Food , Health , Housing , Money/Employment Assistance, Transportation/Utilities. UCART provides public transportation services for low -income individuals, financial assistance for daycare expenses for Family First participants, food commodities program, emergency funds for utility, rent and prescription medication payment, meals on wheels services, home energy assistance program.)

Resources to assist with Housing/Homeless Needs:

Bread of Life Homeless Shelter and Clinic

281 4th Street
Crossville, TN 38555
931-707-0569

Crossville Housing Authority

67 Irwin Avenue
Crossville, TN. 38555-4746
Phone: (931) 484-2990

Habitat for Humanity

329 McLarty Lane
Crossville, TN 38555
931-484-4565

Self-Help Housing Program

67 Irwin Ave
Crossville, TN. 38555
931-484-2990

United States Department of Agriculture

Rural Development
390 South Lowe Avenue Suite K
Cookeville, TN 38501
(931) 528-6539

Upper Cumberland Homeless Shelter

15 Division Street
Crossville, TN. 38555

Upper Cumberland Human Resource Agency - UCART

73 Methodist Campground Loop
Crossville, TN 38555
931-456-0691

Assistance with Insurance Needs:

Blue Cross Blue Shield

(865) 588-4612 Group Insurance

1-800-845-2738

(Affordable Insurance for Families & Individuals)

CoverKids

Associated with/Tennessee Department of Human Services - Cumberland County

32 Daniel Drive

Crossville, TN 38555

931-484-2573

(Free insurance for qualifying children)

Tennessee Justice Center

Nashville, TN

615-255-0331

Assists with strategies for obtaining TenCare and appeals process, etc..

Health Insurance Market Place

TN Health Connection

1-855-259-0701

Legal/Governmental Assistance:

Child Support Services of Tennessee - Cookeville

1525 East Spring Street
Suite G
Cookeville, TN 38506
931-528-8598

Crossville Housing Authority

67 Irwin Avenue
Crossville, TN. 38555-4746
Phone: (931) 484-2990

Legal Aid Society of Middle Tennessee and the Cumberland

9 South Jefferson Avenue
Cookeville, Tennessee 38501
Phone: 931.528.7436
Toll Free: 800.262.6817

Rape and Sexual Assault Response Center

1519 East Spring, Suite F
Cookeville, TN 38506
Hours of operation = 24 hrs/day, 7 days a week
Phone: = 931-526-5197
Hotline: 800-707-5197
Translation services offered: Yes

Tennessee 211

1-800-318-9335

Upper Cumberland-Community Services Agency

417 East Broad Street
Suite A.200
Cookeville, TN 38501
(931) 520-0200

Resources to Strengthen Marriages:

Assessment/Counseling/training Services (ACTS)

Cookeville, TN. 38501
(931) 528-9399

Crossroads Counseling

Crossville, TN 38555
931-707-8921
Contact: Tom Netherton, LPC, LPE

Cumberland Mtn. Mental Health Center

4325 Hwy 127 North
Crossville, TN 38555
(931) 484-8020

LifeCare Family Services

665 S. Jefferson Ave.
Cookeville, TN. 38501
(931) 528-0051
(615) 781-0688

Upper Cumberland Development District

1225 South Willow Avenue
Cookeville, TN 38501
(931) 432-4111

Pre- Marriage Counselors:

Assessment/Counseling/training Services (ACTS)

Cookeville, TN. 38501
(931) 528-9399

Bethlehem Baptist Church

626 Potato Farm Rd.
Crossville, TN 38555
Church: (931) 456-0239

Crossroads Counseling

261 Yvonne Ave
Crossville, TN 38555
931-707-8921
Contact: Tom Netherton, LPC, LPE

Never Fail Community Church

2080 Red Road
Sparta, TN. 38583
(931) 277-5663
(931) 277-5063
Contact: Elliott/Emily Roberts

Saint Alphonsus Community Services

51 Saint Alphonsus Way
Crossville, TN 38555
(931) 484-2358

Tollet's Chapel

95 Tabor Loop
Crossville, TN 38555
Office: 931-707-5626
Contact: Marvin Orewiler

Medical Providers who take TennCare:

Children's Special Services

1503 S. Main St.
Crossville, TN
931-484-6196

(Assists with the medical needs of children and young adults from birth to age 21 with chronic health issues. They offer assistance with medical bills, hearing aids, speech/language pathology for children under age 3, transportation, and TennCare appeals. Referrals are made through the local county Health Department. Eligibility is determined at time of referral and is based on income and access to other medical resources.)

Cookeville Pediatrics Associates

345 West Broad Street
Cookeville, TN. 38501
(931) 528-1485
(Takes TennCare)

Cumberland County Health Department

1503 S. Main Street
Crossville, TN 38555
(931) 484-6196

Cumberland County Medical Center

421 South Main St.
Crossville TN 38555
(931) 484-9511

Dr. Berman

3234 Miller Ave.
Crossville TN 38555
(931) 707-8700

Hassler, RNP

3234 Miller Ave
Crossville TN 38555
(931) 707-8700

Dr. Vish

15 Walker Hill Circle
Crossville TN 38555
(931) 484-1100

Kid's Kare

Dr. Climico
758 South Willow Ave.
Cookeville, TN. 38501
(931) 526-6173
(Takes TennCare)

Family Walk-in Clinic

42 Dooley Street
Crossville, TN. 38555
(931) 707-7117

Dr. Kouchecki

40 Elmo Dr
Crossville, TN 38555
931-484-5525

Medical Providers, who may not take TennCare, but offer services to low-income families:

Bread of Life Homeless Shelter and Clinic

281 W 4th Street
Crossville, TN 38555
931-707-0569

(Primary care medical clinic for uninsured no-income and low -income persons. Medication, clinic, dental services for extractions only. Long-term day shelter program for families, single men and women or single parents with children. Employment and emergency food assistance is available)

Children's Special Services

1503 S. Main St.
Crossville, TN
931-484-6196

(Assists with the medical needs of children and young adults from birth to age 21 with chronic health issues. They offer assistance with medical bills, hearing aids, speech/language pathology for children under age 3, transportation, and TennCare appeals. Referrals are made through the local county Health Department. Eligibility is determined at time of referral and is based on income and access to other medical resources.)

Cumberland County Health Department

1503 S. Main St.
Crossville, TN 38555
(931) 484-6196

Cumberland County Medical Center

421 South Main St.
Crossville TN 38555
(931) 484-9511

Monterey Lion's Club

New Ave.
Monterey, TN. 38574
(931) 839-2898

Partnership for Prescription Assistance

Phone: 1-888-477-2669

www.pparx.org *If you do not have prescription coverage and/or can not afford your medicines, this organization may be able to help*

Mental Health Providers who take TennCare:

ACTS

312 E. First St.
Cookeville, TN 38503
(931) 528-9399
(They do serve Pre-School Children)

Crossroads Counseling

261 Yvonne Ave
Crossville, TN 38555
931-707-8921
Contact: Tom Netherton, LPC, LPE
(Child Abuse, Domestic Violence, Drug/Alcohol Abuse, Mental Health and Counseling, Rape & Sexual Abuse Provides individual counseling, sex offender counseling, anger management counseling, A&D/chemical dependency counseling, parenting counseling, psychological assessments, psychosexual, psychosocial and/or psychological evaluations.)

Cumberland Plateau Recovery

550 North Church Street
Livingston, TN. 38570
(931) 403-3577
(931) 265-5382
(Assists those recovering from substance abuse with counseling and support services)

Cumberland Mountain Mental Health Center

4325 Hwy 127 North
Crossville, TN 38571
(931) 484-8020
(They do serve Pre-school Children)

Dale Hollow Mental Health Center

501 Spruce Street
Livingston, TN. 38570
(931) 823-5678
(Assist with family or individual counseling for drugs/alcohol/etc...)

Plateau Mental Health Center

Substance Abuse Services
1200 South Willow Avenue
Cookeville TN 38502
Phone: (931) 432-4123
Hotline: (877) 567-6051
(Assist persons with disabilities and mental illness in various ways)

Rape and Sexual Assault Response Center

1519 East Spring, Suite F

Cookeville, TN 38506

Hours of operation = 24 hrs/day, 7 days a week

Phone: = 931-526-5197

Hotline: 800-707-5197

(Serves all eight counties in L.B.J. & C. Head Start Service area. Provides free legal & governmental assistance, Rape and sexual assault forensic exams, legal advocacy, court advocacy, counseling (individual and support group). Also qualifies for all Genesis House service).

Team Evaluation Center

600 North Holtzclaw Avenue

Chattanooga, TN 37404-1220

(423)-622-0500

(Team Evaluation Center provides diagnoses for social, emotional, educational, or physical problems. After a diagnosis is made, Team will then help develop an intervention plan that includes referrals for treatment. Provides services to pre-school children)

Volunteer Behavioral Health Care System - Plateau Mental Health Center

1200 South Willow

PO Box 3165

Cookeville, TN 38502

Hotline: 1-800-281-4943

(Volunteer Behavioral Health Care provide a broad array of services and treatment strategies which include: psychiatric evaluations; individual, family, and group counseling; psychological assessments; chemotherapy; case management; residential facilities; crisis response; rehabilitative and supportive services – thus providing opportunity for people to help themselves)

**Mental Health Providers, who may not take
TennCare, but offer services to low-income
families:**

Assessment/Counseling/training Services (ACTS)

Cookeville, TN. 38501

(931) 528-9399

Contact: Mark Loftis

(Provide Assistance with Marriage & Mental Health Counseling)

Crossroads Counseling

261 Yvonne Ave

Crossville, TN 38555

931-707-8921

Contact: Tom Netherton, LPC, LPE

(Child Abuse, Domestic Violence, Drug/Alcohol Abuse, Mental Health and Counseling, Rape & Sexual Abuse Provides individual counseling, sex offender counseling, anger management counseling, A&D/chemical dependency counseling, parenting counseling, psychological assessments, psychosexual, psychosocial and/or psychological evaluations.)

LifeCare Family Services

665 S. Jefferson Ave

Cookeville, TN. 38501

(931) 528-0051

(615) 781-0688

*(A faith-based community Non-profit mental health facility that offers community mental health and counseling services, including marriage & family therapy: child, youth and adult psychiatric care & nursing; **Child & adolescent counseling**; intensive and therapeutic case management: and family preservation.)*

Plateau Mental Health Center

Substance Abuse Services

1200 South Willow Avenue

Cookeville TN 38502

Phone: (931) 432-4123

Hotline: (877) 567-6051

(Assist persons with disabilities and mental illness in various ways)

Pacesetters Inc.

2511 HWY 111 North

Algood, TN. 38506

(931) 537-9100

(Assist persons with disabilities and mental illness in various ways)

Quit Tobacco Resources

Tennessee Tobacco Quitline: 1-800-784-8669

Cumberland County Health Department

Smoking Cessation

Ruth Lucas

1503 S. main Street

Crossville, TN 931-484-6196

White County Hospital

Quit 4 Life Smoking Cessation

Greg Williams

931-738-9211

Cookeville Regional Medical Center- Algood Room

Quit 4 Life Smoking Cessation

Tandy Todd

142 W. 5th St.

Cookeville, TN 38501

931-646-2685

March of Dimes and Tennessee Department of Health, WIC Program

S.M.A.R.T. – Smart Mothers are Resisting Tobacco

1-800-884-9301

Nicotine Anonymous

www.nicotineanonymos.org

American Lung Association

Freedom From Smoking

www.lungusa.org

American Lung Association of Tennessee

1-800-432-5864

www.lungusa.org

Former Smokers

The No Smoke Café

<http://clever.net/chrisco/nosmoke/stop.html>

Resources to assist persons raising children possibly other than their own:

Agricultural (UT) Extension Service - Cumberland County

1398 Livingston Rd
Crossville, TN 38571
931-484-6743

The UT Extension Service of Cumberland County offers information on basic food preparation, storage, safety and/or preservation. The service also offers family life skills information and referrals related to parenting, communication, discipline, economics, and nutrition. Information relating to health issues such as exercise, health risks, stress, personal grooming, eating disorders, etc. is also available.

Department Of Children's Services

1300 Salem Road
Cookeville, TN 38506
(931) 646-3002

(Counties Include: Cannon, Clay, Cumberland, DeKalb, Fentress, Jackson, Macon, Overton, Pickett, Putnam, Smith, Van Buren, Warren, White)

Help Us Grow Up Successful (HUGS)

Upper Cumberland
Regional Office
200 West 10th Street
Cookeville, TN 38501
931-528-7531

Developed by the Tennessee Department of Health, Help Us Grow Successfully also known as HUGS is a home visiting program that also coordinates additional services for pregnant and postpartum women up to two years and children ages birth through five years. HUGS coordinators can assist clients in getting health care as well as social, educational, and many other necessary services to ensure Tennessee's babies are born healthy and grow up healthy.

LifeCare Family Services

665 S. Jefferson Ave
Cookeville, TN. 38501
(931) 528-0051
(615) 781-0688

(A faith-based community Non-profit mental health facility that offers community mental health and counseling services, including marriage & family therapy: child, youth and adult psychiatric care & nursing; Child & adolescent counseling: intensive and therapeutic case management: and family preservation.)

The Exchange Club/Stephens Center for the Prevention of Child Abuse

Livingston, TN 38570

Contact: Carolyn Isbell, Executive Director

931-823-6432 & 800-635-5199

(Assist parents with building nurturing home-environments and prevent abuse/neglect through home-visitation programs, parenting classes, & community education programs)

Parent Resource Center

616 B. North Church St

Livingston, TN.

1-800-635-5199

(Assists with parent trainings, etc..)

Relatives as Caregivers

1225 South Willow Ave.

Cookeville, TN. 38501

(931) 432-4111

(Assists in various ways, such as support groups, etc..)

Youth Villages

1420 Neal Street

Cookeville, TN. 38501

(931) 525-6905

(Assists Foster Parents in the Upper Cumberland)

Resources to assist with Transportation Needs:

Billy Ayers

4332 Hwy 127 North
Crossville, TN 38571
931-787-1804 or 931-210-2087
(Auto Repair/Tow Assistance/24 hour service)

Cumberland County Cab Service

1775 Pomona Rd
Crossville, TN 38571
931-459-2173

Upper Cumberland Human Resource Agency - UCART

73 Methodist Campground Loop
Crossville, TN 38555
931-456-0691
(Assist with *Children's Issues, Food, Health, Housing, Money/Employment Assistance, Transportation/Utilities. UCART provides public transportation services for low -income individuals, financial assistance for daycare expenses for Family First participants, food commodities program, emergency funds for utility, rent and prescription medication payment, meals on wheels services, home energy assistance program.*)

Meals And More

Cumberland Fellowship Church
Gas cards for medical appointments only
931-707-1883

Promoting Youth Involvement:

Agricultural (UT) Extension Service - Cumberland County

1398 Livingston Rd
Crossville, TN 38571
931-484-6743

The UT Extension Service of Cumberland County offers information on basic food preparation, storage, safety and/or preservation. The service also offers family life skills information and referrals related to parenting, communication, discipline, economics, and nutrition. Information relating to health issues such as exercise, health risks, stress, personal grooming, eating disorders, etc. is also available.

ASSE

International Student Exchange Programs

404-754-1667
1-800-473-0696

(Volunteers assist young people from other Countries and encourages American students to study abroad)

Art Circle Public Library

3 East Street

Crossville, TN. 38555

(931) 484-6790

(Assists with library cards, story telling and youth involvement)

Boy Scouts

1-800-588-6514

Cumberland Worship Center

145 Interstate Drive

Crossville, TN. 38555

(931) 707-9855

Contacts: Tyler Vaughn, Donna Mullins & Joyce Green

Cumberland Fellowship Baptist Church

1640 West Ave

Crossville, TN. 38555

(931) 707-1883

Girl Scouts

1-800-474-1912

Pine Eden Baptist Church

976 Genesis Road

Crossville, TN. 38555

(931) 456-0142

Saint Alphonsus Community Services

51 Saint Alphonsus Way

Crossville, TN 38555

(931) 484-8074

Wags & Whiskers

Community Spay/Neuter

Assistance program

931-788-2201

WCTE American Graduate & Ready To Learn

IWray@wcte.org

CPutnam@wcte.org

931-528-2222

Language Assistance (All Counties)

Brent Simpson

931-212-8097

County Health Depts - Primary Health Care Services

County operated outpatient health care facilities that provide a broad range of diagnostic and treatment services including primary adult and pediatric care, prenatal care, dental care and specialty medicine as well as laboratory and radiological services and allied support services like nutrition and health education. Some public clinics may also offer public health services such as immunizations and communicable disease screening and treatment. Services are available on an ability-to-pay basis and target low-income and indigent residents of the community. (Spanish Language Services)

Department of Human Services, Counties

A state government agency that provides the following financial assistance and health insurance programs to those who qualify: Families First - temporary cash assistance program; Food Stamp Program/Electronic Benefit Transfer (EBT) - nutritional assistance program, EBT Helpline (1-888-997-9444); Medicaid/TennCare - processes applications for health insurance coverage; Child Care Resource & Referral; & Adult Protective Services - investigates reports of abuse, neglect, or financial exploitation of adults (1-888-277-8366). Interpreter Services available upon request

Hispanic Family Resource Center

(615) 227-7500

(800) 280-8682

Hispanic Association

732 Lafayette Rd Red Boiling Spgs, TN 37150

(615) 699-6279

LifeCare Family Services - Cookeville - Counseling and Therapeutic Services

665 South Jefferson Avenue

Cookeville, TN 38501

(931) 528-0051

Provides a variety of counseling services such as academic and behavioral school issues, juvenile delinquency, marriage and family, separation and divorce, depression, alcohol and drug dependency & twelve step recovery, grief and loss, job and life transitions, parenting, and conflict resolution/communication training. (Spanish Language Services)