

Our Lady of the Visitation Catholic Church

305 N. Prince Street, Shippensburg Pa 17257

Pastor and Campus Minister: Fr. Ben Dunkelberger...frbdunkelberger@hbgdiocese.org



With your fatherly blessing, Lord, strengthen these servants of yours in their resolve to dedicate themselves as catechists. Grant that they may be able to teach and study the church's teaching. And let them gladly join those they teach in honoring and serving your name. We ask this through Christ our Lord.

Antiph. Book of Blessings

Catechetical Sunday

Parents are truly the primary catechists of their children.

They prepare the soil and plant the first seeds of faith. On

Catechetical Sunday, we not only highlight the work of catechists in parishes and schools, but we also commend parents and guardians and encourage them to take seriously their role of making their Catholic households a place where faith is passed on to the next generation.

TWENTY-FOURTH SUNDAY *in Ordinary Time*



So will my heavenly Father do to you, unless each of you forgives his brother from his heart.

Matthew 18:35

MASS TIMES:

Weekend Masses:
Saturday 5:00pm,
Sunday 8:00am & 11:00am

Daily Mass:
Tues. Thurs. & Fri. 8:30am
Wednesday 6:30pm

1st Saturday of the Month:
9:00am

Holy Days:
Vigil Mass 6:30pm,
Holy Day 8:30am & 6:30pm

CONFESSION TIMES:

Saturday: 3:30 – 4:30 pm
Wednesday: 5:30– 6:20 pm
1st Fri. of the Month:
7:30 - 8:20 am
1st Sat. of the Month:
8:00 – 8:45 am

Website:
www.olvshippensburg.org
You Tube-
Shippensburg Catholic

Office Hours:
Mon-Thurs. 9am-4pm
Closed Holy Days & Holidays

Church (717) 532-2912 Campus (717) 477-1244 Emergency (717) 323-2679

Eucharistic Revival in the Catholic Church:

Weekly Bulletin Articles

The Catholic Church in the United States has been on a 3-year process of Eucharistic Revival, and we are now in the 2nd year and focusing on revival at the parish level (see this website for more, <https://www.eucharisticrevival.org>). In addition to trying our best to celebrate every single Mass reverently, attentively, and prayerfully, one effort we will be making is ***to write a small bulletin article every week for a year*** in order to help all people understand the Catholic Mass more fully. Not only can this help us understand how each prayer and symbol and movement has deep meaning and symbolism, but all the prayers, symbols, and movements should also lead us into the reality of Christ's love on the Cross and His grace poured out from the Resurrection and how we can encounter Him present to us today throughout the entirety of the Mass! Please consider reading along each week with these bulletin articles to help you better understand the history, meaning, beauty, and reality of what we celebrate every weekend as Catholics. This can help us to have a Eucharistic Revival at our parish, and to know, love, and serve Christ more fully every time we attend the Holy Sacrifice of the Mass here at OLV.

Bulletin Article #1 = The Sign of the Cross

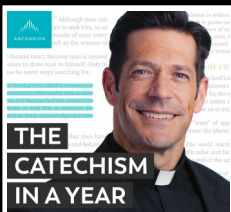
Most of these bulletin articles will be rather shorter and straight to the point, but today I wanted to give you a bit more background as we get started. We will not be able to cover every single part of the Mass throughout these next 52 weeks, but we will be able to go much more deeply into understanding so many of the prayers and gestures we participate in week after week. For example, we are already skipping over the entrance procession and the entrance antiphon (to name only two of the many we are skipping over), but one of the prayers and gestures to discuss and understand is the first prayer we make each and every Mass; ***the sign of the cross***. The sign of the cross developed into a common practice among early Christians throughout their daily lives such as the great early Church father and theologian Tertullian declares in the early 200s, "In all our travels and movements... we mark our foreheads with the sign of the cross." The cross went from the brutal method from the Romans of torture, humiliation, and execution, to being a common symbol and prayer to say and to trace upon your body for thousands and thousands of people who found faith, hope, and love in Jesus' death on the Cross for our sins.

The sign of the cross is even foreshadowed in the Old Testament prophet Ezekiel who encouraged the faithful people in Jerusalem to mark their foreheads, which seems to be the Hebrew letter *tahv* and would have appeared in the shape of an X or a cross (Ezekiel 9:4-6)! We call upon God's name as Jesus teaches us (see Matthew 28:19) and also remember our Baptism when we make this sign across our entire bodies, and finally, we ask God to be present with us and the power of His Cross to help us as well. St. John Chrysostom in the 300s summarizes this belief beautifully when he says, "Never leave your house without making the sign of the cross. It will be to you a staff, a weapon, an impregnable fortress...It has vanquished death, destroyed sin, emptied hell, de-throned Satan, and restored the universe. Would you then doubt its power?" This small prayer is something we can do and pray many times throughout our day, but it is the perfect way to begin the most important moment of our week; to launch us into the encounter of Christ during the Holy Sacrifice of the Mass!



Mass Intentions

Saturday,	September 16
5:00pm	In Memory of Robert Francis Benhart
Sunday,	September 17
8:00am	People of the Parish
11:00am	In Memory of Richard Kreusch
Tuesday,	September 19
8:30am	In Memory of Allison Bannon
Wednesday,	September 20
6:30pm	In Memory of Dorothy Best
Thursday,	September 21
8:30am	In Memory of Richard Morreale
Friday,	September 22
8:30am	In Memory of Allison Bannon
Saturday,	September 23
5:00pm	People of the Parish
Sunday,	September 24
8:00am	In Memory of the Stewart-Gelas Family
11:00am	In Memory of Michael Best



THE CATECHISM IN A YEAR!

Join Father Ben and a big group of parishioners at Our Lady of the Visitation as we learn and grow in understanding about our Catholic Faith by listening to a podcast for about 15-20 minutes a day (that equals only about 2-3 pages of the Catechism, which is not much!).

Father Mike Schmitz, who led a podcast two years ago that was beautiful and still free for everyone – *The Bible in a Year* – has decided to help everyone go a little deeper in our understanding of what the Catholic Church teaches by reading a tiny bit of the Catechism every day. Father Mike is very enjoyable to listen to because of his authenticity, his humor, his knowledge of the faith, and also his profound insights and application of the faith to every day life. **Our next meeting will be Wednesday night, September 20th from 7:30 pm – 8:30 pm** in our church's social hall. The event will be mostly a Q&A event for Fr. Ben, and anyone can certainly show up even if they have not kept up with this podcast or read any of the Catechism in their lives! Please come, and we will be in touch about future events as well.



Please support the Knights of Columbus who are selling "Football Sweepstakes"

tickets after the Masses during the month of September. Each \$10 ticket will be valid for 10 weeks of the pro football season. \$2500 is given away each week across our state in cash prizes. Winners are contacted automatically. Remember that your donation helps the Knights of Columbus support your church.

Contact Us for More Information

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Ladies Bible Study	Mary Geesaman
mgeesaman1@gmail.com	(717) 552-7487
Music Ministry	Michael Adams



Every 3rd Sunday

Immediately following the 11am Mass. Please bring a dish to share. Water, juice & coffee will be provided. **THE NEXT POTLUCK IS SEPTEMBER 17TH**



Run with a Priest! (...or walk or bike!) Every 1st & 3rd Saturday we will meet outside the social hall around 9:45am. Take a short run (walk or bike) on the Rails to Trails. The social hall will be open for water. **THE NEXT RUN WILL BE OCTOBER 7TH**

All students in grades 6-12 are invited to our next **YOUTH GROUP MEETING** on **SAT. SEPT. 23rd** from 6-8pm in the social hall. Feel free to invite your friends!!



Knights of Columbus & The Ladies Auxiliary



The next KOC meeting will be Thursday, October 5th at 7:00pm in the social hall. For more information regarding the Knights please contact Travis Detwiler at 717-809-0672 or travisedetwiler@gmail.com

The next Ladies Aux. meeting will be Wednesday, October 4th at 2PM in the social hall. For more information regarding the Ladies Aux. contact Donna Bonitz at 717-860-4909 or ddbonitz@gmail.com. **There is an optional lunch gathering at 12:00 at the University Grille before the meeting.**



Welcome to all new and returning students! Fr. Ben & I (John Klar-mann the new Associate Director of Catholic Campus Ministry) are pumped for a new year of Catholic Campus Ministry here at Shippensburg University and we can't wait to share it with you. Our goal here at CCM is to love God, love our neigh-

bors, and make disciples and we do all three in a variety of ways. To grow our love of God we always participate in the weekend liturgy at Our Lady of the Visitation, but we also join the parish for daily Mass and weekly adoration. To love our neighbor, we will grow in friendship through super fun events especially our weekly FREE Thursday night dinner (5pm at the Spiritual Center on campus) and we will also serve our community through different service opportunities. Finally, as we strive to make disciples, we invite everyone to participate in a small group bible study and we look forward to providing opportunities for retreats, conferences, mission trips, and pilgrimages.

WELCOME!

John and his family (Ariel wife of 7 yrs & PJ who is 3 yrs old) just moved to

town at the beginning of August from NJ. Though John has been a Catholic since he was a baby it was in college that he had a profound encounter with Christ that led to him returning to the faith, and he is excited to share his story with you. When John has a little bit of free time, he enjoys sports (watching and playing), camping, hiking, hunting, and board games. He is also absolutely pumped to go on adventures with students in CCM especially this super awesome conference called



SEEK24 (ask him about it!).

Contact info: jtklarmann@ship.edu 7174771244



Lectors Meeting

All current LECTORS are invited to join Fr. Ben on Saturday, September 23rd at 9am as he reviews the responsibilities that a lector at OLV has and to answer questions regarding this role. Light refreshments and coffee/juice will be served



COFFEE HOUR HOSTS NEEDED

Coffee Hour will begin on Sun. Sept. 17th following the 8am Mass. We are need of volunteers to help make coffee hour a success. A sign up

sheet is available in the church lobby. For more information please contact the parish office.

The Word of God Alive:

Discussing the Readings w/your children

In today's Gospel, we hear Peter asking Jesus a particular question: "Lord, if my brother sins against me, how many times must I forgive him? As many as seven times?" Seven times seems like a lot. If my sister hits me once or twice, I may be able to think that it was an accident, but not seven times. That's a lot of hurt. Jesus tells Peter to forgive not seven times, but seventy seven times."

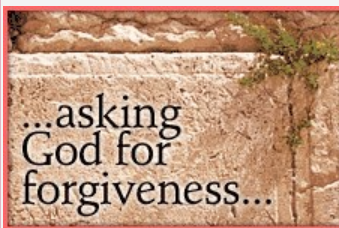


Do you think Jesus meant to stop forgiving on the seventy-eighth time? This was a way of saying keep forgiving, never stop.

Why would Jesus say such a thing? Look at the parable for today about a debtor. To be in debt means to owe someone. Usually that debt is money. The debtor owed the king a huge amount of money, more than everything he had. When the king wanted his money back, the man begged for mercy. The king, having compassion, forgave the entire amount. **How do you think the man felt?** The king is like God. God feels our pain and has mercy on us. There is no sin that God will never forgive if we ask him and are sorry.

To go on in the parable, someone else owed the man money. He did not forgive him but had him sent to prison. When the king found out, he was very angry and punished the debtor.

Each time we go to Mass we pray the Lord's Prayer: "forgive us our trespasses, as we forgive those who trespass against us." Another way to say that is "forgive us our debts as we forgive our debtors". We know God wants to forgive us and so we ask for his help and his compassion to forgive others. We know God offers us grace to do that. We find it most especially in the Holy Eucharist, God's very self.



Living our Faith: Take time to talk to God this week, so that he may grant you forgiveness from your sins and you can forgive others for what they have done to you.



GREETERS MINISTRY MEETING

If you are currently a Greeter, please attend this informative meeting with Fr. Ben on Saturday, September 23rd at 10am. Light refreshments and coffee/juice will be served.



Shippensburg Community Resource Coalition

Christ Among Neighbors (CAN): CAN has been helping Shippensburg residents with emergency financial needs for over 20 years. Volunteers are needed on Wednesday afternoon or Saturday morning. Visit our website or call us to learn more. Suzanne Hildabrand 717-377-8316; www.christamongneighbors.com.

Hound Packs: We will continue to collect only soup over the summer. **Please place the soup only in the food bank container outside of the confessional.**

Shippensburg Produce Outreach (SPO): SPO is in need of helpers on Tuesdays. **We are no longer collecting egg cartons.** SPO is located on South Penn St in building next to the Lutheran Church.

Thanks for your support in these missions for the community.

Any questions call or text Bobbi Staver 717-816-5309



Church Calendar

Sunday, September 17th — Parish Potluck Following the 11am Mass (so around noon or 12:15pm). Please bring a dish to share. The parish will supply water, juice & coffee.

Tuesday September 19th—RCIA

Meeting 7:00pm-8:00pm in the social hall

Wednesday, September 20th — Morning Prayer 8:30am

Friday, September 22nd — Adoration 9:00am-7:00pm (sign up in church lobby)

Saturday, September 23rd — Youth Group 6-8 pm (Grade 6-12), Saturday evening from 6-8 pm in the social hall. Feel free to invite your friends!

Mark Your Calendars UPCOMING EVENTS



"The OLV OktoberFest will be on Saturday the 7th of October after the 5 pm mass. The menu will consist of fresh Kielbasa, Pierogi, Halupki (stuffed cabbage rolls) and Polish

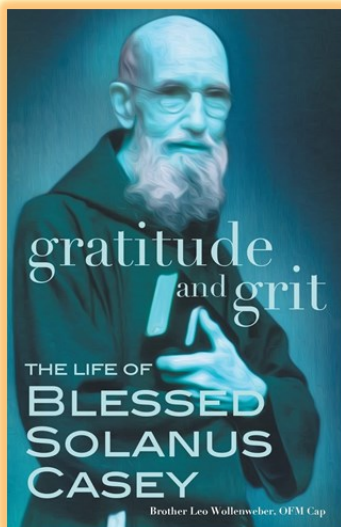
Casserole (a blend of sauerkraut, noodles, cream of mushroom soup, sauteed onions and mushrooms). The event is BYOB, but please be responsible with the beverages. Polka music will be played after dinner for entertainment and dancing. The cost of the meal is \$10 for adults, \$5 for students and free for those 5 years of age and younger. A sign up sheet will be in the back of the church until the weekend of September 30th and October 1st.



The 2nd Annual Trunk or Treat will be on Sunday Oct. 29th starting at dusk. More details will be announced soon.

ONLINE GIVING with WESHARE

<https://olvshippensburg.weshareonline.org>



BOOK OF THE MONTH – September & October

The next book of the month is going to be ***Gratitude and Grit: The Life of Blessed Solanus Casey***, which is a beautiful and inspirational little summary of one of the great Saints in the history of the United States of America. Growing up in a big Irish Immigrant family who were farmers in Wisconsin along the Mississippi River, Bernard Casey showed his toughness but also his compassion, faithfulness, and love through a life as a Franciscan simplex priest that brought so many people dramatically to Christ. He started as a simple porter or door man, but he ended up being a type of celebrity and known miracle worker, even though his entire approach was simply dedicated prayer, time, listening, and humility for those he encountered day after day. Learn about the source of thousands of miracle reports and the man who cooperated with God's plan in this rather short but beautiful book about his life. As in recent months, you will need to purchase this book yourself if you would like to read it (please contact Fr. Ben if you don't have the means to purchase it online), but even if you don't get a chance to read through his story, Fr. Ben will give a presentation on Blessed Solanus Casey and this book on **Wednesday, November 8th** in our Church Social Hall **from 7:30-8:30 pm!**

Please consider attending this meeting (there is no commitment or book club; this is always just an open invitation to everyone every two months) and let's pray for each other moving forward.