

# Hammer Sprint 2016

## Overall Duathlon

April 30, 2016

### Results By Endurance Sports Management

<u>Place</u>	<u>Name</u>	<u>Bib</u>	<u>Gend</u>	<u>Pos</u>	<u>Group</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	John Sillery	49	M	10VR		1	17:33.63	5:40	0:19.01	2	45:02.39	21.3	0:21.77	1	17:37.94	5:41	1:20:54.74
2	Matthew Lee	332	M	20VR		4	19:19.55	6:14	0:39.03	4	45:31.32	21.1	0:32.56	2	18:52.34	6:05	1:24:54.80
3	Justin Cazana	495	M	30VR		6	19:56.74	6:26	0:27.23	1	43:50.15	21.9	0:30.47	7	20:45.71	6:42	1:25:30.30
4	Andrew Eickholt	339	M	1 30-34		5	19:20.28	6:14	0:31.99	3	45:06.45	21.3	0:30.67	6	20:45.17	6:42	1:26:14.56
5	Steven York	349	M	1MTR		3	19:02.41	6:08	0:31.20	6	47:40.46	20.1	0:28.75	3	19:56.95	6:26	1:27:39.77
6	Paul Horton	351	M	1 45-49		2	18:56.52	6:06	0:51.98	8	48:07.89	20.0	0:47.66	4	20:09.91	6:30	1:28:53.96
7	Tracy Longhurst	342	F	10VR		7	20:00.99	6:27	0:39.12	14	50:37.69	19.0	0:41.13	5	20:27.35	6:36	1:32:26.28
8	Michael Thomason	335	M	1 20-24		10	20:51.36	6:44	0:31.93	12	49:58.33	19.2	0:30.81	13	23:19.10	7:31	1:35:11.53
9	Bruce Heiser	361	M	1 55-59		14	22:36.93	7:17	0:27.28	7	47:55.07	20.0	0:31.85	17	24:10.14	7:48	1:35:41.27
10	Bruce Vincent	359	M	2 55-59		12	22:02.19	7:06	1:35.09	5	47:35.25	20.2	1:51.93	12	23:09.81	7:28	1:36:14.27
11	Nathan Hodges	333	M	2 20-24		13	22:15.09	7:11	1:26.36	11	49:10.70	19.5	0:50.25	9	22:39.84	7:18	1:36:22.24
12	Glen Longhurst	345	M	1 40-44		9	20:47.53	6:42	0:45.56	20	51:39.27	18.6	0:38.78	8	22:31.16	7:16	1:36:22.30
13	Will Baker	336	M	3 20-24		11	20:52.85	6:44	0:43.48	16	51:18.70	18.7	1:05.96	10	22:47.14	7:21	1:36:48.13
14	Dan McCaslin	362	M	3 55-59		15	23:07.66	7:27	0:51.94	10	48:42.05	19.7	0:54.75	14	23:21.03	7:32	1:36:57.43
15	Jay Pruet	350	M	2 40-44		16	23:11.79	7:29	1:19.48	9	48:31.78	19.8	1:00.96	11	23:04.97	7:26	1:37:08.98
16	Corey Crumpton	334	M	4 20-24		8	20:32.19	6:37	0:40.87	13	50:01.48	19.2	0:35.73	21	26:20.63	8:30	1:38:10.90
17	J.j. Thomas	343	M	1 35-39		23	24:25.80	7:53	0:54.07	17	51:19.80	18.7	0:53.38	16	23:52.10	7:42	1:41:25.15
18	Sherrie Giles	363	F	20VR		24	24:29.32	7:54	0:43.14	18	51:20.81	18.7	0:41.49	20	25:18.24	8:10	1:42:33.00
19	Chris Carpenter	497	M	3 40-44		17	23:27.19	7:34	1:02.98	21	52:08.54	18.4	0:55.16	19	25:10.69	8:07	1:42:44.56
20	Todd Giorgio	360	M	4 55-59		18	23:52.97	7:42	1:38.58	15	51:05.27	18.8	1:11.79	22	26:47.94	8:38	1:44:36.55
21	Stephen Thomas	364	M	1 60-64		25	25:30.76	8:14	0:35.84	22	52:52.80	18.2	0:40.71	27	28:15.01	9:07	1:47:55.12
22	Mark Rinehart	355	M	1 50-54		21	24:19.37	7:51	1:15.93	24	55:18.28	17.4	1:10.79	23	27:05.29	8:44	1:49:09.66
23	Daniel Prather	337	M	1 25-29		27	25:52.55	8:21	1:03.47	23	54:44.28	17.5	0:40.03	28	28:21.32	9:09	1:50:41.65
24	Eddie Stooksbury	122	M	2 50-54		20	24:14.68	7:49	1:42.24	25	58:04.76	16.5	2:00.73	18	24:56.02	8:03	1:50:58.43
25	Paul Turner	340	M	2 30-34		22	24:25.71	7:53	5:33.79	26	58:28.73	16.4	1:56.10	15	23:44.77	7:39	1:54:09.10
26	Jeff Galloway	357	M	3 50-54		19	23:59.39	7:44	1:05.57	29	1:01:16.28	15.7	0:43.35	24	27:35.76	8:54	1:54:40.35
27	Shelley Minton	346	F	30VR		26	25:34.85	8:15	0:59.20	32	1:02:59.72	15.2	0:39.33	26	27:46.95	8:57	1:58:00.05
28	Patrick Turner	341	M	3 30-34		28	27:21.01	8:49	2:52.32	27	58:34.60	16.4	1:59.52	25	27:44.81	8:57	1:58:32.26
29	Chris Carter	77	M	5 55-59		33	36:34.82	11:48	0:39.05	19	51:38.22	18.6	0:22.74	30	31:22.79	10:07	2:00:37.62
30	Kevin Minton	348	M	4 40-44		29	27:54.89	9:00	1:29.13	30	1:01:48.36	15.5	0:44.08	29	29:39.37	9:34	2:01:35.83
31	Michelle Pruet	353	F	1MTR		30	29:43.91	9:35	1:08.12	28	1:00:15.53	15.9	2:32.77	31	31:42.83	10:14	2:05:23.16
32	Lee Hamner	354	M	2 45-49		31	34:47.55	11:13	1:11.43	31	1:02:03.40	15.5		33	41:40.46	13:26	2:19:42.84
33	Kimberlee Preston	140	F	1 40-44		32	35:09.48	11:20	2:13.60	33	1:17:58.58	12.3		32	39:34.45	12:46	2:34:56.11