RESPIE ROUNDTABLE
The Illinois Respite Coalition wants to offer participants of our In-Home Respite Program the opportunity to get to know other participants. We will meet virtually through Zoom, which can be accessed through an app on your smartphone or via computer. Two sessions will be held: one for respite care workers and one for families. Take the survey by clicking on the image to the right to let us know if you’re interested in this bi-annual roundtable!

QUARANTINE QUESTIONS
Each day during the work week, the IRC is posting "Quarantine Questions" on our Facebook and Twitter. Quarantine Questions discusses resources and tips and tricks for maintaining health and accessing resources. Please like and follow our Facebook and Twitter in order see our daily answers and helpful hints! Our social media can be accessed through our website. Stay tuned to see the board take on quarantine challenges and host virtual events.

SHARE YOUR STORIES
The IRC values your story and opinions. Please share with us any stories about your experience and time with the IRC thus far. If you like, you can be featured on our Facebook! Click on the "G" to the right to tell us your story.

The IRC will be releasing a guide with more information on resources available in Illinois!