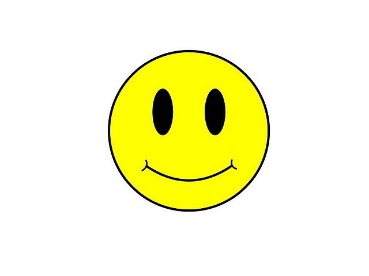
|  |  |  |
| --- | --- | --- |
| **Must Do:** | **Should Do:** | **May Do:** |

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| **Weekly Work** | |
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**Notes**

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**Other (drawings, mind maps, stickers, and etc.)**





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| **Week of** | | | | | |
| **Date** | **Monday** | **Date** | **Tuesday** | **Date** | **Wednesday** |
|  | **…Before Work…**  8:00-  9:00-  10:00-  11:00-  **LUNCH**  1:00-  2:00-  3:00-  4:00-  **After Work…** |  | **…Before Work…**  8:00-  9:00-  10:00-  11:00-  **LUNCH**  1:00-  2:00-  3:00-  4:00-  **After Work…** |  | **…Before Work…**  8:00-  9:00-  10:00-  11:00-  **LUNCH**  1:00-  2:00-  3:00-  4:00-  **After Work…** |
| ***Midweek Reflection:*** *What is getting done? What still needs to get done? What is getting in the way?*  *Is there something I can delegate or someone I can ask for help?**What can I celebrate?* | | | | | |
| **Date** | **Thursday** | **Date** | **Friday** | **Date** | **Weekend** |
|  | **…Before Work…**  8:00-  9:00-  10:00-  11:00-  **LUNCH**  1:00-  2:00-  3:00-  4:00-  **After Work…** |  | **…Before Work…**  8:00-  9:00-  10:00-  11:00-  **LUNCH**  1:00-  2:00-  3:00-  4:00-  **After Work…** | **SU** |  |