

CP-12

Brief Therapy II

\$170

**Crisis Counseling & Brief Therapy**

**14 hours**

**Objective:** This course studies how crisis counseling can be implemented in various settings, addressing various problems/issues.

**Text:** Crisis Intervention & Time-Limited Cognitive Treatment by Albert R. Roberts (ed) ISBN: 0803956304

**Brief Group Therapy w/ Substance Abusers**

**12 hours**

**Objective:** Examines how to provide quality, outcome based and problem-solving group therapy with alcohol and drug abusing clients.

**Text:** Brief Strategic Group Therapy by Terence T. Gorski ISBN: 0830907165

**Brief Therapy w/ Adolescents**

**14 hours**

**Objective:** Examines how brief therapy can be effectively utilized in treating the adolescent clients.

**Text:** Pathways to Change: Brief Therapy Solutions with Difficult Adolescents by Matthew Selekman ISBN: 1572309598

**Brief Therapy w/ Children**

**14 hours**

**Objective:** To provide the counselor with a firmer background in how brief therapy can be used in the treatment of children and their family.

**Text:** Solution-Focused Therapy with Children: Harnessing Family Strengths for Systematic Change by Matthew Selekman ISBN: 1572307900

**Solution-Focused Therapy w/ Alcoholism**

**14 hours**

**Objective:** Examines how the Solution-Focused model can be effectively used in providing treatment with the alcoholic/drug abusing client.

**Text:** Working w/ the Problem Drinker: A Solution-Focused Approach by Insoo Kim Berg & Scott D. Miller ISBN: 0393701344