

CP-30

Advanced Skills in Addictions Counseling IV

\$295

Group Therapy with Substance Abusers

18 hours

Objectives: The student will learn the theory and application of group therapy with substance abusing clients from a cognitive-behavioral perspective.

Text: The Group Therapy of Substance Abuse by David W. Brook et.al. ISBN: 0789017822

Treatment Planning

14 hours

Objectives: The student will learn more of the client assessment process. They will learn of how psychological issues can influence treatment goals. The student will learn how to develop and monitor the progress the client is making working on the treatment plans.

Text: Essentials of Treatment Planning by Mark E. Maruish ISBN: 0471419974

Cigarettes & Nicotine Addiction

16 hours

Objectives: The student will learn how nicotine is addictive, the natural history of nicotine addiction, the biobehavioral nature of nicotine addiction and the role public health and policy can play.

Text: Cigarettes, Nicotine and Health: A Biobehavioral Approach by Lynn T. Kozlowski et.al ISBN: 0803959478

Substance Abuse & Family Recovery II

18 hours

Objectives: The student will learn about the basic skills of providing counseling services to the substance abuser and their family. Client assessment, effective interventions, assessing motivation, problem solving strategies, monitoring the ups and downs of progress are also discussed.

Text: Family Solutions for Substance Abuse: Clinical and Counseling Approaches by Eric E. McCollum & Terry S. Trepper ISBN: 0789006235

Ethnocultural Factors in Substance Abuse Treatment

18 hours

Objective: The student will gain a greater understanding of what it means to be culturally competent. Additionally, they will understand the origins and history of attitudes and behaviors of a wide variety of ethnic and cultural backgrounds as they relate to substance use/abuse. Finally how to effectively treat clients from the various backgrounds covered in the text including various varieties of African American, Native and Latino American, European, Asian and Middle Eastern backgrounds.

Text: Ethnocultural Factors in Substance Abuse Treatment by Shulamith Lala Ashenberg Strausner ISBN: 1572308850

Twelve Core Functions of the Substance Abuse Counselor

16 hours

Objectives: The student will learn the role, techniques and strategies that are embodied in the various functions of the substance abuse counselor. It covers assessment, intake, counseling, consultation, referral, orientation, treatment planning, counseling, crisis intervention, documentation, etc. enabling the student to better understand the knowledge, skills, techniques, etc. need to be effective in each.

Text: Global Criteria: The 12 Core Functions of the Substance Abuse Counselor by John Herdman ISBN: 9780976834120

Cognitive Behavioral Treatment of Compulsive Gambling

18 hours

Objective: The student will learn how to effectively apply psychoeducation, cognitive restructuring, relaxation techniques, relapse prevention and many other skills as they treat clients who experience compulsive gambling problems.

Text: A Cognitive Behavioral Therapy Program for Problem Gambling by Namrata Raylu and Tian Po Oei ISBN: 9780415548168

Cognitive Behavioral Treatment of Smoking Cessation

18 hours

Objective: The student learns how to apply cognitive behavioral strategies/techniques to the treatment of the smoker/nicotine addict. This course includes a review of medications which can help the smoker quit as well as how to address issues that can crop up such as weight gain. Additionally, how treatment can be effected by subpopulations of smokers, the client's health issues and other comorbid issues such as other psychiatric problems or other substance abuse.

Text: Cognitive-Behavioral Therapy for Smoking Cessation by Kenneth A. Perkins, Cynthia A. Conklin & Michele D. Levine ISBN: 0415954630

