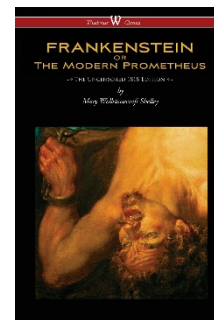


# In Sickness and in Health: Academic Decathlon 2019-2020

## Nationals, Anchorage, AK

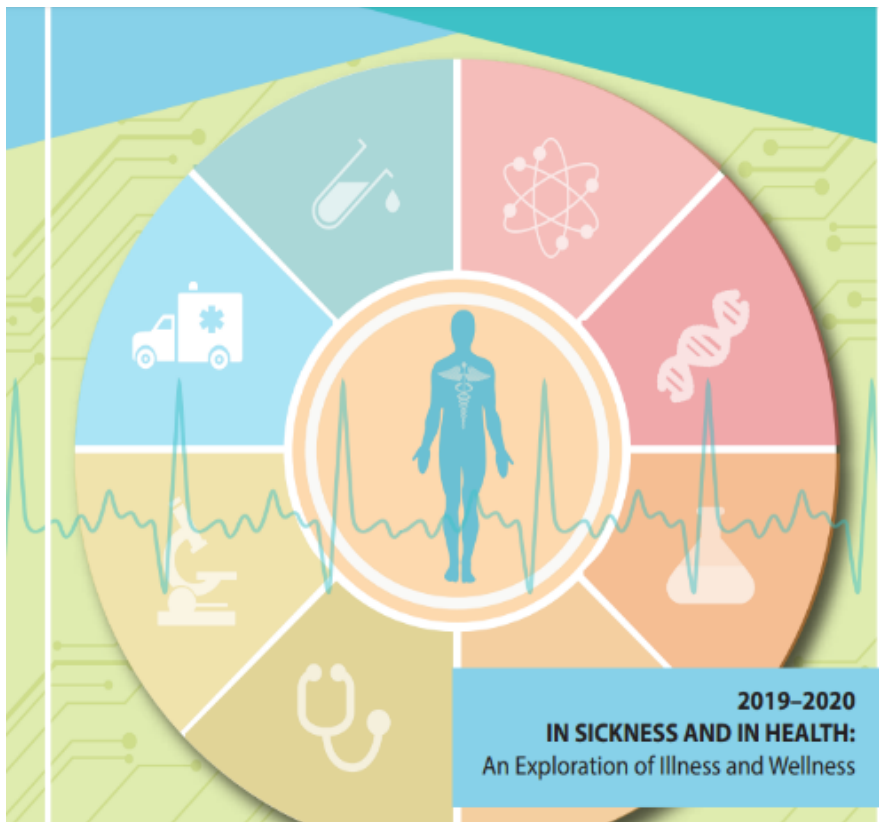
### Why should you sign up for Academic Decathlon?

- A rigorous enriched academic elective with limited homework and lots of bonus opportunities. (i.e. If you don't get an A, it's not my fault!)
- AD helps with all core subjects, and is especially helpful with English IV AP, Biology, AP History classes, and arts classes.
- **Such a cool topic!!**
- All GPA levels welcome!  
Are you an overachiever who loves winning medals?  
**Honors—3.75 and up in core academic subjects**  
good student with a few B's and C's?  
**Scholastic—3.0-3.74 in core academic subjects**  
smart underachiever?  
**2.99 or below in core academic subjects**
- Improve your essay writing skills!
- Learn to give a good prepared and impromptu speech!
- Learn how to do well in formal interview situations!
- Learn interesting information and have fun!
- **Who doesn't want to go to Alaska????**



Are you a

Are you a  
**Varsity—**



### The 2010-2020 theme: In Sickness and in Health: An Exploration of Illness and Wellness

- Science—Studies the biology of cancer
- Economics—Includes a focus on the economics of health care
- Social Science—The history of health care.
- Literature—Frankenstein and shorter works focusing on the theme of illness, wellness, and mortality.
- Art & Music—Focus on issues of mortality in Western art and music (see attached for details!)
- Math—Algebra and Trigonometry

## **In Sickness and in Health: Academic Decathlon 2019-2020**

### **Nationals, Anchorage, AK**

**LITERATURE:** In addition to *Frankenstein*, we will study the following short fiction and non-fiction selections:

“ON BEING A CRIPPLE” (1986) BY NANCY MAIRS

“PONY PARTY” AND “LUCK” FROM AUTOBIOGRAPHY OF A FACE (1994) BY LUCY GREALY

“THE BIRTHMARK” (1843) BY NATHANIEL HAWTHORNE

“ODE TO A NIGHTINGALE” (1819) BY JOHN KEATS

“IN THE THEATRE” (1977) BY DANNIE ABSE

“DEAR WORLD” (1988) BY PAULA GUNN ALLEN

“WHAT THE DOCTOR SAID” (1989) BY RAYMOND CARVER

“THE SICK WIFE” (1996) BY JANE KENYON

“WHAT YOU MOURN” (2007) BY SHEILA

“HEALTH” (2010) BY RAFAEL CAMPO

**In addition to an overview of art techniques and art history, you will study. . .**

#### **ART AND THE PLAGUE**

##### **Representing the Bubonic Plague in Early Modern Europe**

1. SELECTED WORK: PIETER BRUEGEL THE ELDER, THE TRIUMPH OF DEATH, C.1562
2. SELECTED WORK: JOSSE LIEFERINXE, ST. SEBASTIAN INTERCEDING FOR THE PLAGUE STRICKEN, 1497–99 B.

##### **The AIDS Crisis and Contemporary Art**

1. SELECTED WORK: KEITH HARING, ALTARPIECE, 1990/1996, CATHEDRAL OF SAINT JOHN THE DIVINE
2. SELECTED WORK: DAVID WOJNAROWICZ, UNTITLED (FALLING BUFFALOS), 1988–89

#### **THE RISE OF MODERN MEDICINE**

##### **The Professionalization of Medical Practice from the Renaissance through the Twentieth Century**

1. SELECTED WORK: FILIPPO BRUNELLESCHI, OSPEDALE DEGLI INNOCENTI, C.1419, FLORENCE, ITALY
2. SELECTED WORK: REMBRANDT VAN RIJN, THE ANATOMY LESSON OF DR. NICOLAES TULP, 1632
3. SELECTED WORK: THOMAS EAKINS, PORTRAIT OF DR. SAMUEL D. GROSS (THE GROSS CLINIC), 1875
4. SELECTED WORK: KADIR NELSON, HENRIETTA LACKS (HELA): THE MOTHER OF MODERN MEDICINE, 2017
5. SELECTED WORK: HOK WITH JACK TRAVIS, HARLEM HOSPITAL PAVILION FACADE, 2005–12, NEW YORK IV.

#### **WOMEN, SICKNESS, AND PORTRAITURE**

##### **The Ideal and the Real Female Body as a Subject in Nineteenth- and Twentieth Century Art**

1. SELECTED WORK: JAMES ABBOTT MCNEILL WHISTLER, MAUD READING IN BED, 1883–84
2. SELECTED WORK: FRIDA KAHLO, WITHOUT HOPE (SIN ESPERANZA), 1945

##### **NEURASTHENIA AND VITALITY IN TURN OF THE CENTURY ART**

Neurasthenia and the New Woman in American Art at the Turn of the Twentieth Century

1. SELECTED WORK: THOMAS WILMER DEWING, A READING, 1897
2. SELECTED WORK: JOHN SINGER SARGENT, MR. AND MRS. I. N. PHELPS STOKES, 1897
3. SELECTED WORK: FRANCIS PICABIA, AGNES MEYER, 1915

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## **Nationals, Anchorage, AK**

### **ART AND MENTAL HEALTH**

#### **The Othering of Mental Illness in Art**

1. SELECTED WORK: WILLIAM HOGARTH, ILLUSTRATION OF BEDLAM FROM A RAKE'S PROGRESS, 1735 3
2. SELECTED WORK: THÉODORE GÉRICAULT, THE MADWOMAN, 1819–20

#### **Representing the Experience of Mental Illness in Art**

1. SELECTED WORK: FRANCISCO GOYA, THE SLEEP OF REASON PRODUCES MONSTERS (EL SUEÑO DE LA RAZON PRODUCE MONSTRUOS), 1799
2. SELECTED WORK: VINCENT VAN GOGH, THE STARRY NIGHT, 1889

**In addition to an introduction/review of instrumentation and music theory, you will study. . .**

### **CHURCH, HOME, STAGE: DEATH KNOWS NO BOUNDARIES**

The Middle Ages: Rome, France, and Christianity

1. Regulating Ritual—The Liturgy a. Mass b. Offices c. Proper and Ordinary
2. Chant: A Little Bird Told Me
3. Dreading Death

#### **4. LISTENING EXAMPLE 1: "DIES IRAE" – EXCERPT (13TH CENTURY) – ANONYMOUS**

**Enough Is Enough: The Council of Trent**

**Subsequent "Life" for a Death Chant**

**The Renaissance: Music in the Home and Courts**

1. New Genres, New Media
2. Death, Be Kind
3. LISTENING EXAMPLE 2: "O DEATHE, ROCK ME ASLEEPE" (C. 1536) – ANNE BOLEYN (ATTRIBUTED)

**The Baroque: Music Reaches the Stage**

1. The Florentine Camerata and Monody
2. The Actors Start to Sing
3. Music Conquering Death
4. LISTENING EXAMPLE 3: L'ORFEO, "TU SE' MORTA" [ORFEO'S LAMENT] (1607) – CLAUDIO MONTEVERDI
5. Opera Hits the Road (and Goes Public)
6. The Continuo Age
7. Death, Invited
8. LISTENING EXAMPLE 4: DIDO AND AENEAS, "THY HAND, BELINDA/WHEN I AM LAID IN EARTH" [DIDO'S LAMENT] (1689) – HENRY PURCELL
9. Dying on Stage

**The Classic Period: Patrons and the Public**

1. Pursuing Happiness
2. A Changing World
3. Death, Unfinished
4. LISTENING EXAMPLE 5: REQUIEM, K. 626 "SEQUENCE: LACRIMOSA DIES ILLA" (1791) – WOLFGANG AMADEUS MOZART

**MUSIC OF THE ROMANTIC ERA: DEATH AS DRAMA**

**Hearts on Sleeves**

**Tiny Jewels: The Romantic Miniature**

1. Death as Tempter
2. LISTENING EXAMPLE 6: "ERLKÖNIG," OP. 1, D. 328 (1815) – FRANZ SCHUBERT

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## **Nationals, Anchorage, AK**

### **Music Goes Massive**

1. Death, Diabolically

**2. LISTENING EXAMPLE 7: SYMPHONIE FANTASTIQUE, MVT. V "DREAM OF A WITCHES' SABBATH" (1830) – HECTOR BERLIOZ**

3. From the Concert Halls to the Movies

### **The Swan Song**

1. Death, Alone

**2. LISTENING EXAMPLE 8: SECHS LIEDER, OP. 1, NO. 1 "SCHWANENLIED" (PUB. 1846) – FANNY MENDELSSOHN HENSEL**

### **Opera on a Grand Scale**

1. Death, Together

**2. LISTENING EXAMPLE 9: AIDA, "O TERRA, ADDIO" [THE TOMB SCENE] (1871) – GIUSEPPE VERDI**

## **MUSIC AS MOCKERY, MUSIC AS MEMORIAL**

### **A Funeral March**

1. Death So "Sad"

**2. LISTENING EXAMPLE 10: SYMPHONY NO. 1 IN D MAJOR "THE TITAN," MVT. III "FEIERLICH UND GEMESSEN, OHNE ZU SCHLEPPEN" (1888/REV. 1906) – GUSTAV MAHLER**

### **Art, Present and Past**

1. Dancing to Death

**2. LISTENING EXAMPLE 11: THE RITE OF SPRING, "SACRIFICIAL DANCE (THE CHOSEN ONE)" (1913) – IGOR STRAVINSKY**

### **C. Musical Monuments**

1. Flying to Death

**2. LISTENING EXAMPLE 12: LE TOMBEAU DE COUPERIN, "TOCCATA" (1917) – MAURICE RAVEL D.**

### **New Sounds, Old Terrors**

1. Death Approaches

**2. LISTENING EXAMPLE 13: THE BANSHEE (C. 1925) – HENRY COWELL**

3. Concert Hall Threnodies

4. A Medieval Sequence and the Silver Screen

### **Music for Grief**

1. Music as Therapy

2. Measuring the Music (Therapeutically)

3. Repurposed for Death

**4. LISTENING EXAMPLE 14: ADAGIO FOR STRINGS (ARRANGEMENT OF STRING QUARTET IN B MINOR, OP. 11, MVT. II) (1938) – SAMUEL BARBER**