



Seed of Hope

Developing Dreams & Vision
Fulfilling Purpose

LIFE 101 : BUILDING A FOUNDATION

TRAIN THE TRAINER

Our mission is to provide a warm and welcoming environment where teenage girls can speak their mind without judgement, start the journey to self-acceptance and become the leaders they were destined to be.





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Seed of Hope Foundation is a Mother and Daughter team who believes there is a Seed of Greatness in all of us. And, if the seed in us is watered, nurtured, and placed in the right environment with the right resources, we will all reach our fullest potential and fulfill our purpose in life.

Seed of Hope Foundation

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Discover – Define – Document – Articulate – Activate



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Tell me and I forget, teach me and I may remember, involve me and I learn.”

– Benjamin Franklin



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Our Why

Vision:

To develop emotionally intelligent leaders of excellence and integrity for the generations to come.

Purpose:

Train the Trainer is a training course that certifies community mentors to specifically facilitate Seed of Hope Foundation (SOH) life skill workshops within the various communities it serves.

Mission:

To develop a network of emotionally intelligent certified mentors to facilitate SOH life skill workshops throughout the Chicagoland area.

Objectives:

- Provide an overview of the history, vision and mission of SOH.
- Provide community mentors and facilitators with critical competencies to become certified by SOH to facilitate our life skill curriculum.
- Improve coaching and listening skills of mentors and facilitators.
- Gain insight into the delicacies of mentoring youth participants.
- Provide an opportunity for mentors and facilitators to network and view varying perspectives.

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Process

Step 1: Complete a Seed of Hope Foundation volunteer application

Step 2: Register and attend a Train the Trainer Orientation

Step 3: Complete SOH Life Skills Program

Step 4: Present one SOH Life Skill Workshop

Step 5: Complete and pass a background screening

Step 6: Begin facilitating SOH Life Skill Workshops

Step 7: Periodic coaching check-ins with Coach Jacqui

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Seed of Hope Volunteer Application



Contact Information

First Name: _____ ...Last Name: _____
Address: _____ ...City/State/Zip: _____
Telephone: _____ ...Cell Phone: _____
.....Date of Birth: _____

Personal Information

Have you ever been convicted of a felony? Yes No

If yes, please explain: _____

Education (highest level completed):

- High School Some College College Graduate School

Interests

Tell us in which areas you are interested in volunteering.

- Events
- Administrative/Clerical
- Fundraising
- Deliveries
- Magazine production
- Printing Services
- Graphic Design Services
- Public Relations
- Volunteer Services

Tell us why you want to volunteer here?

Special Skills or Qualifications

Summarize special skills and qualifications you have acquired from employment, or through other activities, including hobbies or sports.

Seed of Hope Volunteer Application



Previous Volunteer Experience

Summarize your previous volunteer experience.

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Availability

During which hours are you available for volunteer assignments?

Weekday mornings

Weekend mornings

Weekday afternoons

Weekend afternoons

Weekday evenings

Weekend evenings

Personal and/or Professional Reference

Name	
Street Address	
City/State/Zip	
Home Phone	
Work Phone	
E-Mail Address	

Person to Notify in Case of Emergency

Name	
Street Address	
City/State/Zip	
Home Phone	
Work Phone	
E-Mail Address	

Agreement and Signature

By submitting this application, I affirm that the facts set forth in it are true and complete. I understand that if I am accepted as a volunteer, any false statements, omissions, or other misrepresentations made by me on this application may result in my immediate dismissal. The undersigned authorizes Seed of Hope Foundation to perform a volunteer background investigation, which may include, but not limited to, a Criminal Conviction Information check and fingerprinting.

Name (printed)	
Signature	
Date	

Our Policy

It is the policy of this organization to provide equal opportunities without regard to race, color, religion, national origin, gender, sexual preference, age, or disability. Thank you for completing this application form and for your interest in volunteering with us.

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