



Western Dakota Association
905 8th Ave. NW Mandan High School
Mandan, N.D. 58554

Contact: Matt Mullally,
WDA sports information director
701-776-5836
wdasports@wdasports.org

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Bismarck High Century Dickinson Jamestown Legacy Mandan Minot St. Mary's TMCHS Williston

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Boys Cross Country (Oct. 5-11)

Starting Line

The 2014 WDA Championships will be held this Saturday, Oct. 11 at McDowell Dam Recreation Area five miles east of Bismarck. All nine teams will compete. The boys varsity race is at 1:30 p.m. Bismarck High is the nine-time defending champion.

Rewind

BHS: 1st at Pre-State Invite; Century: 2nd at Pre-State Invite; Dickinson: 7th at Pre-State Invite; Jamestown: 10th at Pre-State Invite; Legacy: 6th at Pre-State Invite; Mandan: 12th at Pre-State Invite; Minot: 8th at Pre-State Invite; TMCHS: idle; Williston: 5th at Pre-State Invite

Cool Down

There were 174 runners competing in the Class A division at the Pre-State in Minot on Oct. 4...Dickinson senior Jackson Binstock won his second title of the season on Oct. 4...Seven of the first 10 finishers at the Pre-State Meet were from WDA teams...BHS has now won 74th consecutive meets in the state, dating back to 2004.

Poll Position

Team poll: 1. BHS; 2. Century; 3. Fargo Davies; 4. G.F. Red River; 5. West Fargo
Individual poll: Sam Clausnitzer, BHS; 2. Jackson Binstock, Dickinson; 3. Leif Larsen, G.F. Central; 4. Hunter Lucas, F. Davies; 5. Nils Aardahl, BHS; 6. Tom Clausnitzer, BHS; 7. Devan Shumway, Williston; 8. Matt Bakken, BHS; 9. Leif Everson, Williston; 10. Evan Kottick, F. Davies

Team of the week: Williston

The Coyotes put together a solid effort at the Pre-State Meet last week in Minot. Williston finished fifth out of 13 teams and placed two runners in the top four. Devan Shumway was third and Leif Everson was fourth.

Team Notes

Bismarck High

The Demons showed their depth at the Pre-State Meet in Minot on Oct. 4. The squad's top varsity runners did not compete, but rather spent the day training on the state meet course. In their place, a lineup of underclassman/JV runners kept the team's consecutive meet winning streak together in tact. The Demons placed all five of its runners in the top 25. Junior Dan Finley paced the squad, taking 12th overall on the 5,000 meter course in a time of 17:14.52. Junior Colton Arman was 14th, 17:20.47; junior Jaden Fettig, 15th, 17:20.96; sophomore Dylan Rohrich, 17th, 17:27.36; and senior Jackson Carlson, 22nd, 17:39.77. BHS will be the heavy favorite to win its 10th consecutive WDA Championship on Saturday, Oct. 11. No. 1 ranked runner, and junior, Sam Clausnitzer will bid to win his first WDA individual title and become the third different Demon runner to win it in as many years (Matt Gotta, 2013; Jake Leingang, 2012-10). Clausnitzer was third a season ago. Four BHS runners are again ranked in the latest coaches' poll. S. Clausnitzer, Nils Aardahl, Tom Clausnitzer and Matt Bakken.

Century

The Patriots were runner-up to BHS at the Pre-State Meet in Minot on Oct. 4. Three Century runners fin

This week's meets

Saturday, Oct. 11

WDA Championships, 1:30 p.m. CT, McDowell Dam Recreation Area, east of Bismarck

Last week's meets

Oct. 4

Pre-State Meet, Minot Souris Valley G.C. Team total (5,000 meters)

1. Bismarck High, 80; 2. Century, 92; 3. G.F. Red River, 140; 4. West Fargo, 140; 5. Williston, 142; 6. Legacy, 154; 7. Dickinson, 190; 8. Minot, 193; 9. G.F. Central, 232; 10. Jamestown, 249; 11. Glendive, MT, 267; 12. Mandan, 294; 13. Richey-Lambert MT, 763.

Team totals

Individual champion: Jackson Binstock, Dickinson, 16:06.80

Top 10 finishers

1. Jackson Binstock, Dickinson, 16:06.80; 2. Leif Larson, G.F. Central, 16:33.14; 3. Devan Shumway, Williston, 16:43.31; 4. Leif Everson,

ished in the top 20, including two in the top 10. Senior Andrew Kohler was sixth overall. He completed the 5,000 meters in 16:53.01. Junior Mason Stenehjem was 10th, 17:13.81. Senior Braydon Price was 20th in a time of 17:34.07. Rounding out the top five finishers for the squad were: Leif Everson, 30th, 17:52.87; and Loren Sether, 35th, 18:00.59. Century will compete next at the WDA Championships on Saturday Oct. 11. The Patriots were runner-up last year. Senior Ryan Fetch was the top finisher from that meet, placing seventh. Century is ranked No. 2 again in this week's coaches' team poll.

Dickinson

The Midgets' Jackson Binstock won the varsity title at the Pre-State Meet in Minot on Oct. 4. The senior completed the 5,000 meter course in 16:06.80. It was the second win this season for Binstock (Jamestown 'Orr'ignals, Aug. 23). Dickinson, meanwhile, placed seventh overall. Senior Jamie Smith was the next finisher, taking 33rd in a time of 17:59.41. Rounding out the squad's top five runners were: junior Wyatt Kainz, 41st, 18:09.27; junior Dakotah Mansfield, 45th, 18:16.46; and Ian George, 70th, 18:47.70. Dickinson will next run at the WDA Championships on Saturday, Oct. 11. The squad was sixth a season ago. J. Binstock was the top returning finisher, placing second. Binstock also remains second in the individual rankings in the coaches' poll.

Jamestown

The Blue Jays finished 10th at the Pre-State Meet in Minot on Oct. 4. Junior Kyle Schumacher had a strong effort, placing 11th on the 5,000 meter course in a time of 17:13.81. Rounding out Jamestown's top five finishers were: freshman Leo Fremgen, 52nd, 18:24.56; junior Cody Lutman, 54th, 18:28.02; freshman Justus Naumann, 63rd,

2014 Schedule/Results

Williston, 16:46.13; 5. Beau Brannan, Legacy, 16:49.97; 6. Andrew Kohler, Century, 16:53.01; 7. David Hettich, G.F. Central, 16:56.98; 8. Parker Rosenau, West Fargo, 16:57.97; 9. Jaden Wahlund, Minot, 17:06.29; 10. Mason Stenehjem, Century, 17:13.81.

WDA team results (Top 5)

Bismarck High

12. Dan Finley, 17:14.52; 14. Colton Arman, 17:20.47; 15. Jaden Fettig, 17:20.96; 17. Dylan Rohrich, 17:27.36; 22. Jackson Carlson, 17:39.77

Century

6. Andrew Kohler, 16:53.01; 10. Mason Stenehjem, 17:13.81; 20. Braydon Price, 17:34.07; 30. Leif Everson, 17:52.87; 35. Loren Sether, 18:00.59

Williston

3. Devan Shumway, 16:43.31; 4. Leif Everson, 16:46.13; 29. Keaton Mack, 17:50.99; 46. Matt Cohoe, 18:16.92; 61. Ben Olson, 18:39.04

Legacy

5. Beau Brannan, 16:49.97; 25. Braden Gilbertson, 17:44.80; 36. Thomas Tieszen, 18:03.90; 39.

Jack Markle, 18:04.78; 49. Alex Anderson, 18:18.64

Dickinson

1. Jackson Binstock, 16:06.80; 33. Jamie Smith, 17:59.51; 41. Wyatt Kainz, 18:09.27; 45. Dakotah Mansfield, 18:16.46; 70. Ian George, 18:47.70

Minot

9. Jaden Wahlund, 17:06.29; 34. Christopher Stock, 17:59.63; 47. Tyler Kruithof, 18:18.05; 50. Keston Van Dusen, 18:21.85; 53. Devan Johnson, 18:24.77

Jamestown

11. Kyle Schumacher, 17:13.81; 52. Leo Fremgen, 18:24.56; 54. Cody Lutman, 18:28.02; 63. Justus Naumann, 18:41.64; 69. Luke Bowman, 18:47.19

Mandan

21. Bryce Andresen, 17:36.78; 31. Luke Peterson, 17:56.55; 59. Ryan Zachmeier, 18:36.82; 87. Landon Kleingartner, 19:10.39; 96. Bryden Wanner, 19:29.71

18:41.64; and sophomore Luke Bowman, 69th, 18:47.19. Jamestown will next run at the WDA Championships on Saturday, Oct. 11. The team was seventh in 2013. K. Schumacher is the top return from that meet, placing 49th.

Legacy

The Sabers finished an impressive sixth at the Pre-State Meet in Minot on Oct. 4. Beau Brannan led the squad with a fifth place finish. He completed the 5,000 meters in 16:49.97. It was the fourth time this the freshman finished in the top 10 in a meet. Freshman Brad Gilbertson placed 25th in a time of 17:44.80. Rounding out the top five finishers for the squad were: sophomore Thomas Tieszen, 36th, 18:03.90; freshman Jack Markle, 39th, 18:04.78; and sophomore Alex Anderson, 49th, 18:18.64. This was just the third meet this season Legacy had a full complement of runners in a varsity race. The squad will compete in their first WDA Championship on Saturday, Oct. 11.

Mandan

The Braves were 12th at the Pre-State Meet in Minot on Oct. 4. Senior Bryce Andresen just missed the top 20, placing 21st on the 5,000 meter course in a time of 17:36.78. Sophomore Luke Peterson was next on the squad, placing 31st in a time of 17:56.55. Rounding out the top five runners were: senior Ryan Zachmeier, 59th, 18:36.82; sophomore Landon Kleingartner, 87th, 19:10.39; and senior Bryden Wanner, 96th, 19:29.71. Mandan will next run at the WDA Championships on Saturday, Oct. 11. The Braves were fifth a year ago. The top returning runner from that race is B. Andresen, who was 37th.

Minot

The Magicians finished 8th at their home meet on Oct. 4. Senior Jaden Wahlund finished in the top

10, placing ninth in a time of 17:06.29. Senior Christopher Stock was next, placing 34th in a time of 17:59.63. Rounding out the team's top five placemen were: Tyler Kruithof, 47th, 18:18.05; Keston Van Dusen, 50th, 18:21.85; and Devan Johnson, 53rd, 18:24.77. Minot will compete at the WDA Championships on Saturday, Oct. 11. The team was third last year. The top returner from that meet is, J. Wahlund, who as 45th.

TMCHS (Belcourt)

The Braves did not compete at the Pre-State Meet in Minot on Oct. 4. The team is scheduled to run at the WDA Championships on Saturday, Oct. 11. TMCHS did not run at last year's event.

Williston

The Coyotes turned in one of their best performances of the season, taking fifth at the Pre-State Meet in Minot on Oct. 4. Two runners were in the top four. Senior Devan Shumway was third, 16:43.31; and sophomore Leif Everson was fourth, 16:46.13. It marked the second time this season the pair were 3-4 in a meet (Jamestown 'Orr'ignals, Aug. 23).

Sophomore Keaton Mack also had a strong effort, placing 29th, 17:50.99. Rounding out the team's top five runners were: Matt Cohoe, 46th, 18:16.92; and Ben Olson, 61st, 18:39.04. Williston will next run at the WDA Championships on Saturday, Oct. 11. The team was fourth last year. The top returning runner from that race is L. Everson, who was 14th.

D. Shumway and L. Everson are both ranked in the latest coaches' poll.

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2014 WDA Cross Country Championships

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Oct. 11, McDowell Dam Recreation Area, 5 miles east of Bismarck

**Bismarck High
Mandan**

**Century
Minot**

**Dickinson
TMCHS (Belcourt)**

**Jamestown
Williston**

**Girls Race: 1 p.m. CT
Boys Race: 1:30 p.m. CT**





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Boys Cross Country (Sept. 28-Oct. 4)

Starting Line

WDA teams this weekend will get the chance to run the course that will host this year's Class A state championships. Minot's Souris Valley Golf Course is the site of the state meet and a Pre-State Invite will be held on Saturday, Oct. 4 at 11 a.m.

Rewind

BHS: 1st at Mustang Invite, 5th at Roy Griak Invite; Century: 23rd at Roy Griak Invite; Dickinson: 3rd at Elks Invite; Jamestown: 6th at John Hermes Invite; Legacy: 2nd at Beulah-Hazen Invite; Mandan: 4th at Elks Invite; Minot: Idle; TMCHS: Idle; Williston: Idle.

Cool Down

Race times have been set for the WDA Championships on Oct. 11 at McDowell Dam Recreation Area east of Bismarck (Girls, 1 p.m.; Boys, 1:30 p.m.)...BHS junior Sam Clausnitzer finished fourth out of 496 runners at the Roy Griak Invite in St. Paul last week...Seven WDA runners remained ranked in the latest coaches' poll

Poll Position

Team poll: 1. BHS; 2. Century; 3. Fargo Davies; 4. G.F. Red River; 5. Minot
Individual poll: Sam Clausnitzer, BHS; 2. Jackson Binstock, Dickinson; 3. Leif Larsen, G.F. Central; 4. Hunter Lucas, F. Davies; 5. Nils Aardahl, BHS; 6. Tom Clausnitzer, BHS; 7. Matt Bakken, BHS; 8. Devan Shumway, Williston; 9. Evan Kottick, F. Davies; 10. Jaden Wahlund, Minot

Team of the week: Dickinson

The Midgents put together a solid effort at the Rapid City, S.D. Elks Invite on Sept. 26, finishing third. Jackson Binstock led the way, taking third.

Team Notes

Bismarck High

The Demons finished an impressive fifth out of 30 teams at the Roy Griak Invite in St. Paul, MN on Sept. 27. The annual event attracts some of the top programs in the upper Midwest and beyond. Junior Sam Clausnitzer was fourth overall, completing the 5,000 meters in 16:01. Tom Clausnitzer also finished in the top 50, placing 35th, 17:12. Rounding out BHS' top five finishers were: Nils Aardahl, 52nd, 17:24.; Matt Bakken, 53rd, 17:25; Stuart Wolf, 57th, 17:27. BHS also sent runners to compete in the Mustang Invite in Mounds View, MN on Sept. 26. A squad of underclassmen won the meet for the Demons. Dylan Rohrich was the overall winner in a time of 18:13. Trevan Long Feather was runner-up, 18:24.3; Russell Swagger, 3rd, 18:29.5; Ian Schafer, 4th, 18:31.1; and Steve Gotta, 6th, 18:36.0. Four BHS runners are ranked in the top 10 in the latest coaches' poll. S. Clausnitzer remains No. 1; N. Aardahl, fifth; T. Clausnitzer, sixth; Matt Bakken, seventh.

Century

The Patriots placed 23rd at the Roy Griak Invite in St. Paul, MN on Sept. 27. Ryan Fetch paced Century in the varsity division, placing 62nd in a time of 17:30. Rounding out the five finishers were: Mason Stenehjelm, 137th, 18:13; Michael Feeney, 147th, 18:18; Andrew Kohler, 174th, 18:29; and Joseph Wolfe, 178th, 18:36

This week's meets

Saturday, Oct. 4
Pre-State Invite, 11 a.m. CT

Last week's meets

Sept. 25
John Hermes invite, Fergus Falls, MN

Team total (5,000 meters)
1. Alexandria, MN, 41; 2. Sartell-St. Stephen, MN, 84; 3. Little Falls, MN, 100; 4. West Central Area, MN, 122; 5. Detroit Lakes, MN, 129; 6. Jamestown, 153; 7. Ottertail Central, MN, 187; 8. Pelican Rapids, MN, 188; 9. West Fargo Shenyenne, 203; 10. Fargo South, 300; 11. Frazee, MN, 305; 12. Park Rapids, MN, 307; 13. Fergus Falls, MN, 336; 14. Wahpeton, 397.

Individual champion: Aaron Runge, Alexandria, MN, 16:40.8

WDA team results (Top 5)

Jamestown

7. Kyle Schumacher, 17:28; 22. Leo Fremgen, 18:07; 29. Colt Rasmussen, 18:20. 45. Justus Naumann, 19:06. 50. Luke Bowman, 19:14. 59. Cole Burkle, J, 19:50. 65. Cody Lutman, 20:12.

Sept. 26

Rapid City Elks Invite, Rapid City, S.D.

Team totals (5,000 meters)

1. Rapid City, SD Stevens, 35; 2. Laramie, WY, 36; 3. Dickinson, 106; 4. Mandan, 150; 5. Todd County, 168; 6. St. Thomas More, 184; 7. Greeley West, 187; 8. Newcastle, WY, 195; 9. Red Cloud, 203; Chadron Public School, 230.

2014 Schedule/Results

Individual champion: Chris Henry, Laramie, WY, 16:40.8

WDA team results (Top 5 runners)

Dickinson

3. Jackson Binstock, 16:58.7; 34. Collin Schock, 19:29.7; 43. Wyatt Kainz, 20:11.2; 44. Dakotah Mansfield, 20:14.5; 51. Kyle Wegner, 20:34.3
Mandan
17. Bryce Andresen, 18:07.5; 40. Luke Peterson 19:50; 52. Landon Kleingartner, 20:34.8; 55. Trajon Vigen, 20:43.7; 63. Eric Spilman, 21:07.9

Sept. 26

Mustang Invite, Mounds View, MN

Team totals (5,000 meters)

1. Bismarck High, 16; 2. Sillwater, MN, 42; 3. Rock Bridge, 93; 4. Forest Lake, MN, 138; 5. Fargo Davies, 153; 6. St. Paul, MN Central High, 170; 7. Mounds View, MN, 183; 8. Math and Science Acad., 247; 9. Roseville, MN, 255; 10. Elk River, MN, 299; 11. Cretin-Derham Hall, MN, 359; 12. Coon Rapids, MN, 386; 13. Spring Lake Park, MN, 414.

Individual champion: Dylan Rohrich, Bismarck High, 18:13

WDA team results (Top 5 runners)

1. Dylan Rohrich, 18:13.0; 2. Trevan Long Feather, 18:24.3; 3. Russell Swagger, 18:29.5; 4. Ian Schafer, 18:31.1; 6. Steve Gotta, 18:36.0

Sept. 27

Roy Griak Invite, St. Paul, MN

17th in a time of 19:10.10. Carter Scott rounded out the team's top five finishers with a 23rd place finish in 20:06.43.

Mandan

The Braves placed fourth at the Elks Invite in Rapid City, S.D. on Sept. 26. Senior Bryce Andresen paced the team with a 17th place finish. He completed the 5,000 meters in 18:07.5. Rounding out the top; runners for Mandan were: Luke Peterson, 40th, 19:40; Landon Kleingartner, 52nd, 20:34.8; Trajon Vigen, 20:53.7; Eric Spilman, 63rd, 21:07.9.

Minot

The Magicians were idle last week and will host the Pre-State Invite on Saturday, Oct. 4 at Souris Valley Golf Course. Jaden Wahlund is ranked 10th in this week's coaches' poll.

TMCHS (Belcourt)

The Braves were idle last week and will compete at the Pre-State Invite on Saturday, Oct. 4 in Minot.

Williston

The Coyotes were idle last week and will compete at the Pre-State Invite on Saturday, Oct. 4 in Minot. Devan Shumway is ranked eighth in this week's coaches' poll.

Team totals (5,000 meters)

Top 5 and WDA results

1. Wayzata, MN, 80; 2. Sioux Falls, SD Lincoln, 149; 3. Saugus, CA, 158; 4. Mountain View, 172; 5. Bismarck, 201; 23. Century, 698

Individual champion: Olin Hacker, Madison, WI, West, 15:37.76

WDA team results (Top 5 runners)

Bismarck High

5. Sam Clausnitzer, 16:01; 35. Tom Clausnitzer, 17:12; 52. Nils Aardahl, 17:24; 53. Matt Bakken, 17:25; 57. Stuart Wolf, 17:27

Century

62. Ryan Fetch, 17:30; 137. Mason Stenehjelm, 18:13; Michael Feeney, 18:18; Andrew Kohler, 18:29; 178. Joseph Wolfe, 18:36

Sept. 27

Beulah-Hazen Invite

Team total (5,000 meters)

1. New Town, 24; 2. Legacy, 65; 3. Beulah-Hazen, 113; 4. Bowman, 119; 5. Southern McLean, 139.

Individual champion: Ryan Wheeling, NT, 16:43.77

WDA team results (Top 5 runners)

Legacy

2. Beau Brannan, 17:46.14; 11. Braden Gilbertson, 18:40.48; 12. Thomas Tieszen, 18:41.48; 17. Jack Markle, 19:10.10; 23. Carter Scott, 20:06.43.



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Boys Cross Country (Sept. 21-27)

Starting Line

WDA teams will be scattered about the region this weekend with meets in three different states. Jamestown will be in Fergus Falls, MN for the Hermes Invite on Thursday, Sept. 25. On Friday, Sept. 26, Dickinson, Legacy and Mandan will compete at the Elks Invite in Rapid City, S.D. On Saturday, Sept. 27, BHS and Century will run at the Roy Griak Invite in St. Paul, MN. TMCHS (Belcourt) will compete at the Four Winds Meet in Ft. Totten.

Rewind

BHS: 1st at Anderson/Stavn Invite; Century: 3rd at Anderson/Stavn Invite; Dickinson: 4th at Anderson/Stavn Invite; Jamestown: 7th at Anderson/Stavn Invite; Legacy: DNP at Anderson/Stavn Invite; Mandan: 4th at Anderson/Stavn Invite; Minot: 16th at Milaca, MN Mega Meet; TMCHS: DNP at Anderson/Stavn Invite; Williston: DNP at Anderson/Stavn Invite

Cool Down

The 5,000 meter course at the Anderson/Stavn Invite will also be used for the WDA Championships...Seven WDA runners are currently ranked in the latest coaches poll...Bismarck High has now won 73 consecutive meets in the state.

Poll Position

Team poll: 1. BHS; 2. Century; 3. Fargo Davies; 4. G.F. Red River; 5. Minot
Individual poll: Sam Clausnitzer, BHS; 2. Jackson Binstock, Dickinson; 3. Leif Larsen, G.F. Central; 4. Matt Bakken, BHS; 5. Hunter Lucas, Fargo Davies; 7. Devan Shumway, Williston; 8. Mason Stenehem, Century; 9. Evan Kottick, Fargo Davies; 10. Jaden Wahlund, Minot

Team of the week: Bismarck High

The Demons continued to their dominance, cruising to the team title at the Anderson/Stavn Invite on Sept. 20. The squad's top five runners finished 12th or better led by junior Sam Clausnitzer, who was overall champion, 15:43.47.

Team Notes

Bismarck High
The Demons rolled to their 73rd consecutive team title last week. BHS won the Anderson/Stavn Invite on Sept. 20 at the McDowell Dam Recreation Area east of Bismarck. Junior Sam Clausnitzer won the individual title, completing the 5,000 meters in 15:43.47. Four other runners finished in the top 20. Matt Bakken was fourth, 16:32.50; Nils Aardahl, fifth; 16:33.97; Sam Markle, 11th, 16:53.22; and Stuart Wolf, 12th, 16:56.38. The Demons will likely see its toughest competition of the regular season this weekend at the Roy Griak Invite in St. Paul, MN. The meet attracts many top high school programs in the upper Midwest. BHS placed third last season. S. Clausnitzer is the top returning BHS finisher, placing 23rd in the varsity division. Two runners are currently ranked in the top 10 in the latest coaches poll. S. Clausnitzer again is No. 1 while M. Bakken is ranked fourth.

Century

The Patriots were third at the Anderson/Stavn Invite last week, finishing with 94 points. Three runners placed in the top 20 led by Mason Stenehem's

This week's meets

Thursday, Sept. 25
Fergus Falls, MN Meet, 4 p.m. CT
Friday, Sept. 26
Rapid City Elks Invite, 4 p.m. CT
Mustang Invite, Mounds View, MN, 4 p.m. CT
Saturday, Sept. 27
Four Winds Meet, 10 a.m. CT
Roy Griak Invite, St. Paul, MN, 1 p.m., CT

Last week's meets

Sept. 20
Anderson/Stavn Invite, McDowell Dam Recreation Area, east of Bismarck
Team totals (5,000 meters)
1. Bismarck High, 33; 2. New Town, 90; 3. Century, 94; 4. Dickinson, 165; 5. Williston, 190; 6. Jamestown, 254; 7. Mandan, 257; 8. Medina, 295; 9. Bowman Co., 321; 10. Watford City, 348
Individual champion: Sam Clausnitzer, BHS, 15:43.47
Top 10
1. Sam Clausnitzer, BHS, 15:43.47; 2. Jackson Binstock, Dick., 16:04.24; 3. Elliott Stone, Shi. Chris., 16:24.64; 4. Matt Bakken, BHS, 16:32.50; 5. Nils Aardahl, BHS, 16:33.97; 6. Jalen Chase, NT, 16:36.78; 7. Ryan Wheeling, NT, 16:37.14; 8. Devan Shumway, Will., 16:40.77; 9. Mason Stenehem, Cent., 16:42.71; 10. Nick Thomas, Med., 16:49.73

ninth place effort. He completed the 5,000 meters in a time of 16:42.71. Andrew Kohler was 15th, 17:07.90; and Ryan Fetch was 18th, 17:16.26. Rounding out the top five runners were: Brennan Tyler, 24th, 17:26.68; and Evan Markel, 28th, 17:38.56. Century will run in the Roy Griak Invite in St. Paul on Saturday, Sept. 27. M. Stenehem is now ranked in the latest coaches poll, holding down the No. 8 spot.

Dickinson

The Midgits placed fourth at the Anderson/Stavn Invite on Sept. 20. Senior Jackson Binstock led for period of time in the race, but had to settle for runner-up status. He finished the 5,000 meters in 16:04.24. Collin Schock was next, placing 25th in a time of 17:32.06. Rounding out the Midgits top runners were: Wyatt Kainz, 40th, 18:13.06; James Smith, 47th, 18:20.82; and Dakotah Mansfield, 51st, 18:28.89. Dickinson will run at the Elks Invite in Rapid City, S.D. on Friday, Sept. 26. The Midgits placed third a year ago there and J. Binstock finished third overall. J. Binstock also continues to hold the No. 2 spot in this week's coaches poll.

Jamestown

The Blue Jays finished sixth at the Anderson/Stavn Invite on Sept. 20. Junior Kyle Schumacher led the squad, placing 21st. He completed the 5,000 meters in 17:22.71. Rounding out the top five finishers were: Leo Fremgen, 49th, 18:24.25; Cole Burkle, 58th, 18:41.21; Justus Naumann, 60th, 18:44.54; and Cody Lutman, 66th, 19:03.30. Jamestown will next compete on Thursday, Sept. 25 in Fergus Falls,

2014 Schedule/Results

WDA team results (Top 5 runners)

Bismarck High
1. Sam Clausnitzer, 15:43.47; 4. Matt Bakken, 16:32.50; 5. Nils Aardahl, 16:33.97; 11. Sam Markle, 16:53.22; 12. Stuart Wolf, 16:56.38
Century
9. Mason Stenehem, 16:42.71; 15. Andrew Kohler, 17:07.90; 18. Ryan Fetch, 17:16.26; 24. Brennan Tyler, 17:26.68; 28. Evan Markel, 17:38.56
Dickinson
2. Jackson Binstock, 16:04.24; 25. Collin Schock, 17:32.06; 40. Wyatt Kainz, 18:13.06; 47. James Smith, 18:20.82; 51. Dakotah Mansfield, 18:28.89
Mandan
19. Bryce Andresen, 17:17.59; 42. Landon Kleingartner, 18:16.68; 59. Luke Peterson, 18:42.14; 64. Ryan Zachmeier, 18:53.30; 73. Trajon Viegen, 19:20.35
Williston
8. Devan Shumway, 16:40.77; 14. Leif Everson, 17:04.83; 38. Keaton Mack, 18:09.53; 63. Logan Jorgenson, 18:50.54; 67. Matt Cohoe, 19:06.44
Jamestown
21. Kyle Schumacher, 17:22.71; 49. Leo Fremgen, 18:24.25; 58. Cole Burkle, 18:41.21; 60. Justus Naumann, 18:44.54; 66. Cody Lutman, 19:03.30
Legacy
16. Beau Brannon, 17:09.91; 48. Thomas Tieszen, 18:23.35; (JV) 4. Jack Markle, 17:59.88; (JV) 5.

Braden Gilbertson, 18:05.09; (JV) 16. Taylor Toso, 19:25.82

TMCHS (Belcourt)

JV. 13. Jacob Jensen, 19:06.36; JV 27. Riley Larocque, 20:40.21

Sept. 20

Milaca, MN Mega Meet

Team totals (5,000 meters) Top 5 and WDA results

1. White Bear Lake, MN, 154; 2. Robbinsdale Armstrong, MN, 178; 3. Bemidji, MN, 181; 4. Elk River, MN, 183; 5. Duluth East, MN, 191; 13. Minot, 322

Individual champion: Kevin Dado, Totino-Grace, MN, 16:09

WDA team results (Top 5 runners)

Minot

16. Jaden Wahlund, 16:54; 52. Christopher Stock, 17:37; 80. Austin Keller, 18:06; 81. Keston Van Dusen, 18:07; 93. Thor Nelson, 18:20; 125. Jace Johnson, 18:43; 148. Harrison Foltz, 19:11

MN at the Hermes Invite. Jamestown was sixth last year. K. Schumacher was 20th.

Legacy

Two Sabers runners competed in the varsity division at the Anderson/Stavn Invite on Sept. 20. Beau Brannon was 16th, completing the 5,000 meters in 17:09.91. Thomas Tieszen was 48th in a time of 18:23.35. The next three top runners for the Sabers competed in the JV division. Jack Markle was fourth, 17:59.88; Braden Gilbertson, fifth, 18:05.09; and Taylor Toso, 16th, 19:25.82. The Sabers will compete at the Elks Invite in Rapid City, S.D. on Friday, Sept. 26. J. Wahlund returns to the individual coaches poll, holding the No. 10 spot.

Mandan

The Braves finished seventh at the Anderson/Stavn Invite on Sept. 20. Senior Bryce Andresen completed the 5,000 meters in 19th position and in a time of 17:17.59. Rounding the Braves' top five finishers were: Landon Kleingartner, 48th, 18:16.68; Luke Peterson, 59th, 18:42.14; Ryan Zachmeier, 64th, 18:53.30; and Trajon Viegen, 73rd, 19:20.35. The Braves will compete next at the Elks Invite in Rapid City, S.D. on Friday, Sept. 26. Mandan placed sixth a year ago. Bryce Andresen was the top returning finisher from that day, placing 43rd.

Minot

The Magicians finished 13th out of 25 teams at the Milaca Mega Meet in Minnesota on Sept. 20. Jaden Wahlund was the top finisher for Minot, placing 16th in a time of 16:54.52. Christopher

Stock was next, finishing 52nd in a time of 17:37. Rounding out the top five runners were: Austin Keller, 80th, 18:06; Keston Van Dusen, 81st, 18:07; and Thor Nelson, 93rd, 18:20. The Magicians are idle until hosting the Pre-State Invite on Oct. 4.

TMCHS (Belcourt)

The Braves had a couple of runners compete in the varsity division of the Anderson/Stavn Invite on Sept. 20. Jacob Jensen placed 13th in the JV division. He completed the 5,000 meters in 19:06.36. Riley Larocque placed 27th in a time of 20:40.21. TMCHS is scheduled to run next at the Four Winds Meet in Ft. Totten on Saturday, Sept. 27. The Braves were eighth a year ago.

Williston

The Coyotes placed a solid fifth place at the Anderson/Stavn Invite on Sept. 20. Two Williston placed in the top 10 led by Devan Shumway who ran the 5,000 meter course in a time of 16:40.77. Leif Everson was 14th in a time of 17:04.83. Rounding out the top five finishers were: Keaton Mack, 38th 18:09.53; Logan Jorgenson, 63rd, 18:50.54; and Matt Cohoe, 67th, 19:06.44. Williston is idle until returning to action at the Pre-State Invite on Oct. 4 in Minot. D. Shumway is currently ranked seventh in this week's coaches poll.



Western Dakota Association
905 8th Ave. NW Mandan High School
Mandan, N.D. 58554

Contact: Matt Mullally,
WDA sports information director
701-776-5836
wdasports@wdasports.org

★★★★★ **Bismarck High Century Dickinson Jamestown Legacy Mandan Minot St. Mary's TMCHS Williston** ★★★★★

Boys Cross Country (Sept. 14-20)

Starting Line

All nine teams will gather at McDowell Dam Recreation Area east of Bismarck on Saturday, Sept. 20 for the 3rd annual Anderson/Stavn Invite. The meet begins at 1 p.m. and the boys and girls course layout will also be used for next month's WDA Championships, Saturday, Oct. 11.

Rewind

BHS: 1st at Kiwanis Classic; Century: 1st at Andrew Nelson Memorial Classic, 5th at Kiwanis; Dickinson: 4th at Mandan Kiwanis Classic; Jamestown: 1st at Lisbon Dead Colt Meet; Legacy: 3rd (JV) at Kiwanis Classic; Mandan: 8th at Kiwanis Classic; Minot: 3rd at Kiwanis Classic; TMCHS: DNP (JV) at Kiwanis Classic; Williston: 6th at Kiwanis Classic

Cool Down

BHS has now won 72 consecutive meets in N.D., dating back to 2005...The Anderson/Stavn Invite was not held last year...Century won the Andrew Nelson Memorial Classic in Fargo on Sept. 11...Jamestown won the Lisbon Dead Colt Meet on Sept. 13...BHS Sam Clausnitzer has won his first three races...Five WDA runners are currently ranked in the top 10 poll.

Poll Position

No change at the top of the Class A poll. Bismarck High remains No. 1.
Team poll: 1. BHS; 2. Century; 3. Fargo Davies; 4. G.F. Red River; 5. Minot
Individual poll: Sam Clausnitzer, BHS; 2. Jackson Binstock, Dickinson; 3. Leif Larsen, G.F. Central; 4. Nils Aardahl, BHS; 5. Hunter Lucas, F. Davies; 6. Evan Kottick, F. Davies; 7. Tom Clausnitzer, BHS; 8. Jacob Henne, F. Davies; 9. Ty Boucher, G.F. Red River; 10. Devan Shumway, Williston.

Team of the week: Century

The Patriots competed in two meets last week, winning the Andrew Nelson Memorial Classic in Fargo on Sept. 11. and then taking fifth at the Mandan Kiwanis Classic on Sept. 13.

Team Notes

Bismarck High

The Demons continued to show its talent and depth, taking the team title at the Mandan Kiwanis Classic on Sept. 13. The team's top five runners finished in the top 10. Sam Clausnitzer won another race, completing the 5,000 meters in a time of 15:39.07. Nils Aardahl was fifth in a time of 16:34.02. Tom Clausnitzer, sixth, 16:36.34; Matt Bakken, ninth, 16:53.60; and Stuart Wolf, 10th, 16:56.42 rounded out the top five. Two other runners, Sam Markle and Tayler Wescom, finished in the top 20. BHS had a team score of 31. BHS will next compete at the Anderson/Stavn Invite on Sept. 20. BHS is the defending champion. S. Clausnitzer is the Demons' top returning finisher from the last time the meet was held, 2012. He finished 13th in a time of 16:56.03. Three Demon runners are currently ranked in the individual coaches' poll. S. Clausnitzer, 1st; Nils Aardahl, 4th; Tom Clausnitzer, 7th.

Century

The Patriots competed in two meets last week, winning the Andrew Nelson Memorial Classic in Fargo on Sept. 11 and then placing fifth at the Mandan Kiwanis Classic. At the Nelson Classic, Ryan Fetch finished seventh in a time of 16:39. Alexander Lutz was 10th, 16:54; Joseph Wolfe, 11th, 16:56; Jamison Dietrich, 12th; and Brennan Tyler, 13th, 16:58. At Kiwanis Classic, Joseph Felton posted a team-best 27th place finish. He completed the course in 17:49.64. Rounding out the top five finishers: 29. Kyland Ziegler, 17:58.71; 30. Kalen Two Crow, 18:01.45; 35. Tory Bergan, 18:11.39; and 36. Loren Sether, 18:13.29. The Patriots will next compete at the Bismarck Anderson/Stavn Invite on Sept. 20. Century placed third the last time the event was

This week's meets

Saturday, Sept. 20

Bismarck Anderson/Stavn Invite, 1 p.m. McDowell Dam Recreation Area, east of Bismarck

Last week's meets

Sept. 11

Andrew Nelson Memorial Classic, Fargo

Team totals (5,000 meters)

1. Century, 52; 2. Fargo Davies, 55; 3. G.F. Red River, 90; 4. Fargo North, 134; 5. West Fargo, 135; 6. G.F. Central, 143; 7. West Fargo Sheyenne, 179; 8. Fargo Shanley-Oak Grove, 201; 9. Fargo South, 281; 10. Northern Cass, 314; 11. Valley City, 315
Individual champion: Leif Larsen, GF Central, 15:58

Top 10

1. Leif Larsen, GFC, 15:58; 2. Hunter Lucas, F. Davies, 16:11; 3. Evan Kottick, F. Davies, 16:17; 4. Ty Boucher, GFR, 16:29; 5. Jacob Henne, F. Davies, 16:30; 7. Ryan Fetch, Cent., 16:39; 8. David Hettich, GFC, 16:41; 9. Mason Stenehjem, Cent., 16:52; 10. Alexander Luz, F. North, 16:54
WDA Team results (Top 5)
Century
7. Ryan Fetch, 16:39; 9. Mason Stenehjem, 16:52; 11. Joseph Wolfe, 16:56; 12. Jamison Dietrich, 16:56; 13. Brennan Tyler, 16:58

Sept. 13

Mandan Kiwanis Classic

Team totals (5,000 meters)

1. Bismarck High, 31; 2. New Town, 103; 3. Minot, 138; 4. Dickinson, 155; 5. Century, 157; 6. Williston, 170; 8. Dawson Co., MT, 228; 8. Mandan, 264; 9. Medina, 283; 10. Bowman Co., 300; 11. Beulah-Hazen, 337; 12. Southern McLean, 390

held, 2012. R. Fetch is the top returning Patriot runner from that race. He finished ninth in a time of 16:41.03.

Dickinson

The Midgets finished fourth at the Mandan Kiwanis Classic on Sept. 13. Senior Jackson Binstock placed third, completing the 5,000 meters in a time of 16:04.62. Collin Schock also placed in the top 20, taking 17th in 17:07.30. Rounding out the top five runners: 42. Wyatt Kainz, 18:18.71; 49. Ian George, 18:25.40; and 64. Kyle Wegner, 19:03.93. The Midgets will next compete at the Bismarck Anderson/Stavn Invite on Sept. 20. J. Binstock placed third the last time the event was held in 2012. He completed the course in 16:04.45. Binstock continues to be ranked in the latest coaches' poll. He is second.

Jamestown

The Blue Jays won the team title at the Lisbon Dead Colt Meet on Sept. 13. Jamestown posted a team score of 23 and had five runners finish in the top 10. Junior Kyle Schumacher won the event, finishing the 5,000 meter course in 17:21. Freshman Leo Fremgen was second in time of 18:11. Justus Naumann was fifth, 18:52; Cole Burkle, sixth, 19:02; and Luke Bowman, ninth, 19:18. The Blue Jays will next compete at the Bismarck Anderson/Stavn Invite on Sept. 20. Jamestown finished sixth the last time the event was held, 2012. K. Schumacher paced the Blue Jays that day, finishing 25th in a time of 17:25.47.

Legacy

The Sabers' top two runners compete in the varsity division and Beau Brannan was 15th overall. He completed the 5,000 meters in 17:03.70. Thomas

2014 Schedule/Results

Individual champion: Sam Clausnitzer, BHS, 15:39.07

Top 10

1. Sam Clausnitzer, BHS, 15:39.07; 2. Ryan Wheeling, NT, 15:53.55; 3. Jackson Binstock, Dick., 16:04.62; 4. Elliott Stone, Shi. Chris., 16:27.02; 5. Nils Aardahl, BHS, 16:34.02; 6. Tom Clausnitzer, BHS, 16:36.34; 7. Devan Shumway, Will., 16:43.92; 8. Jaden Wahlund, Min., 16:48.30; 9. Matt Bakken, BHS, 16:53.60; 10. Stuart Wolf, BHS, 16:56.42.

WDA team results (Top 5 runners)

Bismarck High

1. Sam Clausnitzer, BHS, 15:39.07; 5. Nils Aardahl, BHS, 16:34.02; 6. Tom Clausnitzer, BHS, 16:36.34; 9. Matt Bakken, BHS, 16:53.60; 10. Stuart Wolf, BHS, 16:56.42.

Minot

8. Jaden Wahlund, 16:48.30; 19. Christopher Stock, 17:19.71; 32. Tyler Kruthof, 18:04.20; 45. Thor Nelson, 18:21.57; 47. Keston Van Dusen, 18:23.74

Dickinson

3. Jackson Binstock, 16:04.62; 17. Collin Shock, 17:07.30; 42. Wyatt Kainz, 18:18.71; 49. Ian George, 18:25.40; 64. Kyle Wegner, 19:03.93

Century

27. Joseph Felton, 17:49.64; 29. Kyland Ziegler, 17:58.71; 30. Kalen Two Crow, 18:01.45; 35. Tory Bergan, 18:11.39; 36. Loren Sether, 18:13.29

Williston

7. Devan Shumway, 16:43.92; 13. Leif Everson, 16:58.83; 37. Keaton Mack, 18:15.84; 54. Matt Cohoe, 18:37.10; 59. Logan Jorgenson, 18:49.57

Mandan

18. Bryce Andresen, 17:15.10; 48. Luke Peterson, 18:24.43; 58. Ryan Zachmeier, 18:47.59; 67. Lan-

don Kleingartner, 19:14.67; 73. Trajon Viegen, 19:23.24

Legacy

15. Beau Brannan, 17:03.70; 25. Thomas Tieszen, 17:37.51; (JV) 3. Jack Markle, 18:12.79; (JV) 9. Braden Gilbertson, 18:33.41; (JV) 20. Carter Scott, 19:31.88.

TMCHS (Belcourt)

(JV) 11. Jacob Jensen, 18:40.36; 35. Riley Larocque, 20:24.67; 81. Seth Laducer 22:35.06;

Sept. 13

Lisbon Dead Colt Meet

Team totals (5,000 meters)

1. Jamestown, 23; 2. Lisbon, 88; 3. Griggs Co. Central, 107; 4. Central Cass, 121; 5. Northern Cass, 140; 7. Sargent Central-L, 150; 7. Mayville-P-C-G, 155; 8. Richland, 211.

Individual champion: Kyle Schumacher, Jam., 17:21.

Top 10

1. Kyle Schumacher, Jam., 17:21; 2. Leo Fremgen, Jam., 18:11; 3. James Hollister, NC, 18:35; 4. Taylor Goettie, Lisbon, 18:51; 5. Justus Naumann, Jam., 18:52; 6. Cole Burkle, Jam., 19:02; 7. Alex Henton, GCC, 19:05; 8. Tristan Nelson, MPCC, 19:17; 9. Luke Bowman, Jam., 19:18; 10. Thomas Merher, SCL, 19:20

WDA team results (Top 5 runners)

Jamestown

1. Kyle Schumacher, Jam., 17:21; 2. Leo Fremgen, Jam., 18:11; 3. Justus Naumann, Jam., 18:52; 6. Cole Burkle, Jam., 19:02; 9. Luke Bowman, Jam., 19:18.

Tieszen was 25th in a time of 17:37.71. The other members competed in the JV division. The top runner in that meet was Jack Markle, placing 3rd. He finished the 5K in 18:12.79. Braden Gilbertson, ninth, 18:33.41; and Carter Scott, 20th, 19:31.88; rounded Legacy's top five runners. The Sabers will next compete at the Bismarck Anderson/Stavn Invite on Sept. 20.

Mandan

The Braves placed eighth at their home meet, the Kiwanis Classic, on Sept. 13. Senior Bryce Andresen finished 18th in a time of 17:15.10. Luke Peterson was next, finishing 48th in a time of 18:24.43. Rounding out the top five runners: 58. Ryan Zachmeier, 18:47.59; 67. Landon Kleingartner, 19:14.67; and 73. Trajon Viegen, 19:23.24. The Braves will next compete at the Bismarck Anderson/Stavn Invite on Sept. 20. Mandan placed fourth the last time the event was held, 2012. B. Andresen is the top returner from that meet, finishing 33rd in a time of 17:36.68.

Minot

The Magicians were third at the Mandan Kiwanis Classic on Sept. 13. Two runners were in the top 20 led by Jaden Wahlund, who placed eighth in a time of 16:48.30. Christopher Stock was 19th in time of 17:19.71. Rounding out the top five runners: 32. Tyler Kruthof, 18:04.20; 45. Thor Nelson, 18:21.57; 47. Keston Van Dusen, 18:23.74. The Magi will next compete at the Bismarck Anderson/Stavn Invite on Sept. 20.

TMCHS (Belcourt)

The Braves had three runners compete in the JV division of the Mandan Kiwanis Classic on Sept. 13. Jacob Jensen was 11th. He completed the 5,000

meter course in 18:40.36. Riley Larocque was 35th in a time of 20:24.67. Seth Laducer was 81st in a time of 22:35.06. TMCHS is scheduled to run in the Anderson/Stavn Invite on Sept. 20. The Braves placed seventh in the JV division the last time the race was held, 2012.

Williston

The Coyotes finished sixth at the Mandan Kiwanis Classic on Sept. 13. Two Williston runners finished in the top 20. Devan Shumway was seventh overall in a time of 16:43.92. Leif Everson was 13th in a time of 16:58.83. The squad's other three top runners were: 37. Keaton Mack, 18:15.84; 54. Matt Cohoe, 18:37.10; and 59. Logan Jorgenson, 18:49.57. Williston will next compete at the Anderson/Stavn Invite on Sept. 20. The squad finished second the last time the event was held, 2012. D. Shumway is the Coyotes' top returning runner from that race. He was 15th in a time of 17:04.94. D. Shumway is currently ranked 10th in this week's coaches' poll.



Western Dakota Association
905 8th Ave. NW Mandan High School
Mandan, N.D. 58554

Contact: Matt Mullally,
WDA sports information director
701-776-5836
wdasports@wdasports.org



Bismarck High Century Dickinson Jamestown Legacy Mandan Minot St. Mary's TMCHS Williston



Boys Cross Country (Sept. 7-13)

Starting Line

Nine WDA teams will compete at the Mandan Kiwanis Classic on Saturday, Sept. 13. The course, initially, was going to host this year's WDA Championships. Jamestown will compete in the Lisbon Invite.

Rewind

BHS: 1st at Becki Wells Invite; Century: 3rd at Becki Wells Invite; Dickinson: 5th at Becki Wells Invite; Jamestown: 6th at West Fargo Invite; Legacy: DNP at Becki Wells Invite; Mandan: 8th eighth at Becki Wells Invite; Minot: 4th at Becki Wells Invite; TMCHS: DNP at Becki Wells Invite; Williston: 6th at Becki Wells Invite

Cool Down

Five different WDA teams had a runner finish in the top at the Becki Wells Invite...Sam Clausnitzer was the fourth different BHS runner to win the Becki Wells Invite in as many years...Six WDA runners occupy positions in the top 10 coaches' rankings.

Poll Position

Bismarck High stayed at No. 1 in the latest coaches' poll. Fargo Davies is second followed by Century in third; G.F. Red River, fourth; and G.F. Central, fifth. In the individual rankings, BHS junior Sam Clausnitzer continues to hold down the top spot. Here are the rest of the rankings: 2. Jackson Binstock, Dickinson; 3. Leif Larsen, G.F. Central; 4. Evan Kottstick, Davies; 5. Tom Clausnitzer, BHS; 6. Jacob Henne, Davies; 7. Matt Bakken, BHS; 8. Hunter Lucas, Davies; 9. Leif Everson, Williston; 10. Jaden Wahlund, Minot.

Team of the week: Bismarck High

The Demon express continues, winning the Becki Wells Invite. BHS had three runners in the top 10 and six in the top 20. Sam Clausnitzer won the individual title.

Team Notes

Bismarck High

The Demons continued its winning ways, winning the Becki Wells Invite in Dickinson on Sept. 6 with a 38 team score. Three runners were in the top 10, including Sam Clausnitzer, who won the 5,000 meter race in a time of 15:35.17. Clausnitzer is currently ranked No. 1 in the latest coaches' poll. Cousin, Tom Clausnitzer, was next for the Demons, finishing sixth in a time of 16:16.65. Matt Bakken was seventh in a time of 16:28.09. Rounding out the top five for BHS was Nils Aardahl, 11th, 16:39.32; Sam Markle, 13th, 16:48.46. BHS had six runners in the top 20. In addition to S. Clausnitzer, T. Clausnitzer and M. Bakken are also ranked in the latest coaches' poll, fifth and seventh, respectively. BHS will next compete in the Mandan Kiwanis Classic. The Demons won the team title in 2013. S. Clausnitzer is the team's top returner from the meet, finishing third. T. Clausnitzer was seventh.

Century

The Patriots finished third at the Becki Wells Invite on Sept. 6. Two runners finished in the top 20. Ryan Fetsch was 15th in a time of 16:50.65. Andrew Kohler was right behind in 16th in a time of 16:53.19. Rounding out the top five scorers: 22. Jamison Dietrich, 17:06.71; 26. Mason Stenehjelm, 17:16.16; 27. Joseph Wolfe, 17:17.82.

This week's meets

Tuesday, Sept. 9

TMCHS Invite, 3:30 p.m., Dunseith G.C.

Saturday, Sept. 13

Lisbon Invite, 11 a.m.

Mandan Kiwanis Classic, 1 p.m., Mandan Municipal G.C.

Last week's meets

Sept. 6

Becki Wells Invite (Dickinson)

Team totals (5,000 meters)

1. Bismarck High, 38; 2. New Town, 93; 3. Century, 106; 4. Minot, 159; 5. Dickinson, 160; 6. Williston, 187; 7. Dawson Co., MT, 228; 8. Mandan, 268; 9. Southern McLean Co., 374; **Individual champion:** Sam Clausnitzer, BHS, 15:35.17

Top 10

1. Sam Clausnitzer, BHS, 15:35.17; 2. Ryan Wheeling, NT, 15:42.35; 3. Jalen Chase, NT, 15:55.21; 4. Jackson Binstock, Dick., 16:06.70; 5. Elliott Stone, Shiloh Chris, 16:16.41; 6. Tom Clausnitzer, BHS, 16:16.65; 7. Matt Bakken, BHS, 16:28.09; 8. Leif Everson, Will., 16:34.58; 9. Beau Brannan, Leg., 16:37.97; 10. Jaden Wahlund, Min., 16:38.54

WDA Team results (Top 5 runners)

Bismarck High

1. Sam Clausnitzer, 15:35.17; 6. Tom Clausnitzer,

The Patriots will compete in the Mandan Kiwanis Classic. The squad was second at the meet last year. A. Kohler was the top finisher for Century that day, placing 11th.

Dickinson

The Midgets placed fifth in their home meet, the Becki Wells Invite on Sept. 6. Senior Jackson Binstock was fourth overall, finishing the 5,000 meter course in a time of 16:06.70. It was the third year in a row he finished in the top four at the meet. One other Dickinson runner cracked the top 20. Collin Schock was 19th in a time of 17:01.45. Rounding out the top five scorers: 39. Jamie Smith, 17:55.29; 44. Dakota Mansfield, 18:11.76; 54. Wyatt Kainz, 18:33.92. J. Binstock is ranked second in this week's coaches' poll. Dickinson will next run in the Mandan Kiwanis Classic. J. Binstock won the individual title and the Midgets were sixth overall.

Jamestown

The Blue Jays finished sixth at the West Fargo Invite held in neighboring Moorhead, MN on Sept. 6. The Blue Jays were the only WDA team competing. Junior Kyle Schumacher finished eighth. He completed the 5,000 meter course in 17:17. Leo Fremgen also was a top 20 finisher, taking 19th in a time of 18:06. Rounding out the top five: 35. Luke Bowman, 18:47.40. Justus Naumann, 19:05; 44. Dan Reimers, 19:59. Jamestown will next compete in the Lisbon Invite on Sept. 13.

Legacy

The Sabers competed in the Becki Wells Invite on Sept. 6. The squad had two runners compete in the varsity meet while others took part in the JV division.

2014 Schedule/Results

16:16.65; 7. Matt Bakken, 16:28.09; 11. Nils Aardahl, 16:39.32; 13. Sam Markle, 16:48.46

Century

15. Ryan Fetch, 16:50.65; 16. Andrew Kohler, 16:53.19; 22. Jamison Dietrich, 17:06.71; 26. Mason Stenehjelm, 17:16.16; 27. Joseph Wolfe, 17:17.82

Minot

10. Jaden Wahlund, 16:38.54; 18. Christopher Stock, 17:01.07; 40. Austin Keller, 18:00.83; 43. Keston Van Dusen, 18:09.32; 48. Harrison Foltz, 18:19.45.

Dickinson

4. Jackson Binstock, 16:06.70; 19. Collin Schock, 17:01.45; 39. Jamie Smith, 17:55.29; 44. Dakota Mansfield, 18:11.76; 54. Wyatt Kainz, 18:33.92.

Williston

8. Leif Everson, 16:34.58; 12. Devan Shumway, 16:46.54; 45. Keaton Mack, 18:12.37; 56. Matt Cohoe, 18:40.59; 66. Ethan Ackman, 19:03.75

Mandan

23. Bryce Andresen, 17:06.91; 55. Landon Kleingartner, 18:34.20; 47. Luke Peterson, 18:15.79; 69. Trajon Viegen, 19:16.24; 74. Ryan Zachmeier, 19:32.93.

Legacy

9. Beau Brannan, 16:37.97; 31. Thomas Tieszen, 17:32.66.

TMCHS (Belcourt)

(JV) 17. Jacob Jensen, 18:42.38; (JV) 73. Riley Laducer, 21:46.09;

Sept. 6

West Fargo Invite

Team totals (5,000 meters)

1. Fargo Davies, 35; 2. G.F. Red River, 78; 3. West Fargo, 100; 4. G.F. Central, 122; 5. Fargo North, 136; 6. Jamestown, 146; 7. West Fargo Sheyenne, 150; 8. Fargo Shanley-Oak Grove, 179; 9. Wahpeton, 305.

Individual winner: Leif Larson, G.F. Central, 16:31

Top 10

1. Leif Larson, GFC, 16:31; 2. Evan Kottstick, Dvaies, 16:31; 3. Jacob Henne, Davies, 16:42.26; 4. Hunter Lucas, Davies, 16:47; 5. David Hettich, GFC, 16:51; 6. Parker Rosenau, WF, 17:00; 7. Ty Boucher, GFR, 17:10; 8. Kyle Schumacher, Jamestown, 17:17. 9. David Dowdell, FN, 17:29; 10. Alex Skaare, Davies, 17:31.

WDA Team results (Top 5 runners)

Jamestown

8. Kyle Schumacher, 17:17; 19. Leo Fremgen, 18:06. 35. Luke Bowman, 18:47. 40. Justus Naumann, 19:05; 44. Dan Reimers, 19:59.

sion. Beau Brannan led Legacy with a ninth place performance in the varsity race. He finished the 5,000 meter course in 16:37.97. Thomas Tieszen was 31st in a time of 16:37.97. The Sabers will run in the Mandan Kiwanis Classic.

Mandan

The Braves were eighth at the Becki Wells Invite on Sept. 6. Senior Bryce Andresen again led the squad, finishing 23rd. He completed the 5,000 meter course in 17:06.91. Luke Peterson was 47th in a time of 18:15.79. Rounding out the top five scorers: 55. Landon Kleingartner, 18:34.30; 69. Trajon Viegen, 19:16.24; 74. Ryan Zachmeier, 19:32.93. The Braves will host the Mandan Kiwanis Classic on Sept. 13. Mandan finished seventh last season. Ryan Zachmeier is the top returning runner from that meet, finishing 54th.

Minot

The Magicians placed fourth at the Becki Wells Invite on Sept. 6. Two Minot runners were in the top 20 led by Jaden Wahlund's 10th place showing. He finished the 5,000 meter course in 16:38.54. Christopher Stock was 18th in a time of 17:01.07. Rounding out the top five scorers: 40. Austin Keller, 18:00.83; 43. Keston Van Dusen, 18:09.32; 48. Harrison Foltz, 18:19.45. J. Wahlund is rated 10th in this week's coaches' rankings. Minot will next run at the Mandan Kiwanis Classic. The Magi were third a season ago. J. Wahlund is the top returner from that meet, finishing 22nd.

TMCHS (Belcourt)

The Braves participated in the Becki Wells Invite on Sept. 6. Two runners competed in the JV division.

Jacob Jensen was 17th. He completed the 5,000 meter course in 18:42.38. Riley Laducer was 73rd in a time of 21:46.09. The Braves will compete in the Mandan Kiwanis Classic. TMCHS was eighth in the JV/Class B division. Eli Laducer was the top placewinner, finishing 44th.

Williston

The Coyotes placed sixth at the Becki Wells Invite in on Sept. 6. Two Williston runners finished in the top 12 in the 5,000 meter event. Leif Everson was eighth in a time of 16:34.58. Devan Shumway was 12th in a time of 16:46.54. Rounding out the top five runners: 45. Keaton Mack, 18:12.37; 56. Matt Cohoe, 18:40.59; 66. Ethan Ackman, 19:03.75. Everson is currently ranked ninth in the latest coaches' poll. Williston will next run in the Mandan Kiwanis Classic. The Coyotes were fourth at the meet in 2013. D. Shumway is the top returner from that race, placing ninth.



Western Dakota Association
905 8th Ave. NW Mandan High School
Mandan, N.D. 58554

Contact: Matt Mullally,
WDA sports information director
701-776-5836
wdasports@wdasports.org



Bismarck High Century Dickinson Jamestown Legacy Mandan Minot St. Mary's TMCHS Williston



Boys Cross Country (Sept. 7-13)

Starting Line

Nine WDA teams will compete at the Mandan Kiwanis Classic on Saturday, Sept. 13. The course, initially, was going to host this year's WDA Championships. Jamestown will compete in the Lisbon Invite.

Rewind

BHS: 1st at Becki Wells Invite; Century: 3rd at Becki Wells Invite; Dickinson: 5th at Becki Wells Invite; Jamestown: 6th at West Fargo Invite; Legacy: DNP at Becki Wells Invite; Mandan: 8th eighth at Becki Wells Invite; Minot: 4th at Becki Wells Invite; TMCHS: DNP at Becki Wells Invite; Williston: 6th at Becki Wells Invite

Cool Down

Five different WDA teams had a runner finish in the top at the Becki Wells Invite...Sam Clausnitzer was the fourth different BHS runner to win the Becki Wells Invite in as many years...Six WDA runners occupy positions in the top 10 coaches' rankings.

Poll Position

Bismarck High stayed at No. 1 in the latest coaches' poll. Fargo Davies is second followed by Century in third; G.F. Red River, fourth; and G.F. Central, fifth. In the individual rankings, BHS junior Sam Clausnitzer continues to hold down the top spot. Here are the rest of the rankings: 2. Jackson Binstock, Dickinson; 3. Leif Larsen, G.F. Central; 4. Evan Kottick, Davies; 5. Tom Clausnitzer, BHS; 6. Jacob Henne, Davies; 7. Matt Bakken, BHS; 8. Hunter Lucas, Davies; 9. Leif Everson, Williston; 10. Jaden Wahlund, Minot.

Team of the week: Bismarck High

The Demon express continues, winning the Becki Wells Invite. BHS had three runners in the top 10 and six in the top 20. Sam Clausnitzer won the individual title.

Team Notes

Bismarck High

The Demons continued its winning ways, winning the Becki Wells Invite in Dickinson on Sept. 6 with a 38 team score. Three runners were in the top 10, including Sam Clausnitzer, who won the 5,000 meter race in a time of 15:35.17. Clausnitzer is currently ranked No. 1 in the latest coaches' poll. Cousin, Tom Clausnitzer, was next for the Demons, finishing sixth in a time of 16:16.65. Matt Bakken was seventh in a time of 16:28.09. Rounding out the top five for BHS was Nils Aardahl, 11th, 16:39.32; Sam Markle, 13th, 16:48.46. BHS had six runners in the top 20. In addition to S. Clausnitzer, T. Clausnitzer and M. Bakken are also ranked in the latest coaches' poll, fifth and seventh, respectively. BHS will next compete in the Mandan Kiwanis Classic. The Demons won the team title in 2013. S. Clausnitzer is the team's top returner from the meet, finishing third. T. Clausnitzer was seventh.

Century

The Patriots finished third at the Becki Wells Invite on Sept. 6. Two runners finished in the top 20. Ryan Fetsch was 15th in a time of 16:50.65. Andrew Kohler was right behind in 16th in a time of 16:53.19. Rounding out the top five scorers: 22. Jamison Dietrich, 17:06.71; 26. Mason Stenehjelm, 17:16.16; 27. Joseph Wolfe, 17:17.82.

This week's meets

Tuesday, Sept. 9

TMCHS Invite, 3:30 p.m., Dunseith G.C.

Saturday, Sept. 13

Lisbon Invite, 11 a.m.

Mandan Kiwanis Classic, 1 p.m., Mandan Municipal G.C.

Last week's meets

Sept. 6

Becki Wells Invite (Dickinson)

Team totals (5,000 meters)

1. Bismarck High, 38; 2. New Town, 93; 3. Century, 106; 4. Minot, 159; 5. Dickinson, 160; 6. Williston, 187; 7. Dawson Co., MT, 228; 8. Mandan, 268; 9. Southern McLean Co., 374;

Individual champion: Sam Clausnitzer, BHS,

15:35.17

Top 10

1. Sam Clausnitzer, BHS, 15:35.17; 2. Ryan Wheeling, NT, 15:42.35; 3. Jalen Chase, NT, 15:55.21; 4. Jackson Binstock, Dick., 16:06.70; 5. Elliott Stone, Shiloh Chris., 16:16.41; 6. Tom Clausnitzer, BHS, 16:16.65; 7. Matt Bakken, BHS, 16:28.09; 8. Leif Everson, Will., 16:34.58; 9. Beau Brannan, Leg., 16:37.97; 10. Jaden Wahlund, Min., 16:38.54

WDA Team results (Top 5 runners)

Bismarck High

1. Sam Clausnitzer, 15:35.17; 6. Tom Clausnitzer,

2014 Schedule/Results

16:16.65; 7. Matt Bakken, 16:28.09; 11. Nils Aardahl, 16:39.32; 13. Sam Markle, 16:48.46

Century

15. Ryan Fetch, 16:50.65; 16. Andrew Kohler, 16:53.19; 22. Jamison Dietrich, 17:06.71; 26. Mason Stenehjelm, 17:16.16; 27. Joseph Wolfe, 17:17.82

Minot

10. Jaden Wahlund, 16:38.54; 18. Christopher Stock, 17:01.07; 40. Austin Keller, 18:00.83; 43. Keston Van Dusen, 18:09.32; 48. Harrison Foltz, 18:19.45.

Dickinson

4. Jackson Binstock, 16:06.70; 19. Collin Schock, 17:01.45; 39. Jamie Smith, 17:55.29; 44. Dakota Mansfield, 18:11.76; 54. Wyatt Kainz, 18:33.92.

Williston

8. Leif Everson, 16:34.58; 12. Devan Shumway, 16:46.54; 45. Keaton Mack, 18:12.37; 56. Matt Cohoe, 18:40.59; 66. Ethan Ackman, 19:03.75

Mandan

23. Bryce Andresen, 17:06.91; 55. Landon Kleingartner, 18:34.20; 47. Luke Peterson, 18:15.79; 69. Trajon Viegen, 19:16.24; 74. Ryan Zachmeier, 19:32.93.

Legacy

9. Beau Brannan, 16:37.97; 31. Thomas Tieszen, 17:32.66.

TMCHS (Belcourt)

(JV) 17. Jacob Jensen, 18:42.38; (JV) 73. Riley Laducer, 21:46.09;

Sept. 6

West Fargo Invite

Team totals (5,000 meters)

1. Fargo Davies, 35; 2. G.F. Red River, 78; 3. West Fargo, 100; 4. G.F. Central, 122; 5. Fargo North, 136; 6. Jamestown, 146; 7. West Fargo Sheyenne, 150; 8. Fargo Shanley-Oak Grove, 179; 9. Wahpeton, 305.

Individual winner: Leif Larson, G.F. Central, 16:31

Top 10

1. Leif Larson, GFC, 16:31; 2. Evan Kottick, Dvaies, 16:31; 3. Jacob Henne, Davies, 16:42.26; 4. Hunter Lucas, Davies, 16:47; 5. David Hettich, GFC, 16:51; 6. Parker Rosenau, WF, 17:00; 7. Ty Boucher, GFR, 17:10; 8. Kyle Schumacher, Jamestown, 17:17. 9. David Dowdell, FN, 17:29; 10. Alex Skaare, Davies, 17:31.

WDA Team results (Top 5 runners)

Jamestown

8. Kyle Schumacher, 17:17; 19. Leo Fremgen, 18:06. 35. Luke Bowman, 18:47. 40. Justus Naumann, 19:05; 44. Dan Reimers, 19:59.

The Patriots will compete in the Mandan Kiwanis Classic. The squad was second at the meet last year. A. Kohler was the top finisher for Century that day, placing 11th.

Dickinson

The Midgets placed fifth in their home meet, the Becki Wells Invite on Sept. 6. Senior Jackson Binstock was fourth overall, finishing the 5,000 meter course in a time of 16:06.70. It was the third year in a row he finished in the top four at the meet. One other Dickinson runner cracked the top 20. Collin Schock was 19th in a time of 17:01.45. Rounding out the top five scorers: 39. Jamie Smith, 17:55.29; 44. Dakota Mansfield, 18:11.76; 54. Wyatt Kainz, 18:33.92. J. Binstock is ranked second in this week's coaches' poll. Dickinson will next run in the Mandan Kiwanis Classic. J. Binstock won the individual title and the Midgets were sixth overall.

Jamestown

The Blue Jays finished sixth at the West Fargo Invite held in neighboring Moorhead, MN on Sept. 6. The Blue Jays were the only WDA team competing. Junior Kyle Schumacher finished eighth. He completed the 5,000 meter course in 17:17. Leo Fremgen also was a top 20 finisher, taking 19th in a time of 18:06. Rounding out the top five: 35. Luke Bowman, 18:47. 40. Justus Naumann, 19:05; 44. Dan Reimers, 19:59. Jamestown will next compete in the Lisbon Invite on Sept. 13.

Legacy

The Sabers competed in the Becki Wells Invite on Sept. 6. The squad had two runners compete in the varsity meet while others took part in the JV divi

sion. Beau Brannan led Legacy with a ninth place performance in the varsity race. He finished the 5,000 meter course in 16:37.97. Thomas Tieszen was 31st in a time of 16:37.97. The Sabers will run in the Mandan Kiwanis Classic.

Mandan

The Braves were eighth at the Becki Wells Invite on Sept. 6. Senior Bryce Andresen again led the squad, finishing 23rd. He completed the 5,000 meter course in 17:06.91. Luke Peterson was 47th in a time of 18:15.79. Rounding out the top five scorers: 55. Landon Kleingartner, 18:34.30; 69. Trajon Viegen, 19:16.24; 74. Ryan Zachmeier, 19:32.93. The Braves will host the Mandan Kiwanis Classic on Sept. 13. Mandan finished seventh last season. Ryan Zachmeier is the top returning runner from that meet, finishing 54th.

Minot

The Magicians placed fourth at the Becki Wells Invite on Sept. 6. Two Minot runners were in the top 20 led by Jaden Wahlund's 10th place showing. He finished the 5,000 meter course in 16:38.54. Christopher Stock was 18th in a time of 17:01.07. Rounding out the top five scorers: 40. Austin Keller, 18:00.83; 43. Keston Van Dusen, 18:09.32; 48. Harrison Foltz, 18:19.45. J. Wahlund is rated 10th in this week's coaches' rankings. Minot will next run at the Mandan Kiwanis Classic. The Magi were third a season ago. J. Wahlund is the top returner from that meet, finishing 22nd.

TMCHS (Belcourt)

The Braves participated in the Becki Wells Invite on Sept. 6. Two runners competed in the JV division.

Jacob Jensen was 17th. He completed the 5,000 meter course in 18:42.38. Riley Laducer was 73rd in a time of 21:46.09. The Braves will compete in the Mandan Kiwanis Classic. TMCHS was eighth in the JV/Class B division. Eli Laducer was the top placewinner, finishing 44th.

Williston

The Coyotes placed sixth at the Becki Wells Invite in on Sept. 6. Two Williston runners finished in the top 12 in the 5,000 meter event. Leif Everson was eighth in a time of 16:34.58. Devan Shumway was 12th in a time of 16:46.54. Rounding out the top five runners: 45. Keaton Mack, 18:12.37; 56. Matt Cohoe, 18:40.59; 66. Ethan Ackman, 19:03.75. Everson is currently ranked ninth in the latest coaches' poll. Williston will next run in the Mandan Kiwanis Classic. The Coyotes were fourth at the meet in 2013. D. Shumway is the top returner from that race, placing ninth.



Western Dakota Association
905 8th Ave. NW Mandan High School
Mandan, N.D. 58554

Contact: Matt Mullally,
WDA sports information director
701-776-5836
wdasports@wdasports.org

★★★★★ **Bismarck High Century Dickinson Jamestown Legacy Mandan Minot St. Mary's TMCHS Williston** ★★★★★

Boys Cross Country (Aug. 31-Sept. 6)

Starting Line

Several WDA teams will compete this week at the Becki Wells Invite on Saturday, Sept. 6 at Dickinson's Heart River Golf Course. Jamestown, meanwhile, will compete in Moorhead, MN at the West Fargo Invite. TMCHS will host its meet on Sept. 9.

Rewind

BHS won the Rusty Bucket Meet; Century was second at the Rusty Bucket Meet; Dickinson was idle; Jamestown was second at the Valley City University Invite; Legacy was third at the Rusty Bucket Meet; Mandan was fourth at the Rusty Bucket Meet; Minot was fourth at the Grand Forks Invitational; TMCHS (Belcourt) was idle; Williston was second at the Bowman Invite.

Cool Down

Bismarck High won its 11th straight Rusty Bucket Meet title...WDA teams competed in four different meets last week.

Poll Position

Bismarck High remained No. 1 in the latest coaches' poll. Century moved back in the poll in the third position. Dickinson and Minot received votes. 1. Bismarck; 2. F. Davies; 3. Century; 4. G.F. Red River; 5. G.F. Central...In the individual rankings, six WDA runners are ranked. Sam Clausnitzer, BHS, remains No. 1; Jackson Binstock, Dickinson, second; Nils Aardahl, BHS, fifth; Jaden Wahlund, Minot, sixth; Sam Markle BHS, seventh; Tom Clausnitzer, BHS, ninth.

Team of the week: Williston

The Coyotes had an impressive start to the season, finishing runner-up at the Bowman Invite on Aug. 28. Four Williston runners finished in the top 20, including two in the top five.

Team Notes

Bismarck High

The Demons won their 11th consecutive Rusty Bucket Meet title on Aug. 28. Junior Sam Clausnitzer was the individual champion. He completed the 5,000 meter course in a time of 16:24.96. BHS took the top five spots and had 11 runners place in the top 20. Nils Aardahl was runner-up in a time of 16:57.66. Sam Markle, third, 16:59.52; Matt Bakken, fourth, 17:01.72; Stu Wolf, fifth, 17:13.60. The Demons will next compete at the Becki Wells Invite. S. Clausnitzer, Nils Aardahl, Sam Markle and T. Clausnitzer are currently ranked in the top 10 coaches' poll.

Century

The Patriots opened their season with a runner-up finish at the annual Rusty Bucket Meet on Aug. 28 held at McDowell Dam Recreation Area east of Bismarck. Three runners were in the top 10 led by Ryan Fetch, who finished seventh. The senior completed the 5,000 meter course in a time of 17:18.01. Jamison Dietrich was eighth, 17:25.67; and Mason Stenehjelm was 10th, 17:37.37. Rounding out the top five finishers were: 17. Tyler Brennan, 17:54.74; and 19. Joseph Wolfe, 18:12.71 The Patriots will next compete at the Becki Wells Invite.

This week's meets

Saturday, Sept. 6

Becki Wells Invite, 10 a.m., Heart River Golf Course, Dickinson
West Fargo Invite, 10 a.m., Johnson Park in Moorhead, MN

Last week's meets

Aug. 28

Bowman Invite (Top 5)

1. New Town; 2. Williston; 3. Beulah-Hazen; 4. Watford City; 5. Bowman Co.

Individual champion: Ryan Wheeling, New Town, 16:15.97

WDA Team results (Top 5 runners) Williston

3. Devan Shumway, 17:02.20; 4. Lei Everson, 17:04.54; 17. Keaton Mack, 19:23.47; 18. Logan Jorgenson, 19:30.69; 23. Matt Cohoe, 20:05.69.

Aug. 28

Rusty Bucket Meet (Top 5)

1. Bismarck High, 15; 2. Century, 60; 3. Legacy, 130; 4. Mandan, 181

Individual champion: Sam Clausnitzer, BHS, 16:24.96

2014 Schedule/Results

WDA Team results (Top 5 runners)

Bismarck High

1. Sam Clausnitzer, 16:24.96; 2. Nils Aardahl, 16:57.66; 3. Sam Markle, 16:59.52; 4. Matt Bakken, 17:01.72; 5. Stu Wolf, 17:13.60

Century

7. Ryan Fetch, 17:18.01; 8. Jamison Dietrich, 17:25.67; 10. Mason Stenehjelm, 17:37.37; 17. Tyler Brennan, 17:54.74; 19. Joseph Wolfe, 18:12.71

Legacy

6. Beau Brannan, 17:16.22; 18. Thomas Tieszen, 17:58.48; 30. Jack Markle, 18:52.67; 35. Braden Gilbertson, 19:07.91; 41. Alex Anderson, 19:20.44.

Mandan

12. Bryce Andresen, 17:39.27; 33. Landon Kleingartner, 18:47.17; 43. Luke Peterson, 19:23.90; 45. Trajon Viegen, 19:28.47; 48. Ryan Zachmeier, 20:05.50

Aug. 28

Grand Forks Invite

Team totals (Top 5)

1. Fargo Davies; 2. G.F. Red River; 3. G.F. Central; 4. Minot; 5. West Fargo Sheyenne

Individual winner: Leif Larsen, GF Central, 16:35.38

WDA Team results

Minot

3. Jaden Wahlund, 16:55.11; 8. Christopher Stock, 17:48.56; 22. Keston Van Dusen, 18:46.75; 24. Austin Keller, 18:51.19; 33. Tyler Kruithof, 19:33.33

Aug. 29

Valley City State Univ. Invite

Team totals (Top 5)

1. Medina 28; 2. Jamestown 32; 3. Valley City 85; 4. Richland 109; 5. Garrison 112.

Individual winner: Nick Thomas, Medina, 13:54.62

WDA Team results (Top 5 runners)

Jamestown

2. Kyle Schumacher, 14:11.74; 4. Leo Fremgen, 15:20.52; 5. Justus Naumann, 15:27.43; 10. Hunter Braunberger, 16:17.65; 11. Dakota Wagner, 16:29.81.

Dickinson

The Midgets were idle last week and will next compete at their home meet, the Becki Wells Invite, on Sept. 6 at the Heart River Golf Course. Senior Jackson Binstock remains second in the latest individual rankings.

Jamestown

The Blue Jays placed second at the Valley City State University Invite on Aug. 29. Junior Kyle Schumacher paced the team, finishing runner-up, on the 4,000 meter course in a time of 14:11.74. Three other Blue Jays runners were in the top 10. Leo Fremgen was fourth, 15:20.52; Justus Naumann was fifth, 15:27.43; and Hunter Braunberger, 10th, 16:17.65. Dakota Wagner rounded out the top five finishers with an 11th place showing in a time of 16:29.81. The Blue Jays will compete at the West Fargo Invite held at Moorhead, MN Johnson Park.

Legacy

The Sabers opened their season with a third place showing at the Rusty Bucket Meet on Aug. 28 at McDowell Dam Recreation Area east of Bismarck. The Sabers' top finisher was freshman Beau Brannan who placed sixth in a time of 17:16.22. One other runner was in the top 20, Thomas Tieszen, who was 18th in a time of 17:58.48. Rounding out the top five finishers were: 30. Jack Markle, 18:52.67; 35. Braden Gilbertson, 19:07.91; 41. Alex Anderson, 19:20.44. Legacy will next run at the Becki Wells Invite.

Mandan

The Braves finished fourth at the annual Rusty Bucket Meet on Aug. 28 held at McDowell Dam Recreation Area east of Bismarck. Senior Bryce Andresen was the top finisher, placing 12th in the 5,000 meter race in a time of 17:39. Rounding out the top five were: 33. Landon Kleingartner, 18:47.17; 43. Luke Peterson, 19:23.90; 45. Trajon Viegen, 19:28.47; 48. Ryan Zachmeier, 20:05.50. Mandan will next compete at the Becki Wells Invite.

Minot

The Magicians finished fourth at the Grand Forks Invitational on Aug. 28. Minot had two runners in the top 10 led by Jaden Wahlund, who was third. The senior finished the 5,000 meter course in a time of 16:55.11. Christopher Stock was eighth in a time of 17:48.56. Rounding out the top five finishers were: 22. Keston Van Dusen, 18:46.75; 24. Austin Keller, 18:51.19; 33. Tyler Kruithof, 19:33.33. Minot will next compete at the Becki Wells Invite. J. Wahlund is currently ranked sixth in the latest coaches' poll.

TMCHS (Belcourt)

The Braves were idle last week and are scheduled to compete at the Becki Wells Invite in Dickinson on Sept. 6 before hosting their home meet in Dunseith on Sept. 9.

Williston

The Coyotes opened their season with a runner-up finish at the Bowman Invite on Aug. 28. Four Willis

ton runners finished in the top 20 led by Devan Shumway, who finished third. He completed the 5,000 meter course in 17:02.20. Leif Everson was fourth in a time of 17:04.54. Rounding out the top scorers were: 17. Keaton Mack, 19:23.47; 18. Logan Jorgenson, 19:30.69; and 23. Matt Cohoe, 20:05.69. Williston will next compete at the Becki Wells Invite.