

Horizontal Zones of the Enneagram

Zone	Types		
Top	8, 9, 1	Spirit	Irritable, instinctual, and resolute. They gain balance by translating spiritual fire into physical action.
Middle	2, 3 6, 7	Ego	Congenial, outgoing, relational, and interactive. They gain balance by getting involved in the world around them.
Bottom	4, 5	Soul	Solitary, socially withdrawn, and sensitive. They gain balance by attuning to the depths of life.

