

# NORTH TEXAS BEHAVIORAL HEALTH AUTHORITY

# **OSAR**

Outreach
Screening
Assessment
Referral

For Substance Use Services

# **CONTACT:**

p. 844.275.0600

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osar@NTBHA.org

# **Services:**

**Substance Use Disorder Screening** 

**Direct Linkage to Treatment** 

Assistance with Barriers to Treatment

**Brief Intervention Counseling** 

**Referrals to Community Resources** 

Peer Recovery Coaches (coming soon)

# **Service Area:**

Kaufman Ellis

Dallas Navarro

Hunt Rockwall



# Outreach Screening Assessment and Referral - OSAR Services

# **Beginning in February 2017**

# **OSAR Is Seeking Referrals From:**

Youth & Adult Criminal Justice Agencies Dept. of Family Protective Services Government Agencies Recovery Oriented Agencies Social Service Agencies School Districts Hospitals Non-profit Organizations For-profit Organizations

# Services Provided Include:

Substance Use Disorder Screening Co-occurring Disorder Screening Direct Linkage to Treatment Assistance with Barriers to Treatment Brief Intervention Counseling Referrals to Community Resources

Peer Recovery Coach Services \*coming soon

# OSAR Locations – Currently by Appointment Only

# **Dallas County**

Child & Family Guidance 8915 Harry Hines Blvd. Dallas, TX 75235

### **Dallas County**

Dallas Behavioral Healthcare Hospital 800 Kirnwood Dr. Desoto, TX 75115

# **Kaufman County**

Child & Family Guidance 106 S. Jefferson Kaufman, TX 75142

### **Navarro County**

Child & Family Guidance 319 North 12<sup>th</sup> Corsicana, TX 75110

# **Ellis County**

Child & Family Guidance 1305 West Jefferson, Ste. 210 Waxahachie, TX 75165

### **Hunt County**

Hunt Regional Medical Center 738 E Quinlan Pkwy Quinlan, TX 75474

# Questions? Seeking Treatment? Want to make a referral?

Call the OSAR line at 844-275-0600 or email osar@ntbha.org.



# OSAR Services Outreach Screening Assessment and Referral

# Vision

OSAR envisions a caring supportive network that proactively empowers youths, adults, and families impacted by alcohol, drugs, and co-occurring mental illness to achieve a healthy quality of life and a recovery-informed community.

# Mission

To remove barriers by providing Outreach, Screening, Assessment, and Referral services for individuals with substance use and/or co-occurring disorders through brief interventions and linkage to treatment and recovery oriented services.

# Values

**Integrity**: OSAR abides by ethical principles to ensure that we are providing the highest quality of services and standards of care to the communities we serve.

**Individualized Care**: OSAR fosters a safe environment where counselors and consumers collaborate to identify personal recovery goals, needs and strengths, taking into account all areas of life.

**Collaborative Care:** OSAR engages with community agencies, families and recovery networks to improve access to comprehensive care and to bridge gaps in services.

**Education and Outreach**: OSAR serves as a first point of contact for the community and works across the six-county region providing education to eliminate stigma and barriers to care.

# Treatment services will be provided in the following order of priority:

- 1. Pregnant and injecting individuals
- 2. Pregnant individuals
- 3. Injecting drug users
- 4. DFPS referrals
- 5. All others



# **Substance Use Disorder Treatment Providers**

	Dallas County						
Addicare Group of Texas Outpatient Clinic 2722 W. Kingsley, Ste 115 Garland, TX 75042 Adult (972) 278-4760	Dallas Challenge, Inc. Outpatient Clinic 201 S. Tyler Street Dallas, TX 75208 Youth (214) 942-5166	Dallas Metrocare Services Outpatient Clinic 16160 Midway Rd., Suite 200 Addison, TX 75001 Adult (214) 689-5196	Dallas Metrocare Services Outpatient Clinic 3330 S. Lancaster Road Dallas, TX 75216 Adult (214) 371-6639  Nexus Recovery Center Residential Treatment Outpatient Clinic 8733 La Prada Drive Dallas, TX 75228 Female Adult/Youth (214) 321-0156  West Texas Counseling & Rehabilitation Foundation Methadone Clinic 1808 Market Center Blvd. Dallas, TX 75207 Adult (214) 630-7146				
Dallas Metrocare Services (formerly Lifenet) Outpatient Clinic 9708 Skillman Street Dallas, TX 75243 Adult (214) 221-5433	Homeward Bound Residential Treatment Outpatient Clinic 233 W. 10th Street Dallas, TX 75208 Adult (214) 941-3500	Integrated Psychotherapeutic Services (IPS) Outpatient Clinic 2121 Main Street, Suite 100 Dallas, TX 75201 Adult (214) 331-1200					
Phoenix House of Texas Residential Treatment Outpatient Clinic 2345 Regan Street Dallas, TX 75219 Youth (214) 999-1044	S.T.E.P. Med Methadone Clinic 1705 Martin Luther King Jr. Blvd, Suite C Dallas, TX 75215 Adult (214) 421-9100	Turtle Creek Recovery Center Residential Treatment Outpatient Clinic 2707 Routh Street Dallas, TX 75201 Adult (214) 871-2483					
West Texas Counseling & Rehabilitation Foundation Methadone Clinic 1116 W. Pioneer Drive, Suite 1112 Irving, TX 75061 Adult (972) 253-9370							
Hunt County	Kaufman County	Navarro County					
Lakes Regional Community Center Outpatient Clinic 4200 Stuart Street Greenville, TX 75402 Adult (903) 455-3987	Lakes Regional Community Center Outpatient Clinic 400 Airport Road Terrell, TX 75160 Adult (972) 524-4159	Lakes Regional Community Center Outpatient Clinic 800 N. Main, Ste D Corsicana, TX 75110 Adult/Youth (903) 872-2491					
Collin County is outside our service area. However, these Plano and McKinney providers are in the NTBHA network. →	MedPro Treatment Center Methadone Clinic 2309 Virginia Pkwy, Ste 200 McKinney, TX 75071 Adult (972) 542-4144	West Texas Counseling & Rehabilitation Foundation Methadone Clinic 1108 Dobie Drive, Ste 102 Plano, TX 75074 Adult (972) 516-2900	For assistance during a behavioral health crisis, please call our mobile crisis hotline managed by Adapt Community Solutions at 1-866-260-8000.				

Eligible NTBHA members living in Dallas, Ellis, Hunt, Kaufman, Navarro or Rockwall County may select any provider from this page. Please call us at (214) 366-9407 if you need assistance choosing a provider.

Update: 3/9/17



# Comprehensive Mental Health Provider Listing

	Dallas	County			
Centro de Mi Salud 628 Centre Street Dallas, TX 75208 Adult/Youth/Child (214) 941-0798 *Fully bilingual staff (Spanish/English)	Child and Family Guidance 8915 Harry Hines Blvd. Dallas, TX 75235 Adult/Youth/Child (214) 351-3490	Child and Family Guidance 210 West 10th Street Dallas, TX 75208 Adult/Youth/Child (214) 351-3490	Child and Family Guidance 120 W. Main Street, Ste: 220 Mesquite, TX 75149 Adult/Youth/Child (214) 351-3490  Dallas Metrocare Services (formerly Lifenet) 9708 Skillman Street Dallas, TX 75243 Adult/Youth/Child (214) 221-5433		
Dallas Metrocare Services 16160 Midway Rd., Suite 200 Addison, TX 75001 Adult/Youth/Child (214) 689-5196	Dallas Metrocare Services 3330 S. Lancaster Road Dallas, TX 75216 Adult: (214) 371-6639 Special Needs Offender Program Adult: (214) 371-0474	Dallas Metrocare Services 4645/4701 Samuell Blvd. Dallas, TX 75228 Adult: (214) 275-7393 Youth/Child: (972) 861-5611			
Dallas Metrocare Services 1350/1353 N. Westmoreland Dallas, TX 75211 Adult: (214) 330-0036 Youth/Child: (214) 331-0107 ECI/Preschool: (214) 333-7015	Dallas Metrocare Services 832 S. Carrier Pkwy, Ste 100 Grand Prairie, TX 75051 Adult/Youth/Child (214) 330-2488	Pathways Community Support of Texas (formerly Providence) 8625 King George Drive, Ste 111 Dallas, TX 75235 Youth/Child (over 4 years old) (214) 631-7002	Youth Advocate Programs 1545 W. Mockingbird Ln. Dallas, TX 75235 Youth/Child (214) 821-6505		
Ellis County		County	Collin County		
Child and Family Guidance (formerly Adapt) 1305 W. Jefferson St., Ste 210 Waxahachie, TX 75165 Adult/Youth/Child (866) 935-9700	Lakes Regional Community Ctr 4200 Stuart Street Greenville, TX 75402 Adult/Youth/Child (903) 455-3987	Pathways Community Support of Texas (formerly Providence) 2718 Wesley Street, Ste: C Greenville, TX 75401 Youth/Child (903) 455-9090	These clinics in Plano and McKinney are outside our service area but are in the NTBHA network:		
	Kaufman County				
hild and Family Guidance primerly Adapt)  36 S. Jefferson Street aufman, TX 75142 dult/Youth/Child 77) 932-4157  Lakes Regional Community C 400 Airport Road Terrell, TX 75160 Adult/Youth/Child (972) 524-4159		Pathways Community Support of Texas (formerly Providence) 106 S. Jefferson Street Kaufman, TX 75142 Youth/Child (800) 297-7936			
Navarr	o County	Rockwall County			
Child and Family Guidance (formerly Adapt) 319 N. 12th Street Corsicana, TX 75110 Adult/Youth/Child (877) 872-1003	Lakes Regional Community Ctr 800 N. Main, Ste D Corsicana, TX 75110 Adult/Youth/Child (903) 872-2491	Lakes Regional Community Ctr 2435 Ridge Road, Suite 107 Rockwall, TX 75087 Adult/Youth/Child: (972) 722-2685  Child and Family Gu (formerly Adapt) 2300 White Ave., Ste: McKinney, TX 75071 Adult/Youth/Child (866) 544-1887			

NTBHA members living in Dallas, Ellis, Hunt, Kaufman, Navarro or Rockwall County may select any provider from this page. Please call us at (214) 366-9407 if you need assistance choosing a provider.

If experiencing a mental health crisis, please call the NTBHA mobile crisis hotline managed by Adapt Community Solutions at (866)260-8000.

Update: 2/27/17



# **Crisis Services Provider Network**

	Behavioral Hospitals	
Dallas Behavioral Hospital 800 Kimwood Dr. DeSoto, TX 75115 Adult/Youth/Child (972) 982-0900	Garland Behavioral Hospital 2300 Marie Curie Blvd. 5 <sup>th</sup> Floor Garland, TX 75042 Adult (972) 487-5309	Glen Oaks Hospital 301 E Davison St. Greenville, TX 75402 Adult/Youth Child on case-by-case basis (903) 454-6000
Hickory Trail Hospital 2000 N. Old Hickory Trail DeSoto, TX 75115 Adult/Youth/Child (972) 298-7323	Medical City Green Oaks Hospital 7808 Clodus Fields Dr. Dallas, TX 75251 Adult/Youth Child on case-by-case basis 23-Hour Observation Only (972) 991-9504	These hospitals offer 23-hour observation services. Except for Green Oaks Hospital, they also offer inpatient services. They are all equipped to handle APOWWs of consumers based on age guidelines.
	<b>Crisis Residential Facilities</b>	
Homeward Bound, Inc. 233 W. 10 <sup>th</sup> Street Dallas, TX 75208 Adult (214) 941-3500	Serenity Crisis Residential 1535 West Mockingbird Lane Suite 400 Dallas, TX 75235 Adult (214) 819-0568	
	Other Crisis Services	
24/7 Crisis Hotline & Mobile Crisis  Adapt Community Solutions 1-866-260-8000  This service is available to anyone in crisis in our catchment area.	Urgent Walk-In Crisis Clinic  Southern Area Behavioral Healthcare 4333 Gannon Lane, Suite 100 Dallas, TX 75237 Adult/Youth/Child (972) 283-9090  No appointment necessary. Bring prescription bottles. Go early if possible.  Business Hours: Sun: 2pm to 7pm Mon-Fri: 4pm to 10pm Closed Saturday	

NTBHA's service delivery area is Dallas, Ellis, Hunt, Kaufman, Navarro and Rockwall Counties.

Please call (214) 366-9407 if you have questions.

Update: 2/27/17



### **OSAR FAQS**

#### What is OSAR?

OSAR stands for Outreach, Screening, Assessment and Referral (OSAR). NTBHA OSAR Counselors provide substance abuse screenings at various locations in each county in the six-county catchment are a including Dallas, Ellis, Hunt, Kaufman, Navarro and Rockwall. After completing the screening, the counselor will link the individual to the appropriate level of treatment based on clinical necessity.

#### What substance abuse treatment services are covered?

Substance abuse treatment services covered under NTBHA include: Residential Treatment, Outpatient Treatment, Residential Detox, Ambulatory Detox, and Medication Assisted Therapies (methadone or suboxone).

### Do you provide services for adolescents?

Yes. NTBHA OSAR screens both adolescents and adults. Residential and Outpatient treatment services are available for adolescents between the age of 13 – 18 years old based on clinical necessity.

### What providers are in your network?

You can access the list of providers by visiting the NTBHA website at <a href="www.ntbha.org">www.ntbha.org</a>. Once you are on the website, click on "SERVICES" and click on the PDF file named "Outpatient SUD provider" list. This list details the providers for all service types.

# Is there a provider under NTBHA that prescribes Subutex or Suboxone?

Yes. Integrated Psychotherapeutic Services.

#### How much does it cost?

For many individuals who are uninsured, have little to no income and live in one of NTBHA's six counties, treatment services are free of charge. Uninsured individuals with some income and living in one of NTBHA's counties may have to pay for treatment based on a sliding fee scale. See the HHSC Ability to Pay Fee Schedule to determine if any fees are required for treatment.

## What if the individual resides outside of NTBHA's service area?

If they reside outside of the six counties served by NTBHA, please refer to the following website that will provide a list of OSAR programs in the state of Texas. The website address is: <a href="http://dshs.texas.gov/sa/OSAR">http://dshs.texas.gov/sa/OSAR</a>. Contact the respective OSAR program to inquire about substance use treatment in their service areas.

### What happens during an OSAR screening?

At the time of screening, the individual will complete an intake packet containing consent forms and assessment tools that will be reviewed with OSAR Counselor during the session. The session itself includes a substance abuse screening, financial eligibility screening, tobacco cessation readiness assessment and a communicable disease risk assessment.

If an individual meets clinical and financial criteria for state funded services, the OSAR counselor will reach out to NTBHA providers to obtain a date for admission to residential treatment or an intake date for

outpatient services. Referrals will also be provided as indicated for tobacco cessation programs and communicable disease testing. The screening typically takes between an hour to an hour and a half. Once the screening is completed, a sheet detailing treatment recommendations and community resources will be provided to the consumer.

# Will I be admitted into residential treatment on the same day of my screening?

There is NO guarantee for a same-day admission into residential treatment. The OSAR Counselor will contact the treatment provider to obtain an appointment for admission. For residential treatment, the provider will give a date when you can present for treatment. Outpatient clients will be provided with a date and time for an intake appointment. You could be placed on a wait list if treatment services are not available within 7 days.

# Are there any services available for individuals who are placed on the wait list?

Yes. If treatment services are not immediately available (within 7 days), the OSAR Counselor can provide up to six 1:1 sessions as pre-treatment services until the individual is admitted into treatment. OSAR screened individuals discharging from the hospital can be seen for pre-treatment care within a couple of days of being discharged if treatment services are not immediately available.

### Does admission to residential treatment take place on the weekends?

No. The residential providers do not admit clients on weekends and some holidays.

## How do I schedule a screening with an OSAR Counselor?

A screening appointment can be obtained by calling the OSAR line at 844-275-0600 or by emailing <u>osar@ntbha.org</u> with the subject heading "OSAR Request". An OSAR staff member will contact you within 2 business days to schedule an appointment.

## What do I bring to the OSAR screening?

Individuals should bring the following:

- 1. Picture ID card
- 2. Income Verification (such as, recent paycheck stubs, if employed)
- 3. Two pieces of proof of residency (If resides with family or friend, the family or friend is required to complete the Verification of Assistance Form and bring two pieces of proof of residency with their name and address on it)

### Is the OSAR line 24-hours?

No. The OSAR line will be staffed between the hours of 8:00 AM-5:00 PM, Monday-Friday.

### Do you do OSAR screenings on the weekends?

No. OSAR screenings are conducted between Monday-Friday, 8:00AM-5:00PM.

# DEPARTMENT OF STATE HEALTH SERVICES MONTHLY ABILITY-TO-PAY FEE SCHEDULE

25 TAC, Chapter 412, Subchapter C

Gross	Monthly Gross	Maximum Monthly Fee By Family Size								
Income	Income	11	2	3	4	5	6	7	8	9+
11,880	990	0	0	0	0	0	0	0	0	0
17,820	1,485	37	0	0	0	0	0	0	0	0
19,890	1,658	44	0	0	0	0	0	0	0	0
21,960	1,830	52	0	0	0	0	0	0	0	0
24,030	2,003 2,175	60 68	37 44	0	0	0	0	0	0	0
26,100 28,170	2,175	77	52	- 6	- 6		0	0	0	0
30,240	2,520	87	60	37	0	Ö	0	0	0	0
32,310	2,693	97	68	44	ől	ŏ	0	Ö	0	0
34,380	2,865	108	77	52	0	0	0	0	0	0
36,450	3,038	120	87	60	37	0	0	0	0	0
38,520	3,210	132	97	68	44	0	0	0	0	0
40,590	3,383	144	108	77	52	0	0	0	0	0
42,660	3,555	157	120	87	60	37	0	0	0	0
44,730	3,728	171	132	97	68	44	0	0	0	0
46,800	3,900	185	144	108	77	52	0	0	0	0
48,870	4,073	200	157	120	87 97	60 68	37 44	0	0	0
50,940 53,010	4,245 4,418	215 231	171 185	132 144	108	77	52	0	0	0
55,080	4,418	247	200	157	120	87	60	37	0	0
57,150	4,763	264	215	171	132	97	68	44	ő	0
59,220	4,935	281	231	185	144	108	77	52	ő	0
61,290	5,108	299	247	200	157	120	87	60	37	0
63,360	5,280	318	264	215	171	132	97	68	44	0
65,430	5,453	337	281	231	185	144	108	77	52	0
67,500	5,625	357	299	247	200	157	120	87	60	37
69,570	5,798	377	318	264	215	171	132	97	68	44
71,640	5,970	398	337	281	231	185	144	108	77	52
73,710	6,143	419	357	299	247	200	157	120 132	87 97	60 68
75,780	6,315	441	377	318 337	264 281	215 231	171 185	144	108	77
77,850 79,920	6,488 6,660	463 486	398 419	357	299	247	200	157	120	87
81,990	6,833	510	441	377	318	264	215	171	132	97
84,060	7,005	534	463	398	337	281	231	185	144	108
86,130	7,178	558	486	419	357	299	247	200	157	120
88,200	7,350	584	510	441	377	318	264	215	171	132
90,270	7,523	609	534	463	398	337	281	231	185	144
92,340	7,695	636	558	486	419	357	299	247	200	157
94,410	7,868	662	584	510	441	377	318	264	215	171
96,480	8,040	690	609	534	463	398	337	281	231	185 200
98,550	8,213	718	636	558	486 510	419 441	357 377	299 318	247 264	215
100,620 102,690	8,385 8,558	746 775	662 690	584 609	534	463	398	337	281	231
104,760	8,730	805	718	636	558	486	419	357	299	247
106,830	8,903	835	746	662	584	510	441	377	318	264
108,900	9,075	866	775	690	609	534	463	398	337	281
110,970	9,248	897	805	718	636	558	486	419	357	299
113,040	9,420	929	835	746	662	584	510	441	377	318
115,110	9,593	961	866	775	690	609	534	463	398	337
117,180	9,765	994	897	805	718	636	558	486	419	357
119,250	9,938	1,028	929	835	746	662	584	510	441	377
121,320	10,110	1,062	961	866	775	690	609	534	463	398
123,390	10,283	1,096	994	897	805	718	636	558	486	419 441
125,460	10,455	1,131	1,028	929	835	746 775	662 690	584 609	510 534	463
127,530 129,600	10,628 10,800	1,167 1,203	1,062 1,096	961 994	866 897	805	718	636	558	486
131,670	10,800	1,203	1,131	1,028	929	835	746	662	584	510

Source: 2016 Federal Poverty Guidelines