

# October 2024

	30-Sep	1-Oct	2-Oct	3-Oct	4-Oct
<b>A.M. Snack</b> 8:00-8:45	Cereal Milk	Graham Cracker Milk	Bagel w Cookie Butter Juice	Nurti Grain Bar Milk	Cereal Milk
<b>Lunch</b> 11:00-12:00	Cream Chicken Bun Carrots Peaches	English Muffin Pepperoni Pizza Green Beans Pineapple	Cheeseburger Helper Brussell Sprouts Fruit Cocktail	Meatball Sub Sweet Potatoes Cantalope	Maid Rites Bun Corn Assorted Fruit
<b>P.M. Snack</b> 2:45-3:30	Chex Mix Milk	Pretzels Milk	Teddy Bears Milk	Cheese and Crackers Water	Frozen Yogurt Juice
	7-Oct	8-Oct	9-Oct	10-Oct	11-Oct
<b>A.M. Snack</b> 8:00-8:45	Cinnamon Roll Milk	Waffles Milk	Cereal Milk	Wow Butter Bread Water	Donuts Juice
<b>Lunch</b> 11:00-12:00	Chili Corn Bread Applesauce	Hot Dog N Beans Bread Mango	BBQ Chicken Buttered Noodles Corn Tripleberry	Sloppy Joe Bun Peas Tropical Fruit	Ham Muffins Mixed Veggies Assorted Fruit
<b>P.M. Snack</b> 2:45-3:30	Wheat Thins Milk	Fresh Veggies w Ranch Juice	Muffins Milk	Chips and Salsa Milk	Cold Meat Crackers Water
	14-Oct	15-Oct	16-Oct	17-Oct	18-Oct
<b>A.M. Snack</b> 8:00-8:45	Poptart Milk	Cereal Milk	Pancake Milk	Cereal Milk	Yogurt Juice
<b>Lunch</b> 11:00-12:00	Corn Dog Crackers Broccoli w Cheese Banana	Hamburger Bun French Fries Oranges	Meat Spaghetti Asparagus Blueberries	Ham and Cheese Crescent Roll Cheese Potatoes Strawberries	Popcorn Chicken Butter Bread Cali Blend Assorted Fruit
<b>P.M. Snack</b> 2:45-3:30	Goldfish Milk	Wow Butter and Jelly Wrap Water	Cheese Cubes Juice	Granola Bar Milk	Rice Krispy Treats Milk
	21-Oct	22-Oct	23-Oct	24-Oct	25-Oct
<b>A.M. Snack</b> 8:00-8:45	Granola Bar Milk	Vanilla Wafer Banana Water	Cottage Cheese Juice	Cereal Milk	French Toast Milk
<b>Lunch</b> 11:00-12:00	Hot Dog Bun Mashed Potatoes Mixed Fruit	Tater Tot Casserole Jelly Bread Pears	Taco Meat Tortilla Chips Corn Apples	Pulled Pork Bun Mixed Veggies Bananas	Toasted Cheese Bread Carrots Assorted Fruit
<b>P.M. Snack</b> 2:45-3:30	Ranch Crackers Milk	Jelly Wrap Milk	Veggie Straws Milk	Yogurt and Granola Water	Popcorn Juice
	28-Oct	29-Oct	30-Oct	31-Oct	1-Nov
<b>A.M. Snack</b> 8:00-8:45	Rice Cake Milk	Cereal Milk	Danish Milk	Oatmeal Milk	Cereal Milk
<b>Lunch</b> 11:00-12:00	Pizza Casserole Broccoli Strawberry Applesauce	Cold Meat Sliders Italian Veggies Pineapple	French Toast Eggs Green beans Peaches	Tuna Melt Bagels Corn and Peas Blueberries	Chicken Patty Bun Califlower Assorted Fruit
<b>P.M. Snack</b> 2:45-3:30	Iced Animal Crackers Milk	Cereal Mix Milk	Cracker Mix Milk	Apples w Carmel Milk	Celery Wow Butter Water

\* Snacks include 2 of the food groups

\*Lunch includes at least 1 serving of each of the food groups

\*All Juice is 100% Juice

\*Milk always served with Lunch