

BOOK REVIEW

From Bob's bookshelf



THE NO COMPLAINING RULE:

positive ways to deal with negativity at work

by Jon Gordon

THE AUTHOR: Jon Gordon is also the author of the international bestseller, *The Energy Bus*.

I READ IT BECAUSE: Travis Dinkheller, a fellow soccer coach and friend, recommended it to me, and he never reads! If someone who never reads recommends a book, it's probably worth the time, unless it's a picture book!

THE FEEL: This book is a fictitious narrative of a company that finds itself in a major crisis. The company has a faulty product, and its employees are dispensing negative information into the marketplace. The vice president of human resources, Hope, amid her own personal struggles, develops a plan for turning the company around. She wins over the leadership and changes the direction of the company by implementing a "No Complaining Rule."

SUBJECT MATTER: Business and interpersonal relationships, perspective, and proper mindsets.

QUOTABLE: "[People complain] because they were fearful and helpless and because it had become a habit." (p. 39)

"The positive road will lead to enhanced health, happiness, and success and the negative road will lead to misery, anger, and failure." (p. 41)

"Lou Holtz said 'Don't complain. Eighty percent of the people you complain to don't care and twenty percent are glad you have problems.'" (p. 42)

"The measure of success will not be determined by how we act during the great times in our life but rather by how we think and respond to the challenges of our most difficult moments." (p. 69)

"Obstacles and struggles are part of life and only serve to make us appreciate our success. If everything came easy, we wouldn't know what it felt like to truly succeed. Obstacles are meant to be overcome. Success is meant to be achieved." (p. 106)

WHO SHOULD READ THIS BOOK? This book would be beneficial to a pastor who is leading a church which is in decline or has hit bottom. It is also a valuable resource to church consultants, denominational leaders, and practical theology professors.

RECOMMENDATION: The *No Complaining Rule* is easy to read. For many people, it could be read in one sitting. I suggest that you get the electronic version or buy it second hand, as it doesn't have much content that needs to be stored for reference. It is inspirational in nature. It does not have a lot of steps, quotes, or anecdotes, but the ones included are worth the price of the book. The story line is a bit hokey, but the point of changing the culture to one of positivity is made.

