

GALEN ROSE 150

History of the present illness: Galen Rose is a 1 y.o. African male whose mother brings him to you with the chief complaint of a fever for the past 3 hours. Until this morning, he was acting healthy and is not now ill aside from the fever and his continually reaching around to his back. He is a little fussy; he is appropriately curious and fearful. He is



nursing well and has not vomited.

Past medical history:

The mother's pregnancy with Galen was uneventful. He has had no immunizations, has no allergies, and is on no medication. He is the fourth child in the family.

Physical examination:

Galen is alert and in no distress. Vital signs: T 102.8 rectal; P 130 ; R 30; Weight 7 kg. The skin is warm and dry; there is the rash shown on his back with a few similar spots on his face. Head is normal

size and shape. Pupils are equal, round, and responsive to light. The whites of the eyes are white. Corneas are clear. Inside the lower lids is normal pink. The nose is normal shape and without sores. The outer ears, canals, and ear drums are normal in appearance. The mouth is moist. The tonsils are normal size and color. There are no enlarged lymph nodes in the neck, front or back. The thyroid is not enlarged. The patient can move his neck in all directions without pain. Heart sounds have no murmur. Lungs are clear. Bowel sounds are present

and normal. Liver and spleen are not enlarged. The abdomen is soft and non-tender. There are no enlarged lymph nodes in the groin. The kidney area in back is not tender. Arms and legs show no swelling. The patient can move his limbs in all directions without complaint of pain. Respond.



Options:

Treat him yourself.

Tell the mother he requires no treatment.

Send him to a government hospital.

Send him to a private clinic (costs you \$100).

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Present illness:

Is Galen acting sick? No, not at all.

Have other people had something similar? Yes, many children have had fevers and rashes lately.

What usually happens to them? They recover, but there was one death in a child previously ill.

Does the rash itch? It might, he continually reaches around for it.

When did the rash start? Mother didn't notice it until you pointed it out.

Did Galen have shaking chills when the fever started? No

Where is the rash? Almost all on the upper back with just a few spots on the face.

Is the rash composed of blisters or red spots? Both; they are blisters with red rings around them. They start out as spots and then become blisters.

Is there rash on his palms and soles? No

Has he had a cough or sore eyes? No

Laboratory:

Urinalysis entirely normal.

