

## 2017 So Cal Single Retreat

**Biography** 

Lisa Reynaldo

Lisa Reynaldo is a Doctor of Naturopathy and a Certified Nutritionist. She has been in the Natural Health Care Industry for over 23 years. She has Wellness Practices in Murrieta and Fallbrook, Ca. Lisa also teaches Wellness Classes at various venues including different churches. She is passionate in her belief that in addition to our faith, health is one of the greatest human blessings. Lisa is the proud mother of her 19-year old daughter Kayla, who is a freshman in college.

One of her greatest missions in life is to share the gifts of healing, freedom and hope one person at a time, one venue at a time. Her desire is to continue to equip the body of Christ so that they can truly enjoy the life they were created to live and be the greatest source of God's love, light, and hope they were created to be.

She has been blessed to repeatedly witness healing miracles throughout her career. God has continued to prove to her and her clients that He is in the miracle business regardless of a diagnosis. She has seen healings ranging from recurrent common colds, allergies, to healing of severe autoimmune issues and even stage-4 cancer.

In addition to her ministry in health, she is involved in a variety of different ministries, that she is beyond blessed to be part.

Lisa is always looking forward to helping, inspiring, encouraging, and equipping more and more people to be vibrantly healthy, and free in every area of life so that they can fully live the abundant, prosperous, secure life we all were designed to live!

To contact Lisa, go to her website at http://ariseandshinevitality.com.