

DETERMINING IF YOUR UNIVERSITY COURSEWORK MEETS THE “SITTING” REQUIREMENTS FOR CBRPC – RT CERTIFICATION

RT Programs - accredited with the national accrediting body (the Council on Accreditation of Recreation, Parks and Tourism and Related (COAPRT) fall under guidelines that specify competence to be gain from university coursework.

RT courses need to be clearly evident on student transcripts. The words Therapeutic Recreation or Recreation therapy must be clearly visible – or when requested – found on a syllabus.

Guidelines (Standards) for Learning Outcomes for Therapeutic Recreation Education - COAPRT

7.01 Historical, philosophical, theoretical and scientific foundations of therapeutic recreation (scope of professional practice; processes and techniques of practice; historical, philosophical, theoretical, and scientific foundations)

7.02 Design/execution of the therapeutic recreation process (assessment; planning; implementation; facilitation; documentation; evaluation)

7.03 Management, marketing, and finance of therapeutic recreation services

7.04 Application of the therapeutic recreation body of knowledge through experience (readiness for culminating internship; culminating internship experience)

SAMPLE COURSE TITLES - FROM CALIFORNIA STATE UNIVERSITY (CSU) RECREATION THERAPY PROGRAMS

(5 Course Requirement – 1 From Each Area Below)

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- 1a. Foundations Of Recreation Therapy
 - 1b. Introduction To Therapeutic Recreation And Inclusive Recreation
 - 1c. Foundations of Therapeutic Recreation
 - 1d. Recreation Therapy: Treatment and Diagnostic Groups

(NOTE: The first course is most often (but not always) in the core courses that REC Mgt. students take as well)

- 2a. Recreation Therapy Interventions For People With Physical Conditions
 - 2b. Therapeutic Recreation Techniques
 - 2c. Recreation Therapy Treatment and Program Planning
 - 2d. Therapeutic Recreation: Facilitating Leisure and Wellness
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- 3a. Recreation Therapy In Mental Health
 - 3b. Facilitation Techniques In Therapeutic Recreation
 - 3c. Advanced Recreation Therapy Modalities
 - 3d. Counseling Techniques in Therapeutic Recreation
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- 4a. Recreation Therapy Assessment And Documentation
 - 4b. Therapeutic Recreation Case Management
 - 4c. Recreation Therapy Documentation And Assessment
 - 4d. Therapeutic Recreation Treatment/Program Planning
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- 5a. Advanced Practices In Recreation Therapy (Evidenced Based Practice and Research)
 - 5b. Advanced Therapeutic Recreation Practices
 - 5c. Recreation Therapy Processes
 - 5d. Management of Therapeutic Recreation Services
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REQUIRED INTERNSHIP

(Should/Could Have Recreation Therapy Or Therapeutic Recreation In The Title)

- 1a. Internship in Therapeutic Recreation
- 1b. Recreation Therapy Internship and Senior Project
- 1c. Internship in Recreation

ADDITIONAL - - SAMPLE COURSES TITLES (PREPARATION FOR INTERNSHIP - ELECTIVES - POST INTERNSHIP REFLECTION)

Practicum in Recreation Therapy	Pre-Intern Workshop
Internship Preparation	Internship Seminar
Field Work	Leisure Education in Recreation Therapy
Leisure, Recreation and Aging	Therapeutic Recreation Activities for Older Adults
Aging and Leisure	Seminar in Therapeutic Recreation
Program Management In Therapeutic Recreation	Recreation Therapy Programming
Legislative Action in Therapeutic Recreation	Disability, Culture and Society: Issues and Intervention