We Are All Kentucky Karen Ricci





GET INVOL Make A Difference

My name is Karen Ricci. I have Epilepsy and severe learning disabilities in math and reading although I have overcome my reading disabilities. I was born blind in my right eye. After I was married I gave birth to a beautiful baby girl named Lydia in April of 1999. Lydia has Epilepsy and Autism and that is when my strong advocacy really kicked in. I am a member of the Autism Society of Kentuckiana as well as several other parent support groups. I am a big believer in the quote by Helen Keller, "Alone we can do so little; but together we can do so much."





I am the president of KYSAFF (Kentucky Self Advocates for Freedom). I am also the advisor of the Louisville Metro Self Advocates Chapter of KYSAFF. I am a member of the PADD Board as well as a member as Project SAFE Board. I am also involved in the Epilepsy Foundation of Kentuckiana Art Therapy group where I have found my gift as an artist.

My passion is helping others to realize and reach their fullest potential regardless of their "disability."