

Liver Guard Plus

Natural support for healthy liver function

Liver Guard Plus is a synergistic formula designed to support healthy liver function. Although the brain typically gets credit for orchestrating everything that goes on in the body, the liver is another organ that is tasked with a wide range of metabolic and biochemical tasks that affect overall health.

If liver function is compromised in some way, these critical tasks may not occur optimally. Many things interfere with healthy liver function, such as excessive alcohol consumption, inflammation, the buildup of fats in the liver, scarring of liver tissue from a number of illnesses, including hepatitis and other viruses, and overuse of medications that affect the liver, such as acetaminophen.

Liver Guard Plus consists of a blend of botanical and mushroom extracts, along with N-Acetyl-L-Cysteine (NAC), a derivative of the amino acid cysteine, which has powerful antioxidant and liver-protective actions. In addition to protecting the body from oxidative stress, NAC assists with the formation of glutathione, often called the body's "master antioxidant," and a crucial compound for effective detoxification in the liver. Many factors may contribute to reduced glutathione levels in the body, such as stress, poor diet, excessive exercise with insufficient rest and recovery, toxin exposure, and certain medications. NAC acts as a precursor to glutathione and may help support the body in producing adequate levels of this powerful compound.

Among the many functions the liver performs are:

- Regulating blood sugar
- Producing and recycling cholesterol and other lipids
- Synthesizing bile (to aid in proper digestion of dietary fats)
- Detoxifying compounds from the outside (such as heavy metals, pharmaceutical drugs, and caffeine) as well as normal byproducts of healthy metabolic processes (excess hormones, urea)
- Generating important blood proteins, such as albumin and clotting factors
- Storing fat-soluble vitamins

The mushroom extracts and herbal ingredients in this product are designed to protect liver cells against oxidative damage which may affect the function of the liver. The ingredients also actively contribute to detoxification processes in the liver by supplying nutrients that may enhance the biochemical reactions involved in neutralizing harmful substances.

Recommended Use

As a dietary supplement, take four capsules per day, or as directed by your health care practitioner.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

