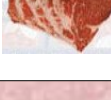


DRY AGED ALBERTA BEEF

Prices in effect until Nov 30/2022

Premium Beef Oven Roasts

	Sirloin Tip Roast.....	\$ 8.49/lb.	(\$18.72/kg)
	Inside Round Roast.....	\$ 8.49/lb.	(\$18.72/kg)
	Outside Round Roast..	\$ 7.99/lb.	(\$17.61/kg)
	Eye of Round Roast....	\$ 9.49/lb.	(\$20.91/kg)
	Bnls Cross Rib Roast...	\$ 8.99/lb.	(\$19.82/kg)
	Boneless Blade Roast...	\$ 8.49/lb.	(\$18.72/kg)
	B&R Prime Rib Roast.	\$19.99/lb.	(\$44.07/kg)

Speciality Beef Cuts

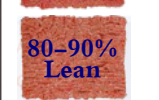
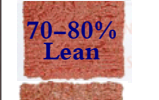
	Beef Braising Ribs 2"	\$ 9.99/lb.	(\$21.99/kg)
	Beef Maui Ribs 1/4"	\$ 10.99/lb.	(\$24.23/kg)
	Beef Finger (Back) Ribs.	\$ 9.99/lb.	(\$21.99/kg)
	Texas Style Long Ribs .	\$ 9.99/lb.	(\$21.99/kg)
	Lean Stir Fry Strips.....	\$ 9.99/lb.	(\$21.99/kg)
	Lean Stewing Beef.....	\$ 8.49/lb.	(\$18.72/kg)

Beef Primal Cuts

	Whole Bnls Cross Rib	\$ 8.29/lb.	(\$18.28/kg)
	Whole Boneless Blade	\$ 7.99/lb.	(\$17.61/kg)
	Beef Butt Tenderloin...	\$22.99/lb.	(\$50.68/kg)
	Top Sirloin Butt.....	\$ 9.99/lb.	(\$22.02/kg)
	Whole Striploin (uncut)	\$15.49/lb.	(\$34.15/kg)
	Whole Ribeye (uncut)..	\$16.99/lb.	(\$37.46/kg)

FROZEN GROUND MEATS

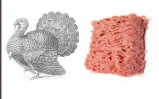
Ground Beef (1 lb packs)

	Extra Lean Ground Beef.	\$ 6.49/lb.	(\$14.31/kg)
	Lean Ground Beef.....	\$ 5.99/lb.	(\$14.31/kg)
	Medium Ground Beef....	\$ 5.49/lb.	(\$12.10/kg)
	Regular Ground Beef....	\$4.99/lb.	(\$11.00/kg)
	Lean Beef (4 or 6 oz) Patties.	\$6.99/lb.	(\$15.41/kg)
	Ground Lamb (Medium)	\$10.99/lb.	(\$24.23/kg)

Ground Pork (1 lb packs)

	Lean Ground Pork.....	\$ 4.99/lb.	(\$10.99/kg)
	Regular Ground Pork....	\$ 3.99/lb.	(\$8.79/kg)
	Lean Pork (4 or 6 oz) Patties.	\$ 4.99/lb.	(\$10.99/kg)

Ground Poultry (1 lb packs)

	Lean Ground Chicken....	\$ 9.49/lb.	(\$20.92/kg)
	Lean Ground Turkey.....	\$ 9.49/lb.	(\$20.92/kg)

Premium Beef Grilling Steaks

	T-Bone Steak.....	\$15.49/lb.	(\$34.15/kg)
	Strip Loin Steak.....	\$16.99/lb.	(\$37.46/kg)
	Ribeye Steak.....	\$18.99/lb.	(\$41.86/kg)
	Tenderloin Steak.....	\$24.99/lb.	(\$55.09/kg)
	Top Sirloin Butt Steak	\$12.69/lb.	(\$27.98/kg)
	Prime Rib Steak.....	\$18.99/lb.	(\$41.86/kg)

Premium Beef Marinating Steaks

	Tenderized Minute Stk.	\$ 7.99/lb.	(\$17.61/kg)
	Flank Steak.....	\$ 8.99/lb.	(\$19.82/kg)
	Inside Round Steak.....	\$ 8.99/lb.	(\$19.82/kg)
	Beef Skirt Steak.....	\$ 7.99/lb.	(\$17.61/kg)
	Beef Hanging Tender..	\$ 7.99/lb.	(\$17.61/kg)

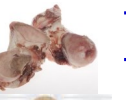
Premium Beef Simmering Steaks

	Bnls Cross Rib Steak....	\$ 8.99/lb.	(\$19.82/kg)
	Bnls Blade Steak.....	\$ 8.99/lb.	(\$19.82/kg)
	Bone In Blade Steak....	\$ 7.99/lb.	(\$17.61/kg)

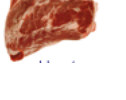
Various Beef Cuts

	Whole Beef Brisket.....	\$ 5.99/lb.	(\$13.21/kg)
	Beef Brisket Point.....	\$ 7.99/lb.	(\$17.61/kg)
	Bone In Beef Shank....	\$ 3.99/lb.	(\$8.80/kg)
	Boneless Beef Shank....	\$ 6.99/lb.	(\$15.41/kg)
	Whole Beef Flank.....	\$ 4.99/lb.	(\$10.99/kg)

Beef Bones (5-10 lb bags)

	Mixed Beef Bones (Cut)	\$ 1.99/lb.	(\$4.39/kg)
	Shank Bones (Whole)...	\$ 2.49/lb.	(\$5.49/kg)
	Neck Bones (Meaty)....	\$ 2.49/lb.	(\$5.49/kg)
	Knuckle Bones (Cut)....	\$ 1.99/lb.	(\$4.39/kg)
	Marrow Bones (Cut 2")	\$ 3.99/lb.	(\$8.79/kg)
	Smoked Shank Bones..	\$ 3.49/lb.	(\$7.69/kg)

Beef Offal Cuts

	Beef Tongue.....	\$ 8.99/lb.	(\$19.82/kg)
	Beef Oxtail (Cut).....	\$ 8.99/lb.	(\$19.82/kg)
	Beef Liver (Whole).....	\$ 2.99/lb.	(\$6.60/kg)
	Beef Liver (Sliced).....	\$ 4.99/lb.	(\$11.00/kg)
	Beef Heart.....	\$ 3.99/lb.	(\$8.79/kg)
	Ground Offal (Pet Food)...	\$ 2.39/lb.	(\$5.28/kg)