

UNDERSTANDING TRANSITION

PART TWO: PLANNING FOR THE FUTURE



The future is not something we enter. The future is something we create.
And creating that future requires us to make choices and decisions...
That all begin with a dream”

Leonard Sweet

WHOSE DREAM IS IT?

- It is all about the student and what the student would like life to look like in the future.
- It should reflect who that student is as a unique individual
- It should help the student plan for a future to live life similar to the lives of persons without disabilities



" IF YOU DON'T KNOW WHERE YOU ARE GOING,
ANY ROAD WILL TAKE YOU THERE"




THE STUDENT NEEDS TO EXPLORE WHERE THEY WANT TO GO

- The student should imagine what she wants life to look like in the future in all areas of adult life
 - work, further schooling and community living
- It's the student's dream so let them "dream big"
- Once you know what she is working toward plans can be started and goals set to turn the dreams into reality




START BY THINKING ABOUT THE FUTURE

- Imagine that it is the year after the student exits school.
 - What are they doing?
 - Do they have a job?
 - Are they attending college or training?
 - Are they connected to their community?
 - What are they doing during the day?
 - Where are they living?
 - What are they doing for fun?
 - Who are they hanging with?
- 

FAMILIES AND FRIENDS CAN HELP

They can help the student brain storm and think about what a desirable future could look like and help gather information about

- What skills and talents do they have?
 - What do they enjoy doing?
 - What are their motivational interests, people and activities?
 - What environments or activities allows them to have the most success?
 - How do they learn new skills?
 - What are the supports needed for employment, recreation, school?
- 

STUDENTS CAN EXPLORE

Danny wanted to hang out in with others his age in a fun environment so he and his support person started spending time in a variety of places to find out what he liked

Matt wanted to work some where sports related so he got an internship at a basket ball academy

Clay loves music so he started to explore what kinds of businesses that involved music he might be able to work in and what would be a match for his skills

Emma was thinking about to go to college to get a teaching degree so she started tutoring a local day care center to see if she really wanted to work with kids and joined the future teachers club at her HS





Meet our newest member of 101.3 Clayton Carroll will be here Thursdays 12-2pm.



THERE ARE LOTS OF DIFFERENT WAYS TO PLAN

See the web sites and publications under Futures planning in our resource section:

<http://www.kypa.net/Transition.html>



TO SUM IT UP

There has to be planning for the future

Plans and visions may change over the high school years but....

If there is no vision for the future and no planning to get there ...
the student won't get where they want to be

