

## Question: What are Co-occurring Disorders?

### Answer:

Sadly, people receive mental treatment for one disorder while other mental disorder are not treated. Substance induced disorders have biological, psychological, and social components, that means there are overlapping of symptoms. Your mental health diagnostician should be given information that allows them to make a **Dual Diagnose**. Identification of different disorders allows for better mental health outcome. The coexistence of both a mental health and a substance use disorder is referred to as co-occurring disorders.

*“The consequences of undiagnosed, untreated, or untreated co-occurring disorders can lead to a higher likelihood of experiencing homelessness, incarceration, medical illness, suicide, or even early death.”*

(SAMHSA.gov) **“Co-occurring Disorders”**