

Appetizers & Starters

HUMMUS PLATE

Three flavors, olive tapenade, vegetables, grilled flat bread. 10.

COUGAR GOLD CHIPS

Fried potato chips with a Cougar Gold cheese sauce, diced tomatoes, and green onions. 9.

BUFFALO ROLLS

Chicken, cheddar, buffalo sauce, fried, bbq ranch 8.5

CALAMARI

Golden deep fried calamari tubes and tentacles, red pepper aioli. 12

CHICKEN POTSTICKERS

Chicken and vegetable filled wrapper with wasabi cream and Polynesian slaw. 9.

Soup And Salads

FRENCH ONION SOUP

House made beef bouillon broth, baked with sliced baguette, Swiss and Parmesan. 6.

TOMATO BASIL BISQUE

House made with fresh tomatoes. Cup 6. Bowl 8.

WEDGE SALAD

Crispy wedges of iceberg lettuce, tomatoes, red onion, bacon, blue cheese crumbles, onion straws, and blue cheese dressing 8.5

ASIAN CHICKEN SALAD

Chopped greens, marinated chicken, mai fun noodles, toasted almonds, green onions, tomatoes, cucumbers, mandarin oranges, and sesame seeds. Tossed in our Ginger Soy dressing. 11

CLAM CHOWDER

Award winning house made clam chowder. Cup 4.5. Bowl 6.5.

SALMON SALAD

Chopped greens, seared salmon, toasted almonds, diced tomatoes, red, onions, and micro greens. With a apple vinaigrette. 13

GREEK

mixed greens, roma tomato, feta, black olives, kalamata olives, cucumbers, red peppers, and Greek dressing. 9.

CHICKEN TORTILLA SOUP

Chicken, Anaheim, Jalapeno, onion, tomato, cilantro in our seasoned chicken broth with jack and cotija cheese. Sliced avocado and tortilla strips on the side. Bowl 6.

BANYANS COBB SALAD

Fresh greens with chicken, bacon, avocado, tomatoes, egg, and bleu cheese crumbles. 11.

COUNTRY CAESAR

Fresh romaine hearts, bacon, egg, tomatoes, red onions, and Parmesan cheese with our house made Caesar dressing. 10.5. Chicken 12.

CRAB AND LOBSTER BISQUE

Dungeness crab, Maine lobster, charred corn, sherry and cream. Cup 7. Bowl 9.

Sandwiches

• ALL SANDWICHES ARE SERVED WITH YOUR CHOICE OF SOUP, SALAD, CAESAR SALAD, OR FRIES. ADD SWEET POTATO FRIES 1, OR BISQUE 2.5. •

NORTHWEST RUEBEN

Sliced pastrami piled high with sauerkraut, Swiss cheese, and 1000 island dressing on rye. 11.5

GRILLED CHEESE SANDWICH AND TOMATO BISQUE

Fontina, cougar gold, and gouda on thick french bread and our house made tomato basil soup 8.5

MONTE CRISTO

Thick sourdough bread filled with roasted turkey, ham, cheddar and Swiss cheeses. Dipped in cinnamon egg batter and grilled. 10

VEGGIE SANDWICH

Cucumbers, sliced tomatoes, red pepper hummus, micro greens, and Swiss cheese on a toasted whole grain ciabatta bun. 9.

TURKEY B.L.T.

Sliced turkey, bacon, Swiss cheese, lettuce and tomatoes on toasted wheat berry bread 9.5

CUBAN SANDWICH

Hot pulled pork, ham, lettuce, tomatoes, pickles, fontina cheese, yellow mustard and mayo. Served on a toasted baguette. 10.

GREEK GYRO

Seasoned lamb meat, feta cheese, cucumbers, roma tomatoes, and tzatziki sauce on fresh pita bread. 9.5

FILET SANDWICH

Grilled garlic roasted filet medallions on a toasted baguette with lettuce tomato and aioli. Served on a ciabatta roll. 13.5

Lunch Combos

• Choose Two Items From The Categories Below. 9 •

HALF SANDWICHES

TURKEY B.L.T. - MONTE CRISTO - VEGGIE SANDWICH - NW RUEBEN

SOUPS

FRENCH ONION - TOMATO BASIL - CLAM CHOWDER - TORTILLA - CRAB BISQUE (ADD 2.5)

SIDE FRIED

HOUSE FRIES - FRESH POTATO CHIPS - SWEET FRIES (ADD 1)

SIDE SALADS

HOUSE GREEN - WEDGE - TRADITIONAL CAESAR

Chef Favorites

GRILLED SALMON

House seasoned Atlantic salmon with our fresh guacamole salsa. Finished with rice pilaf and chefs vegetable. 13.

BAJA FISH TACOS

Battered cod, shredded cabbage, daikon, onions, cilantro, tomatoes, and crema served with guacamole and rice. 11.

SHRIMP TACOS

Seared shrimp, cabbage, queso fresco, cilantro. guacamole, salsa and spicy crema. Served with guacamole and rice. 11.

FISH N CHIPS

Hand breaded Alaskan cod in tempura batter and Japanese panko bread crumbs, fresh fries and housemade tartar 12.5

COUGAR GOLD MAC AND CHEESE

Grilled chicken and radiatore noodles tossed with Cougar Gold cheese and baked till golden brown. 10.

Grill

ALL BURGERS ARE 6 OZ AMERICAN KOBE BEEF SERVED WITH YOUR CHOICE OF SOUP, SALAD, CAESAR SALAD, OR FRIES. ADD SWEET POTATO FRIES 1. OR BISQUE 2.5

BACON BLEU CHEESE BURGER

Grilled and topped with hickory smoked bacon and bleu cheese crumbles. 11..

SOUTH OF THE BORDER BURGER

Guacamole and pepperjack cheese, 10.

RIDGE BURGER

Prosciutto, Cougar Gold cheese, lettuce, tomato, and onion straws served on a ciabatta roll. 13

CAJUN CHICKEN SANDWICH

Blackened chicken breast, jack cheese, lettuce, jicama coleslaw and chipotle mayo on a brioche bun 10.5

MUSHROOM BURGUNDY BURGER

Smothered in a mushroom burgundy demi-glace with swiss cheese on a toasted bun. 10.5

CHICKEN AVOCADO BURGER

Grilled chicken with avocados, bacon, lettuce, tomatoes, and swiss cheese. 12

HAWAIIAN BURGER

Marinated teriyaki breast topped with grilled pineapple and Swiss cheese. 9.5

GARDEIN VEGETARIAN BEEF BURGER

Gardein Beef topped with pepper jack cheese, lettuce, tomatoes, and red onions. Served on a toasted whole grain ciabatta roll. 10.5

SALMON BURGER

Seared Atlantic salmon, avocado, lettuce, tomato, and red pepper aioli on a toasted brioche bun. 13.