

October 2017

Closed Sundays

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT/SUN
2 5:45p- Kids BJJ 6:30-8:30pm- Adult BJJ	3 5p-Mightty Warriors 5:45p- Jrs 6:30p-Kickboxing 7:30p-Adult BJJ	4 5:45p- Kids BJJ 6:30p-Kickboxing 7:30p-Adult BJJ	5 5p-Mightty Warriors 5:45p- Jrs/No Gi BJJ 6:30p-Kickboxing 7:30p-Self Defense	6	7/8
9 5:45p- Kids BJJ 6:30-8:30pm- Adult BJJ	10 5p-Mightty Warriors 5:45p- Jrs 6:30p-Kickboxing 7:30p-Adult BJJ	11 5:45p- Kids BJJ 6:30p-Kickboxing 7:30p-Adult BJJ	12 5p-Mightty Warriors 5:45p- Jrs/No Gi BJJ 6:30p-Kickboxing 7:30p-Self Defense	13 Traven Seminar kids	14/15 Traven Seminar
16 5:45p- Kids BJJ 6:30-8:30pm- Adult BJJ	17 5p-Mightty Warriors 5:45p- Jrs 6:30p-Kickboxing 7:30p-Adult BJJ	18 5:45p- Kids BJJ 6:30p-Kickboxing 7:30p-Adult BJJ	19 5p-Mightty Warriors 5:45p- Jrs/No Gi BJJ 6:30p-Kickboxing 7:30p-Self Defense	20	21/22 Pizza Party! 6-8pm
23 5:45p- Kids BJJ 6:30-8:30pm- Adult BJJ	24 5p-Mightty Warriors 5:45p- Jrs 6:30p-Kickboxing 7:30p-Adult BJJ	25 5:45p- Kids BJJ 6:30p-Kickboxing 7:30p-Adult BJJ	26 5p-Mightty Warriors 5:45p- Jrs/No Gi BJJ 6:30p-Kickboxing 7:30p-Self Defense Kick and roll for a cure!	27	28/29 Making strides walk
30 5:45p- Kids BJJ 6:30-8:30pm- Adult BJJ	31 Closed Happy Halloween!	1 5:45p- Kids BJJ 6:30p-Kickboxing 7:30p-Adult BJJ	2 5p-Mightty Warriors 5:45p- Jrs/No Gi BJJ 6:30p-Kickboxing 7:30p-Self Defense	3	4/5