

2015 Annual Report

Gratitude in Giving

This edition of our annual report features our "reflections of gratitude" series which showcases a number of success stories from CFI consumers who have benefited from our services this year.

Here at Community Friendship, Inc. we take pride in providing life-changing programming and are thankful to all of you who continue to invest in our future though your generous donations, kind words and willingness to volunteer. Your continued involvement helps our organization improve the lives of many every day.

From our perspective we see the strength of both giving and receiving. We continue to witness the amazing foresight of donors whose generous gifts we steward. These gifts have impacted our services and we are forever grateful to be part of a strong and generous community.



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Message from Board Chair and President/CEO

2015 was a remarkable year for Community Friendship, Inc. We celebrated our 45th anniversary, and welcomed new staff & board members while cultivating meaningful partnerships throughout the community.

As we move forward in 2016, we are proud of what Community Friendship has accomplished this past year. Services provided by CFI have helped hundreds of individuals obtain affordable housing, gain access to emergency resources, while contributing to the reduction of unnecessary hospitalization by consumers. Through our Work Opportunities program, CFI has assisted many Metro Atlanta residents living with mental illnesses secure and retain long-term employment.

In 2016, we are confident that CFI will continue to improve and expand our services. We are looking forward to helping more consumers reach their personal and professional goals. Being a vital part in our consumers' recovery is important to CFI. However, we would not be here without the unwavering support we receive from our donors, partners and volunteers. We are forever grateful and hope you will continue to be a great friend to CFI.

Sherry Jenkins Tucker Board Chair



Jean Toole President/CEO



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Meeting the needs of the communities we serve...

Our *History*

Community Friendship, Inc. (CFI) is a nonprofit comprehensive provider of recovery-based mental health services assisting adults in metropolitan Atlanta. Originating in 1962 as a drop-in social center for adults with chronic mental illnesses, CFI incorporated in 1970 and has grown to offer a comprehensive array of services in the psychiatric rehabilitation approach. CFI provides services which promote recovery and assist consumers in establishing and maintaining productive lives in the community. For over 45 years, CFI has been committed to supporting an individual's recovery from mental illness so that each person can lead a contributing, integrated, and self-directed life.

Our *Mission*

The mission of Community Friendship, Inc. is to provide a supportive community for people whose mental illness prevents them from participating in community life, employment and relationships. CFI has developed programs and services that are central to mission success and has achieved a consistent level of desired results for those being served. We have also developed an organizational infrastructure necessary for supporting core programs. We are achieving our mission impact through programmatic offerings and organizational leadership as evident in our strategic partnerships, advocacy efforts, and collaborations.

Our *Vision*

The vision of Community Friendship, Inc. is full access to community life through achievement of one's potential and removal of barriers.

Restoring hope one life at a time

Community Friendship, Inc. (CFI) offers a comprehensive range of services which includes: educational classes, skill building activities, on-site training, career development resources and outside referrals to other agencies (as needed). At CFI, we believe that all individuals have the ability to grow and reach their full potential. We take a holistic approach by working with the whole person (mind, body, and spirit) and not just by focusing on their mental illness.

Our continuum of services

- Residential Services: We offer individuals living with mental illnesses, many which have previously been homeless, a place to call home.
 We offer a variety of residential options that offer varying degrees of support and supervision.
- Homeless Outreach: Our outreach staff go where homeless individuals stay, visiting and talking with them at places like shelters and free meal sites, under bridges, or at bus stations. By establishing trusting relationships with individuals, we help them start planning for their futures. The ultimate goal is to guide individuals with mental illnesses from homelessness to permanent housing and independence.
- Case Management/ Intensive Case Management: We provide a vital link between individuals and the community services available to them. We help individuals negotiate and obtain needed community services to ensure successful community living.
- **Day Services:** We help individuals to develop hope, confidence and motivation to pursue their life goals.
- Work Opportunities: We assist individuals in choosing, getting and keeping jobs in the community.
- Peer Support: Our Certified Peer Specialists lend unique insight into mental illness and provide support for skills needed to live more independently.
- **Training:** We provide training to individuals and their families including a Relapse Prevention Series, as well as, various community trainings related to psychiatric rehabilitation and recovery.
- Vocational Rehabilitation Services: We provide Vocational Assessment, Work Evaluation, In-house and Community Work Adjustment, Personal and Social Adjustment, Job Readiness, Job Coaching, and Supported Employment





Reflections of Gratitude

Cynthia

Cynthia's personal journey on how she is overcoming substance use and homelessness while living with mental illnesses is incredible. Soon after graduating high school, Cynthia got married and

relocated to Atlanta from Kentucky with her husband. Armed with big dreams and barely any income, Cynthia began working multiple jobs to help provide for her growing family. During this period, Cynthia's employment was very unstable due to her jobs only lasting a few months at a time. Being unable to provide for her family, Cynthia started to feel overwhelmed and stressed. She was drawn to alcohol and drugs as a way of coping with her problems. Soon after, she and her husband divorced after 5 years of marriage and her two children relocated back to Kentucky with their father.

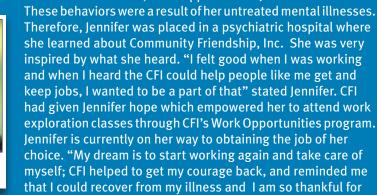


Now alone without income, Cynthia became homeless. She lived in several shelters and on the streets. She encountered other

homeless people who promised her a better life in return for her being the "lookout person" to avert drug raids from police. After being incarcerated several times, Cynthia decided to check herself into a psychiatric hospital where she was diagnosed with depression, bipolar disorder and schizophrenia. While there, she was informed on the services offered by Community Friendship, Inc. (CFI). Once released from the hospital, Cynthia met with a CFI staff member and was provided with a variety of services. Through CFI, She received a place to call home, joined a local church and is currently in recovery from substance use. In addition, she has also received support through CFI's Peer Support program and is now being trained to re-enter the workforce. "Recovery is a mind thing, what you decide you can do it, you can!" stated Cynthia. She attributes her faith and support from CFI as the turning point in her life. When asked what advice she would give to homeless men and women -"Trust in God, if you're tired of being unhappy, turn your life over to God-trust him to help you." Thanks to God and CFI, I am on the road to recovery."

Jennifer

After losing her parents and a sibling within 10 years, Jennifer started experiencing some difficulties in her personal life. Although she was a skilled worker, Jennifer was unable to remain employed due to the voices she heard increasing after the death of her family members. During this period, one of Jennifer's siblings provided her with shelter for a while; but stopped due to Jennifer's behaviors.



Reflections of Gratitude

Alicia

After an eviction in Florida, Alicia and her young daughter relocated to Atlanta in search of a new job opportunity. Upon arrival, she met a young man, fell in love and started sharing a home with her new boyfriend. However, she faced a major problem; her new boyfriend did not want her child in his life or hers. Alicia decided to leave and had to find shelter for her and her daughter. Unknowingly, Alicia became a mother again and her difficulties seemed overwhelming. After the birth of her second child, she took to the streets and would get involved in drug use, prostitution, become a victim of rape and robbery. "There were times I thought that I would not live past 30" stated Alicia. The conditions caught the attention of state agencies and her children were removed



from her custody. During this time, Alicia was expecting her third child. With all of the children in state custody, Alicia reverted back to the streets which led to incarceration. After leaving prison, she lived in a shelter and was told about the services of CFI. Alicia had been diagnosed with Depression and Bipolar Disorder which was left untreated for years. Through CFI services, Alicia was provided with shelter, re-trained for employment, and actively participated in parenting classes & substance abuse recovery activities. She was taking active steps to being re-united with her children. "The hardest part of my journey has been not being there for my kids and stepping up for them as I should have" stated Alicia. "I am going to be a better mother, a better person and I am thankful to CFI for helping me to get to this point in my life".

Michael

During years of scrutiny and bullying while in special education, Michael found comfort in his relationship with his older brother, Luke. Though Michael would endure several mental health diagnoses, years passed before he received an accurate diagnosis. To cope with his illness, Michael relied heavily on his relationship with Luke. He knew he could wholeheartedly trust Luke with anything, which helped him manage the realities of his mental illnesses.

Luke eventually got married and moved far away. In Michael's mind part of him left with his brother. For the first time in years, the two were separated. Michael's confidante, teacher, counselor and only real friend was gone. Michael entered a severe state of depression and felt betrayed and

abandoned. To help him cope, Michael's parents enrolled him in CFI programming. "I did not trust anyone; I did not want to talk to anyone or even get out of bed." Michael kept to himself while in programming and initially refused to participate in many of the activities. However, after several weeks Michael began to form friendships. "I started to like CFI, the people were nice and I didn't miss my brother as much." Michael entered and completed CFI's Work Opportunities programming and is now employed. "It felt so good to have a job, that I treated my Mom and Dad to dinner with my first pay check." "CFI helped me to trust again, I learned that I can recover and be happy". "I am very thankful to CFI!" When asked what his current goals, Michael responded, "I want to get a girlfriend, an apartment and to learn how to drive a car."





2015 Community Friendship Inc. Donors

With gratitude, CFI extends our deepest thanks to every individual, business and organization that made a donation in 2015. Large or small, every gift benefits our work to help impact the lives of individuals living with mental illnesses.

Government Funders

Georgia Department of Behavioral Health and Developmental Disabilities Georgia Vocational Rehabilitation Agency Fulton County Human Services

\$20,000-\$50,999

The Billie and Jim Ellis Foundation The Gould Family Foundation The JB Fuqua Foundation The John and Polly Sparks Foundation The Rich Foundation

\$10,000-\$19,999

The Wells Fargo Foundation
The H Foundation
The Sara Giles Moore Foundation
United Way of Metropolitan Atlanta Food
and Shelter Program

\$2,000-\$9,999

Anonymous Foundation
Anonymous Company
The Catholic Association of North Georgia
Community Foundation of Greater Atlanta
Jay and Angie Levin
Jeannette and Scott DePoy

\$500-\$1,999

Allison Hill Bill Warren Brooks McGinnis and Company Carole Nev CornerCap Investments **Fife Foundation** Frank Alexander **Greg and Willa Presmanes Howard Fersaud** Integrated Management Systems Jo Ann Haden-Miller John and Gertrude Caruso John and Ann Watson John Ladson Kathy Redgate Keith and Brenda Wood Keller Knapp Realty Mary Leslie M.Vision Pat Clifford

Tom Michaud W. Segal

\$499 and below

A. Hazzard A1Shedding and Recycling Anno Hardage Atlanta Tile and Masonry B. Beerman B. McDaniel Carla Copeland **Charley and Talley Wells** Carol Sandiford **Carole Galanty** Carlton Lenon **Christine Schneider Claire Brown Debbie Henderson** D. Mahoney David and Abigail Doggett-Bordeaux Dr. William McDonald E. Thompson **E.Thomas Andrews** Eugenia Nevels Eve Byrd

Evelyne Headden F. Berry Gordy Tire Howell Mill Harold McPheeters H. Beaver

H.E. King James & Annette Maxey Jean Toole

Jo Faddis
Joyce Ballew
J. Wall Jr.
John Gates
Judy Fitzgerald
K and M Johnson
Karen Weyandt
Kevin McCauley
Lei Ellingson

Longhouse Properties M. Crowe Market Pharmacy McDonalds Michele Miles P. Cook Phyllis Lloyd P.G. and G.C. Rice R. Burnett **Ruth Coody** Randi Engel Schnell **Robin Ratliff** Regina Cannon Reverend G. Small **Richard Shuey Rocile Cain** Stan Jones Steve Schrock S. Shah S.K. May Scott Hayes Scotty Hendricks **Shelby Torbet Sherry Jenkins Tucker** Sterling Risk Advisors Susan Culpepper Tim Gould T.Fricks T. Hawkings Tom Mains The Shakespeare Tavern

United Way Specific Care V. Howard Virginia Mooney Walter Jospin William H. and Susan J. Wilson Williams Cleaning Services

Financial Summary

Community Friendship, Inc. General Operating Budget Fiscal Year 2015-2016

	FY'15 BUDGET	FY'15 ACTUAL	FY16 PROPOSED BUDGET
DBHDD	5,044,218	5,102,420	5,168,283
DBHDD ICM DBHDD - BRIDGE FUNDING	391,000 19,500	391,000 27,256	292,500 19 , 500
Sub total - DBHDD	5,454,718	5,520,676	5,480,28
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DOL - GVRA	30,000	23,570	20,000
MEDICAID	394,928	493,208	500,000
CLIENT RENT/UTILITIES	40,153	40,955	40,15
MAINT FEES	19,200	19,200	19,200
MGMT FEES CONTRACTS	20,508	20,178	20,178
FUNDRAISING GRANTS	37,638 175,000	27,261 204,625	30,000 204,000
CONTRIBUTIONS	30,000	36,970	36,000
INTEREST-OPERATING	1,000	1,645	1,500
MISC INCOME	1,296	4,802	1,000
INVESTMENT INT/DIV/NETS	117,250	(34,222)	68,949
OTAL REVENUE	6,320,395	6,358,868	6,421,263
EXPENSES			
SALARIES	- 3,968,063	- 4,055,783	4,164,83
BENEFITS	811,014	755,475	807,568
PARKING	27,398	30,583	30,583
COMPENSATION & REL EXP	4,806,475	4,841,841	4,786,95
APARTMENT COST	5,668	3,049	3,140
APARTMENT ROOM/RENT	46,000	54,292	52,648
EMERGENCY HOUSING	50,000	40,955	60,00
CLIENT BENEFITS	17,000	6,734	7,33
CLIENT TRANSPORT	145,000	144,898	150,500
PROGRAM SUPPLIES	114,999	119,807	115,000
COMMUNITY INTEGRATION	19,205	21,580	19,20
CONSULTANT & CONTRACT SVC	187,329 89,000	170,975 84,387	173,400 106,000
STAFF TRAVEL EXPENSE	72,387	74,807	74,807
VAN EXPENSE	28,853	22,784	23,468
DIRECT CARE EXPENSES	775,441	744,268	785,593
CONFERENCES & TRAINING	17,907	24,323	20,683
DUES & SUBSCRIPTIONS	15,745	18,732	21,532
NDIRECT CARE EXPENSES	33,652	43,055	42,21
CARF	14,945	13,277	
UTILITIES	89,723	87,631	90,260
MAINTENANCE	26,965	32,906	30,000
COPIER/SOFTWARE LEASE	52,290	57,238	62,762
INSURANCE	143,311	152,123	145,73
COMPUTERS SECURITY	126,500 59,190	12,835	27,000 32,000
RENT	47,773	49,546 47,616	44,374
TELEPHONE	59,440	67,362	68,709
POSTAGE	6,368	9,752	9,752
PRINTING	10,011	23,067	20,000
SUPPLIES	50,763	46,725	40,025
PROFESSIONAL FEES	57,724	60,302	64,424
RECRUITMENT EXPENSES	2,001	2,320	2,000
MISCELLANEOUS BANK CHARGES	7,112	14,663	7,112
STAFF APPRECIATION	7,389	6,799 6,553	7,389
SUB-TOTAL OPERATING EXPENSES		672,387	
DEPRECIATION EXTENSES	11,997	11,944	12,000
PPERATING EXPENSES	780,734	702,659	670,772
TOTAL EXPENSES	6,396,302	6,331,823	6,501,566
NET EVERCE (DEFICIT			*/*
NET EXCESS/DEFICIT	\$(75,907)	\$27,045	\$(80,303)



Board of Directors

Sherry Jenkins Tucker - Board Chair Georgia Mental Health Consumer Network

John Watson - Vice Board Chair Retired-Department of Behavioral Health and Developmental Disabilities

> **Anno Hardage - Board Treasurer** Girls Incorporated of Greater Atlanta

Keith Wood - Board Secretary Emory University, School of Medicine Grady Psychiatric Services

> **Eve Byrd** Emory School of Nursing

Regina Cannon Corporation for Supportive Housing

Lei Ellingson The Carter Center, Mental Health Program

> **Carole E. Galanty** Community Advocate

Jo Ann Haden-Miller **Cultural & Heritage Marketing** Atlanta Convention & Visitors Bureau

> Scotty Hendricks Jr. Voya Financial Advisors

Allison Hill Peachtree Psychological Associates

> **Willa Presmanes MTM Services**

> > **Robin Ratliff**

Federal Reserve Bank of Atlanta

Bill Warren

Pricewaterhouse Coopers

Leadership Team

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President/CEO

Rocile Cain

Chief Operating Officer

Debbie Henderson

Chief Financial Officer

Beth Boersma

Director of Day Services

Jean Mevoli-Cannon

Director of Work Opportunities and Peer Support Services

Diane Clemons

Director of Human Resources

Christy Drummond

Director of Case Management and Homeless Outreach

Shirley Estell

Director of Rehabilitative Housing

Konswella Gilchrist

Director of Phoenix House/Presley Woods/Rosalynn Apartments

Pamela Owunta

Director of Development and Communication

Donna Snellgrove

Director of Quality Assurance and Training

Lola Williams

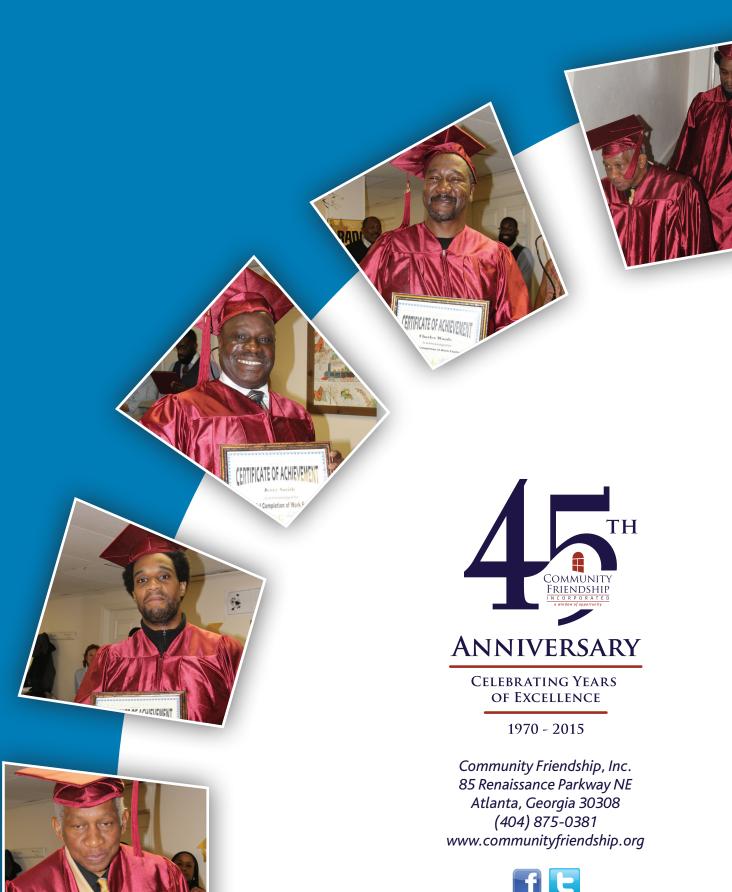
Director of Access/Intake

Carrie Vanzant

Director of O'Hern House



Starting where we were, using what we had, doing what we could and beyond...



CERTIFICATE OF ACHIEVEMENT