



Nursery School

Snack Menu

FALL 2022

Week 1	Yogurt Fresh Fruit	No Nut Butter Rice Cakes Fresh Fruit	Gold Fish Crackers Raisins	Apple Sauce Whole Wheat Multigrain Crackers	Tuna Salad Whole Wheat Bagel Fresh Fruit
Week 2	Yogurt Arrowroot Cookies Fresh Fruit	Apple Banana Raisin Loaf Fresh Fruit	Soft Cheese Whole Wheat Blueberry Bagel Apple Sauce	Morning Glory Muffin Fresh Fruit	No Nut Butter Whole Wheat English Muffin Fresh Fruit
Week 3	Yogurt Fresh Fruit	Apple Sauce Rice Cake	Gold Fish Crackers Raisins	Banana Chocolate Loaf Fresh Fruit	Sliced Cheddar Whole Wheat Multigrain Crackers Fresh Fruit
Week 4	Banana Raisin Loaf Fresh Fruit	Yogurt Whole Wheat Multigrain Crackers Fresh Fruit	Carrot Coconut Loaf Fresh Fruit	No Nut Butter Whole Wheat Bagel Apple Sauce	Nachos Cheese Salsa

Water available at all times