

Press Release
For Immediate Release

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Substance Abuse Prevention Parenting Program Coming to Pitman

Kids Caring Foundation's Substance Abuse Prevention and Resistance Community will be hosting the Partnership for a Drug-Free New Jersey's (PDFNJ) *15 Minute Child Break* program Tuesday, May 5th at 7:00pm in the Pitman High School Auditorium.

The *15 Minute Child Break* is a **ONE-HOUR** multi-media presentation offered by the PDFNJ, according to Angelo Valente, Executive Director of the PDFNJ. He explained that information on the importance of the parent or caregiver's role on substance abuse prevention will be discussed; as well as how to talk to children about drugs, signs of use and abuse to look for, current terminology, and trends of use. He noted that the presentation is based on New Jersey specific research conducted by the PDFNJ's Center for Prevention Research.

"This presentation is an opportunity for parents and caregivers to come out and find out the role they play and the power they have in preventing their children from abusing drugs and alcohol," Valente explained.

SPARC provides outreach to engage caregivers and other community members to become educated and involved with our youth to prevent substance abuse. Through education and support we will encourage our children to make better choices to build a drug free community. Join the Resistance and visit www.kidscaring.org/SPARC.

The PDFNJ offers a variety of free programs, services and materials. For additional information visit www.drugfreenj.org.