

# KIDS

# CLUB

For  
Middle-Schoolers  
and Elementary age kids.



Developing the skills necessary to navigate the complex, real-life situations in school and at home.

Weekly group meetings address strategies for managing things like:

- Staying focused at school
- Making appropriate choices
- Better Problem Solving
- Improving Social Skills
- Staying focused in school
- Time Management
- Staying organized at home/school
- Managing ADHD and Anxiety



**MONDAYS**  
**Jan 27 - March 2**  
**6-7pm**

**\$265**

For information and registration

Call: 734.454.0866

[www.bridgestherapy.com](http://www.bridgestherapy.com)