


AGENDA
Southeast Washington Regional FYSPRT
2/9/2023 3:30-5:00 p.m.
Location – ZOOM & PHONE-IN ONLY

<p>Purpose designed to influence the functioning of local, state, and child-serving systems, and to promote proactive changes that will improve access to, and the quality of, services for families and youth with complex behavioral health challenges, and the outcomes they experience.</p>	<p>Mission through respectful partnerships, families, youth, systems and communities will effectively collaborate to proactively influence, and provide leadership to address challenges and barriers faced by the behavioral health service system for children, youth, and families in Washington State.</p>	<p>Vision To bring all necessary parties together to contribute to continuous improvement to children’s behavioral</p>	<p>Ground Rules All FYSPRT attendees should have a chance to speak, express their own ideas and feelings freely, and pursue and finish out their thoughts Everyone has an equal opportunity to share their voice and view A variety of points of view are to be put forward and discussed during meetings All attendees should work to remain open-minded Stay true to the FYSPRT goals Participants can interpret topics openly and honestly All respectful feedback is welcomed</p>
Agenda Items	Discussion & Notes		
<p>Welcome & Introductions (15 minutes)</p>	<p>Youth Tri-lead Baltazar Torres On entry to the meeting, please put your name, agency/group affiliation if you have one, and if you are a family, youth or system partner. This will help with attendance gift card stipend for those who qualify. <i>Baltazar reviewed the purpose, mission, vision and ground rules of the FYSPRT. Baltazar led the group in an ice-breaker, members were asked to put their contact information if the chat if able.</i></p>		
<p>Meeting Minutes (5 minutes)</p>	<p>System Tri-lead Jill Mulhausen Review of meeting minutes from January 12, 2022 Motion made by: <u> Kaila </u> Seconded by: <u> Tisha </u> Did the vote carry? YES <i>Jill reviewed the January 2023 meeting minutes. Meeting minutes passed as written.</i></p>		
<p>New Journey’s Program</p>	<p>Areli Larios and Lena Knight <i>Areli and peer support staff presented on the New Journey’s program out of Pasco by Comprehensive. New Journey’s is a 2- year early intervention program for individuals 15-40 years old who are experiencing psychosis. There is no formal diagnosis required for program referrals, but they must be individuals who are 15-40 years old and meet program criteria. New Journey’s is taking new program participants at the Pasco location and are looking to add the program in the Walla Walla area as well. The program offers family support, medication management, transportation assistance, therapy, case management, family therapy and peer support. Some things the program can assist with are: career development, resource connections, social skills, communication skills, FAFSA applications and school admission steps. Peer supports provide program participants with hope for recovery through their lived experience, assistance with coping skills and development of hobbies, etc. Referrals forms will be distributed to FYSPRT members and can be accessed on the website. New Journey’s accepts Medicaid and has 2 openings for Private insurance.</i></p>		

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YARP program referrals	Meredith/Zach https://yarp.kidsmentalhealthwa.org/ <i>Meredith and Zach discussed how to refer to the YARP program and reviewed several aspects of the website including crisis information, referrals, and service availability and wait times.</i>
FYSPRT Evaluation Survey	All Members – Please fill out during roundtable discussion and note the question regarding meeting preference The FYSPRT meeting evaluation link is: https://www.surveymonkey.com/r/PCVMDW  <i>Members were encouraged to fill out the evaluation survey during the round table discussion.</i>
Roundtable Discussion (20 minutes)	All members <i>Kaila at Lutheran – Discussed the Transition Aged Youth outreach and engagement program for those 16-21. It is a community building program, the outreach staff is able to work with anyone in that age range even if they are in different programs or at another organization for mental health services. They assist Transition Aged Youth with needs, service access and why they may not be accessing services that are available. Contact the main number at Lutheran for more information and to access this service.</i> <i>Tisha with Behavioral Health Advocates – Discussed monthly forum on services in the region and will provide a flyer for distribution to the FYSPRT. At the last forum wait times and stigma with accessing behavioral health services was discussed. OBHA website is now up and running.</i> <i>Areli with New Journey’s – They are currently hiring and looking to expand to Walla Walla county, she is also able to do presentations regarding the program when needed.</i> <i>Cindy with GCBH-ASO – Discussed meetings and trainings that she has been attending and encouraged members to become involved in reviewing and advocating for mental health legislation. Discussed the possible change to the language of certified peer counselor being changed to certified peer specialist.</i> <i>Salomon with United Family Center – April 28th they are hosting a community resource fair and will be providing agencies and organizations with table and chairs, event will be at UFC and contact Salomon or UFC for more information or to participate.</i> <i>Jill FYSPRT Tri-Lead – Discussed a contest that will be taking place for youth to design 988 stickers to promote awareness and de-stigmatization, showed stickers that Baltazar created as examples. Youth designed stickers will be used during the month of May (and throughout the year) to promote mental health awareness month.</i>
Upcoming Event(s) (5 minutes)	March Meeting will be a training by WSCC – see description below <u>Filling Your Toolbox – Tools to Support Strong Boundaries, Empowerment, and Families</u>

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	<ul style="list-style-type: none">• This is a customized, interactive training that teaches and/or strengthens concepts to support families wherever they are in their journey. Concepts will include tools for creating boundaries, empowering rather than enabling your loved ones, combating shame and acknowledging pain, making action plans, and more! This engaging training will send you off with some new ways to use tools you may already have and introduce you to some new ones along the way. This training can be designed for sessions from 60 minutes to 2 hours, depending on the level of learning and the number of activities included. (60-minute mini-training or 2-hour full training) <p><i>Encouraged members to attend the next month's meeting for a training by WSCC (information above).</i></p>
Closing Announcements (5 minutes)	Jill Mulhausen *The YARP (Youth Access and Resource Program) is now taking referrals in Benton and Franklin county. Please go to the website to make a referral, view resources and find other information: https://yarp.kidsmentalhealthwa.org/ *Tax season is coming! Families with an income of under 60k can get assistance with filing their taxes through 211. Please refer families to this resource if applicable. *The Grind Recovery Café, a part of 3 Rivers Therapy is now open Monday-Friday from 9am-5pm, they are looking to expand their hours in the future based on need
Regional FYSPRT meeting dates	March 9, 2023 April 13, 2023 Meeting ID: 376 123 4588 1-253-215-8782 or 3761234588# https://us06web.zoom.us/j/3761234588
State FYSPRT meeting dates	February 23 rd 3-5pm April 27 th 3-5pm June 22 nd 3-5pm