



**Muenster Hospital to Implement Better Breathers Support Group
For Release Week of May 7, 2018**

**CONTACT: Gayla Blanton
 MMH Marketing
 940-759-6139**

Muenster Memorial Hospital has partnered with the American Lung Association to provide monthly Better Breathers Club meetings to area residents.

Meetings will be held at 2 p.m. the third Wednesday of each month in the Board Room at Muenster Memorial Hospital, 605 N. Maple Street in Muenster, with the first meeting scheduled May 16.

The free monthly meetings will provide support, education and socialization for people with COPD and other lung diseases, as well as their families and caregivers. Smoking cessation information will also

be available. Members can provide ideas for meeting topics, organize communication networks and even help plan special events. An American Lung Association staff member will provide ongoing support to the group.

The Better Breathers Club is an outreach program of the Pulmonary Rehab Program at MMH.

For more information, contact Andrea Hendershott, 940-759-6163.