



Meridian Health Services is a progressive healthcare organization that believes in treating the "whole person" integrating physical, mental and social well-being to help people achieve their optimum health.

Simply, Meridian helps people cope and gives families hope to make the most of their lives.



Services Provided

Office-Based Individual and Family Therapy

Licensed and certified mental health professionals provide therapeutic services to individuals and families. This is done by creating detailed treatment plans focusing on specific goals and problem areas.

Behavioral Skills Training

This service is provided by Behavioral Clinicians who work in home, schools and the community. These professionals assist children, families, and schools in following treatment plans to assist children in modifying their challenging behaviors and reach their full potential.

Medication Services

Medication Management is provided by board certified Psychiatrists. This service is commonly used to provide interventions for hyperactivity, mood disorders, and anxiety. This service is used in combination with Office-Based Therapy and/or Behavioral Skills Training.

Get Started Today!

765-983-2220

Location:
2300 Chester Blvd
(2nd floor)
Richmond, IN 47374

Walk in on Monday 12:00pm-4:00pm or call to schedule an intake time.

Items needed are listed below

- Photo ID of the parent/legal guardian (also proof of guardianship if not biological parent)
- Childs social security number
- Insurance Card (if you do not have insurance please provide 3 pay stubs to determine sliding fee scale, if unemployed arraignments will be made to verify.)

Intake Process

Plan to be in the office up to 90 minutes per child

1. Complete intake packet
2. Begin interview with Therapist to determine presenting problems and goals.
3. Review diagnosis and direction of treatment plan.
4. You will be assigned a therapist and/or Behavioral Clinician depending on level of need.
5. While checking out you will schedule your first appointment with your assigned therapist , if need for a Behavioral Clinician is determined they will contact you within 3 days to set up first skills session.

Common Reasons to Start Services

Challenging Behaviors	Excessive Anger
Aggressive Behavior	Defiance
Poor Focus Skills	Poor Impulse Control
Social Withdraw	Bullying
Depression	Mood Swings
Substance Abuse	Loss of a Loved One
Sexual, Physical, or Emotional Abuse or Other Traumatic Events	Compulsive Behavior (such as nail biting or hair pulling)
Problems in Transitions (following separation, divorce, or relocation)	Parental Alienation Issues

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MERIDIAN HEALTH SERVICES

CHILDREN'S SERVICES

2300 CHESTER BLVD.
RICHMOND, IN 47374

Phone: 765-983-2220
Fax: 765-966-5750
www.meridianhs.org

MERIDIAN
HEALTH Services

Physical. Mental. Social Well-Being.

HOW TO GET STARTED

Children's Services

HELPING CHILDREN AND FAMILIES
REACH THEIR FULL POTENTIAL