

Ferris ISD

McDonald Lunch Menu

January 2017

Dec 13, 2016

Monday	Tuesday	Wednesday	Thursday	Friday
Jan - 2 Happy New Year!	Jan - 3 Happy New Year!	Jan - 4 Happy New Year!	Jan - 5 Chicken patty~~~ Wheat Buns*** new 2. TOMATOES,RED,RIP PICKLES,CUCUMBER Ranch Beans~~~ Corn Cob 3" APPLES,Fresh-*** Rosati Ice Ketchup/Mayo/Mustard MILK - Variety	Jan - 6 Pepperoni Pizza Corn*** Broccoli *** Cheese Sauce ORANGES*** MILK - Variety
Jan - 9 Chicken Tenders-!!! Corn Cob 3" Carrot Coins*** Honey Wheat Roll Pineapple Tidbits In Natural Juice MILK - Variety	Jan - 10 Beef & Bean Burrito~~~ Cheese Sauce Spanish Rice GARDEN SALAD*** Mexicali Corn*** APPLES,Fresh-*** Salsa*** MILK - Variety	Jan - 11 Bacon/Egg Scramble Hash Brown Stix Tortilla, Whole Wheat Country Gravy-!!! Refried Beans~~~ pc jelly!!! PC Butter Pear In Light Syrup MILK - Variety	Jan - 12 Baked Potato Soup Grilled Cheese Sandwi Celery Sticks*** Carrot Sticks*** pc Ranch Dressing!!! Peaches In Light Syrup MILK - Variety	Jan - 13 Hamburger~~~ Potato Stix Sandwich Trims Spinach*** Peaches In Light Syrup Ketchup/Mayo/Mustard MILK - Variety
Jan - 16 HOLIDAY	Jan - 17 NACHOS WITH GRO Refried Beans~~~ GARDEN SALAD*** Spanish Rice Pear In Light Syrup Salsa*** MILK - Variety	Jan - 18 Salisbury Steak Brown Gravy Whipped Potatoes~~~~ Carrot Coins*** Honey Wheat Roll Fruit Cocktail~~~ MILK - Variety	Jan - 19 Spag.&Meat Sauce ~~~ Carrot Sticks*** Celery Sticks*** Mozarella Cheese~~~ GARDEN SALAD*** apples, canned sliced Cheesy Garlic Breadsti pc Ranch Dressing!!! MILK - Variety	Jan - 20 ChickenSticks!!! Carrot Coins*** Potato Baker Ketchup, pc~~~ Honey Wheat Roll Pineapple Tidbits In Natural Juice MILK - Variety
Jan - 23 Mini Corn Dogs !!! Baked Beans~~~ Corn Cob 3" Macaroni & Cheese Ketchup/Mayo/Mustard MILK - Variety	Jan - 24 Beef Taco~~~ Shred Cheese Spanish Rice Taco trims*** Refried Beans~~~ Pears~~~ pc salsa MILK - Variety	Jan - 25 Chicken Fried Steak P Whipped Potatoes~~~~ Country Gravy- !!! Green Beans *** Honey Wheat Roll Peaches In Light Syrup MILK - Variety	Jan - 26 Sweet-N-Sour Chicken Carrot Sticks*** Celery Sticks*** Minh Egg Roll (cn)!!! Pineapple Tidbits In Natural Juice MILK - Variety	Jan - 27 PEPPERONI CALZON Corn*** Broccoli Florets Cheese Sauce APPLES,Fresh-*** MILK - Variety
Jan - 30 Chicken Fried Steak P Wheat Buns*** new 2. Sweet Potato Fries ORANGES*** Sandwich Trims PICKLES,DILL!!! Ketchup/Mayo/Mustard MILK - Variety	Jan - 31 Fajita Chicken Bowl**** Shred Cheese Pico Romaine Lettuce apples, canned sliced MILK - Variety			

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

* - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.