



Grizzly Ultra Training Race Series

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Registration

Online registration is available at www.grizzlyevents.ca

\$50 Per Race plus GST and online processing fee. Fees are non-refundable.

Your registration fee includes:

- Live Timing / Results
- Finish Line Refreshments
- Fully Marked Course
- Age Group Awards
- Top 3 Male / Female Series Winner Awards*
- High Quality Grizzly Tee For Series Finishers*
- Draw Prizing From Generous Sponsors
- Medical Support
- Optional post run get together on one of Canmore's finest patios

* Must complete all 5 races to be eligible for series awards and Grizzly Tee.

Important Bear Spray Policy

The Canmore Nordic Centre has developed and mandated a bear spray policy for all events. All participants of all events must carry bear spray while on the bike and/or run. Participants found not to be carrying bear spray are subject to immediate disqualification. Grizzly Events thanks everyone for their cooperation and understanding.

There will be a mandatory bear spray check at the pre-race briefing.

Where ?

Canmore Nordic Centre Provincial Park is located just minutes from downtown Canmore, Alberta. The Canmore Nordic Centre offers World-class cross country skiing in the winter and over 100 km of trail ideally suited to trail running in the summer. Host site to many international sporting events, the Canmore Nordic Centre is also home to Canada's National Cross Country and Biathlon Teams.

Parking

Free parking is available at the Canmore Nordic Centre. We highly encourage car pooling since we will be reaching maximum parking capacity and of course because it's the environmentally right thing to do. Please follow the directions of our parking staff upon arrival.

Race Morning Package Pickup

Race Morning Bib and Timing Chip Pick Up will be available from 8 a.m. inside the Canmore Nordic Centre Biathlon Stadium.

Online Waivers

Online waivers will be available for download on the event web page at www.grizzlyevents.ca these must be printed and signed by all solo and team runners. Signed copies must be presented at time of race package pick up. Friends / family can pick up for others as long as they have participants signed waiver in hand.

Race Day Timeline

08:00 – 09:15 Race Package Pick Up will open at 8 a.m. at the Grizzly Tents inside the Biathlon Stadium.

09:30 – Mandatory Pre Race Briefing & Bear Spray Check- will take place at 9:30 a.m. sharp ! in the Biathlon Stadium at the Canmore Nordic Centre.

10:00 – Race Start

12:30 – Awards – presented to top age group and overall finishers. You must be present to accept your awards. We are unable to mail out post event.

Cut Off Times

Cut off time for all races will be 3 hours.

Course Maps

Check out www.grizzlyevents.ca for detailed course maps, descriptions, and elevation profiles.

Safety & Medical

Our medical base station will be located at the start / finish line inside the lower level of the Biathlon Building. We will have sweepers on course for each race; they will be equipped with radio communications to our emergency medical team.

Prizing & Awards

Will take place at the start / finish area in the Biathlon Stadium at approximately 12:30 p.m. Subject to the majority of podium winners having finished by this time. We appreciate your patience with the timing of awards.

Refunds

Your entry fee is non-refundable under any circumstances and cannot be rolled over to next year. You clicked and agreed to this policy when you registered. Please do not email us with requests for refunds or rollovers.

