

LEARN TO PERFORM AND CORRECT YOUR WUDHU

Step 1: Make Niyyah (Intention)

Intention is the basis of all actions. Before Wudhu, make the Niyyah that you are performing an act of worship by making Wudhu to please Allaah subhaanahu wa ta'aala

Step 2: Say Bismillah بِسْمِ اللّٰهِ الرَّحْمٰنِ الرَّحِیْمِ

Say Bismil-laahir Rahmaanir Raheem (I begin with the name of Allaah, the most Gracious, the most Merciful).



Step 3: Begin by washing your hands

Wash both hands properly 3 times, up to and including the wrists. Make sure you do not miss any part.



Step 4: Rinse your mouth:

Rinse and gargle your mouth thoroughly, 3 times. Try to use a miswaak (toothstick) before rinsing your mouth as it is a Sunnah that multiplies the reward of Salaah by up to 70 times.

(Gargle gently if you are fasting)



Step 5: Clean your nose

Take some water with your right hand gently up into your nostrils, making sure it reaches into the nasal passage, and then clean it with the small finger of your left hand. Do this 3 times.



Step 6: Wash your face

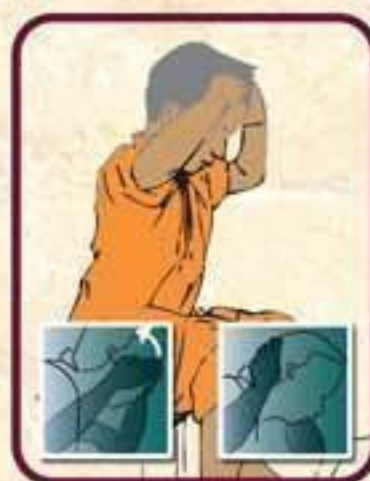
(a) Thoroughly wash your entire face 3 times, covering from the top of your forehead to the bottom of your chin and from one earlobe to the other.

(b) Men with a light beard must take a handful of water, starting at the top of their beard, and rub the water through it.



Step 7: Wash your forearms

Start by putting some water into the palm of the right hand, and then raise your forearm letting the water run down your arm up to and including the elbows. Do this 3 times. Each time pass your other hand over your forearm to make sure it is completely wet and no part is missed. Then do the same with the left arm. After this use your wet hands to wipe in between the fingers of the right hand and then the left.



Step 8: Perform Masah

(a) Wet your hands, then place the palms of your wet hands on your forehead (where the hairline begins), and drag your hands all the way back to your neck, and then back to the front.



Step 8:

(b) Using the same wet hands, place the index fingers inside the lobe of your ears and then wipe the back of your ears using your thumbs.

(You may also pass the back of your wet hands over the back of your neck)



Step 9: Wash feet

Finally, wash both your feet 3 times, remembering to wash the ankles, heel and between the toes. Wash your right foot first and then the left. Try to use your left hand to wash your feet.

Step 10: Du'aa after Wudhu:

Once you have completed Wudhu, say the Kalimah Shahaadah:

أَشْهَدُ أَنْ لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ ، وَأَشْهَدُ أَنَّ مُحَمَّدًا عَبْدُهُ وَرَسُولُهُ

"Ashhadu an laa ilaaha illallaahu wahdahu laa shareeka lah, wa ashadu anna Muhammadan 'abduhu warasooluhu"

You should also say:

اللَّهُمَّ اجْعَلْنِي مِنَ التَّوَّابِينَ وَاجْعَلْنِي مِنَ الْمُتَطَهِّرِينَ

"Al-laahummaj 'alnee minat taw-waabeeena waj 'alnee minal muta tah' hireena"

Fards in Wudhu:

1. To wash the entire face once
2. To wash the two arms including the elbows once.
3. To apply masah (wiping of head with wet hands) on the one-fourth of the head, that is, to rub a wet hand softly on it.
4. Washing both feet including the ankles once.

Fresh wudhu is needed after:

1. Natural discharge (e.g. urine, stool, wind and the like)
2. Flow of blood or pus from any part of the body.
3. Vomiting a full mouthful.
4. Falling in to deep sleep.