

Women's Health: Breakthrough Stress



Keynote Speaker: Dr. Mausumee Hussain

Wednesday, October 14, 2020

Virtual Meeting via Zoom

Check out our chapter Community Connections calendar or email prior to meeting will include Zoom meeting info!

Chapter Business 6:30 pm; Presentation 7:00 pm; Social/networking after

The mission of the American Business Women's Association is to bring together businesswomen of diverse occupations and to provide opportunities for them to help themselves and others grow personally and professionally through leadership, education, networking support, and national recognition.

***Changing Women's Lives
One Woman at a Time***

For more information about ABWA's MoKan Chapter, contact us at ABWAMoKan@gmail.com or visit our website at www.abwamokan.org.



MoKan Chapter

Join the MoKan Chapter of ABWA on Wednesday, October 14th for a relevant presentation by Dr. Mausumee Hussain!

Stress is a common experience of modern life with potentially lasting implications on wellbeing, optimal functioning and productivity, and importantly, long-term health.

Understand how stress silently impacts the body and learn how to make new connections between actionable steps and stress to improve the quality and length of life!

Dr. Mausumee Hussain is a board-certified Internal Medicine physician trained at The Imperial College School of Medicine (London, UK) with residencies at Yale New Haven Health System.

She is a diplomate of the American Board of Integrative and Holistic Medicine and holds a master's degree in Human Nutrition and Functional Medicine. Dr. Hussain is additionally certified in Medical Acupuncture, Ayurvedic Medicine, Reiki and Cupping therapy.

Innate Health Integrative and Internal Medicine (Innate Health) is an integrative medicine practice focused on the needs of women in the Greater Kansas City area.

There is no cost for this event, no need to RSVP however email us at ABWAMoKan@gmail.com for Zoom meeting info.

Any questions? Feel free to email us or leave a message at 913-390-3466!