




**Adams Lunch Menu**

**January 2019**

This institution is an equal opportunity provider.

Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4

# winter break

7	8	9	10	11
<b>Grilled Turkey w/ Choice of Cheese</b> P-Nut Butter & Jelly (V) Seasoned Vegetables	<b>Teriyaki Chicken W/ Rice</b> Teriyaki Veggies/ Rice (V) Seasoned Vegetables	<b>Beefy Mac &amp; Cheese</b> Mac & Cheese (V) Peas & Carrots	<b>Chicken &amp; Waffles</b> Grilled Cheese (V) Seasonal Fruit	<b>Pepperoni Pizza</b> Cheese Pizza (V) Seasonal Fruit
14	15	16	17	18
<b>Seasoned Beef/ Nachos and Cheese</b> Nachos & Cheese (V) Refried Beans & Salsa	<b>Corn Dog</b> P-Nut Butter & Jelly (V) Seasonal Veggies	<b>Orange Chicken and Vegetables</b> Vegetables in Orange Sauce (v) Brown Rice	<b>Pepperoni Pizza</b> Cheese Pizza (V) Seasonal Fruit	<b>Ham or Turkey Sandwich w/ Choice of Cheese</b> P-Nut Butter & Jelly (V) Potato Wedge
21	22	23	24	25
<b>NO SCHOOL</b> 	<b>French Toast w/ Turkey Sausage</b> P-Nut Butter & Jelly (V) Seasonal Fruit	<b>Chicken Sandwich/ Bun</b> Cheese Flat Bread (V) Seasonal Veggies	<b>Cheeseburger/ Hamburger</b> French Fries P-Nut Butter & Jelly (V) Carrots	<b>Pepperoni Pizza</b> Cheese Pizza (V) Seasonal Fruit
28	29	30	31	Feb. 1
<b>Hot Dog on a Bun</b> BBQ Vegetarian Beans P-Nut Butter & Jelly (V) Seasonal Fruit	<b>Chicken Nuggets</b> Sweet Potato Fries Cheese Flat Bread (V) Seasonal Fruit	<b>Meatballs w/ Breadstick</b> Breadstick w/ Marinara Sauce (V) Mixed Vegetables	<b>Chicken Bowl w/ Chicken Nuggets</b> Mashed Potatoes-Corn Mashed Potatoes-Corn & Cheese (V) String Beans	<b>Pepperoni Pizza</b> Cheese Pizza (V) Seasonal Fruit

Lunch Prices: \$3.25 paid, \$0.40 reduced, \$3.50 Adults

\* (V) denotes vegetarian entree

\*You may qualify for free or reduced price meals. Applications are available at all schools and the district office. If you have any questions regarding the Food Service program you may contact Ms. Maddox at (602)938-5517 EXT 105 or email her at dmaddox@choiceacademies.org



