

Nov 9 2014 NorCal National Powerlifting Championships Results

Concord, CA

MENS													
Name	Division	Wt Class	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total	Wilks Total
Christopher Hench	R Power Open	220	130	140	147.5	105	112.5	120	155	167.5	180	432.5	
Chris Ramos	R Power Open	220	157.5	170	177.5	95	102.5	107.5	165	180	197.5	482.5	
Sonny Dhillon	R Power Open	220	175	185	195	115	122.5	127.5	210	217.5	227.5	545.5	
Michael Zboray	R Power Open	220	185	200	210	125	135	140	210	227.5	245	595	
Andrew Patton	R Power Open	220	215	230	240	140	145	152.5	200	215	220	607.5	
Gene Satsky	R Power M75-79	220	125	142.5	155	92.5	97.5	105	142.5	160	165	425	
Kironyo	R Power Novice	242	137.5	160	182.5	105	115	130	225	260	-	515	
Kenny Schang	R Power Open	242	150	160	162.5	90	100	100	212.5	222.5	227.5	490	
Carlos Montoya	R Power Open	242	195	202.5	210	155	162.5	167.5	227.5	235	245	622.5	
Alex Estes	R Power Jr 22-23	275	157.5	170	185	117.5	130	137.5	157.5	177.5	182.5	505	
Dennis Alegre	R Power Open	275	220	227.5	230	130	135	140	255	260	260	622.5	
Ryan Ortiz	R Power Open	275	265	285	300	157.5	172.5	182.5	265	282.5	290	743	
Dennis Alegre	R Power M45-49	275	220	227.5	230	130	135	140	255	260	260	622.5	
Robert Ciano	R Power M50-54	275	165	182.5	192.5	155	162.5	170	200	227.5	245	607.5	
Christopher Todd	R Power novice	308	160	180	200	137.5	152.5	160	160	182.5	215	567.5	
Josh Rony	R Power Open	308	220	235	247.5	150	157.5	162.5	260	275	280	677.5	

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Name	Division	Wt Class	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total	Wilks Total
Brandon Steely	R p/p Jr20-21	165	-	-	-	125	130	137.5	175	187.5	195	325	
Joe Pollack	R p/p Novice	165	-	-	-	110	115	115	167.5	175	182.5	292.5	
Mike Tiktinsky	R p/p M65-69	198	-	-	-	77.5	85	90	110	120	130	215	
Chris Ramos	R P/P open	220	-	-	-	95	102.5	107.5	165	180	197.5	305	
Sonny Dhillon	R P/P open	220	-	-	-	115	122.5	127.5	210	217.5	227.5	350	
Mark Hatfield	R P/P m 45-49	220	-	-	-	165	170	172.5	205	215	220	385	
Carlos Montoya	R p/p open	242	-	-	-	155	162.5	167.5	227.5	235	245	412.5	
Mike Tiktinsky	R Bench M65-69	198	-	-	-	77.5	85	90	-	-	-	85	
Carlos Montoya	R Bench Open	242	-	-	-	155	162.5	167.5	-	-	-	167.5	
Sione Moa	R Bench Open	308	-	-	-	152.5	175	185	-	-	-	175	
Mike Tiktinsky	R DL M65-69	198	-	-	-	-	-	-	110	120	130	130	
Kenny Schang	R DL Open	242	-	-	-	-	-	-	212.5	222.5	227.5	227.5	
Carlos Montoya	R DL Open	242	-	-	-	-	-	-	227.5	235	245	245	
Jack Walters	R DL M80-84	242	-	-	-	-	-	-	130	140	142.5	142.5	
Shawn Gavne	Equip P M45-49	181	137.5	155	165	102.5	110	117.5	182.5	192.5	-	457.5	

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