



Open Daily 8-4

Phone 609-494-0033

512 Long Beach Boulevard, Surf City, NJ

BREAKFAST PLATTERS

Toast Choices: White, Wheat, Rye, Pumpernickel

Fin Platter One (1) egg any style with hash 4.95
browns & toast. Add meat for \$3.50

Twin Fin Platter Two (2) eggs any style with 6.25
hash browns & toast. Add meat for \$3.50

Cream Chipped Beef (S.O.S.) Cream chipped . . . 9.95
beef served over choice of toast

Cowbunga (2) Pancakes or French Toast, (2) . . . 11.95
eggs any style, hash browns and choice of meat.
(No toast)

Eggs Benny (2) Poached eggs with Canadian . . . 11.95
bacon and Hollandaise sauce over English
muffin

Bagel with Lox Salmon Lox, capers, onion and . . . 11.95
cream cheese on choice of bagel and served
open-faced

OMELETTES

(3) eggs with hash browns and toast. **Egg
whites add \$2.00. Extra meat \$1.50; other
extras \$.0.75 each (spinach, green peppers,
onions, carrots, mushrooms, broccoli,
tomato).

All-American Omelette Choice of Cheese 8.45
(American, Provolone, Cheddar, Swiss,
Mozzarella, Pepper Jack, Feta)

Ham and Cheese Omelette Includes ham and . . . 9.45
choice of cheese

Western Omelette Includes green peppers, . . . 9.95
onion, ham and choice of cheese

Greek Omelette Includes feta, spinach, olives . . . 10.95
and tomato

Meatlover's Omelette Includes pork roll, . . . 11.95
bacon, sausage and choice of cheese

Vegetarian Omelette Includes green peppers, . . . 11.95
onions, spinach, diced tomato, mushrooms and
choice of cheese

BREAKFAST SANDWICHES

(2) eggs on toast, bagel, english muffin or
brioche roll. Add hash browns for \$2.95.

Fried Egg and Cheese (or scrambled) 5.95

**Fried Egg and Meat (Bacon, Sausage, or Pork
Roll)** 7.95

Meat and Cheese no eggs 7.95

Fried Egg, Meat and Cheese 8.95

Veggie Melt (2) scrambled eggs, assorted 7.95
vegetables and american cheese in a folded,
grilled tortilla

Meat Melt (2) scrambled eggs, bacon, ham and . . . 8.95
american cheese in a folded, grilled tortilla

BREAKFAST SIDES

One Egg - any style 1.50

Hash Browns 2.95

Bacon (4) - Pork or Turkey 3.50

Canadian Bacon (2) 3.50

Pork Roll (2) 3.50

Sausage (2) - Pork or Turkey 3.50

Scrapple 3.50

Cereal and Milk 3.50

Bagel with Butter or Cream Cheese 2.75

English Muffin, Toast, Roll with butter 2.00
* Toast: White, Wheat, Rye, Pumpernickel

Fruit Cup / Bowl 3.50 / 6.95

Yogurt with Fruit and Granola 7.95

PANCAKES / FRENCH TOAST

Served with butter and powdered sugar

Low Tide (2) Pancakes or French Toast 7.45

High Tide (3) Pancakes or French Toast 9.45

Chocolate Chip Pancakes (3) Chocolate Chip . . . 9.95
Pancakes

Blue Wave Pancakes (3) Blueberry Pancakes . . . 10.95

FOR THE LITTLE ONES

Includes a kid's drink

Silver Dollar Pancakes (5) mini Pancakes with . . . 5.95
(2) bacon or (1) sausage

Kids French Toast (1) French Toast with (2) . . . 5.95
bacon or (1) sausage

Minnow (1) Egg any style with (2) bacon or (1) . . . 5.95
sausage, and toast

Chicken in a Pen (1) Fried egg inside toast with . . . 5.95
(2) bacon or (1) sausage

BEVERAGES

Lacas Coffee 2.95

Lacas Cold Brew 3.95

Hot Tea 2.95

Hot Chocolate 2.95

Milk or Chocolate Milk 1.95 / 2.95 / 3.95

Homebrewed Unsweetened Lacas Iced Tea . . . 2.95

Homemade Lemonade 2.95

**Juice (Orange, Apple, Cranberry, . . . 1.95 / 2.95 / 3.95
Grapefruit)**

**Soda (Coke, Diet Coke, 7-up, Root Beer, Birch . . . 2.50
Beer, Club)**

Raspberry Iced Tea 2.50

HOT SUBS / HOAGIES

Half (7") or whole (14") or as Wrap (plain or spinach). Served with chips & pickle. Fries additional. Lettuce, tomato, and onion available.

- Cheese Steak** Shaved Beef with cheese 6.95 / 13.95
- Chicken Cheese Steak** Shaved Chicken Breast with cheese 6.95 / 13.95
- Buffalo Chicken Cheesesteak** Shaved chicken breast with hot sauce and bleu cheese dressing 7.95 / 15.95
- The Hungry Surfer** Pastrami, coleslaw, swiss 8.95 / 17.95
- Jon's Meatball Grinder** Meatballs with tomato gravy and mozzarella 8.95 / 17.95
- Chicken Parm** Grilled or breaded chicken cutlets with tomato gravy and mozzarella 9.95 / 19.95
- Chicken Italiano** Grilled chicken, spinach, garlic, olive oil and provolone 9.95 / 19.95
- Sausage Parm** Mild Italian sausage with tomato gravy and mozzarella 9.95 / 18.95
- Jersey Shore** Italian sausage, onions, and peppers 9.95 / 18.95
- Veggie Sub Melt** Mixed grilled vegetables and choice of cheese 9.95 / 18.95

COLD SUBS / HOAGIES

Half (7") / Whole (14"), Sandwich (bread, brioche roll or wrap) with lettuce, tomato, onion, oil/vinegar or mayo. Served with chips & pickle. Available as grinder

- Classic Italian** Capocollo, genoa salami, ham and provolone 8.95 / 17.95
- Ham and Cheese** 8.95 / 17.95
- Turkey and Cheese** 8.95 / 17.95
- Roast Beef and Cheese** 8.95 / 17.95

- Lifeguard Hoagie** Ham, genoa salami, American cheese 8.95 / 17.95
- Homemade Tuna Salad** 8.95 / 17.95
- Homemade Chicken Salad** 8.95 / 17.95
- The VIC** Fresh mozzarella, prosciutto, tomato with balsamic vinegar 9.95 / 18.95
- Surf City Caprese** Fresh mozzarella, roasted red peppers, basil and balsamic vinegar 9.95 / 18.95
- The Eve** Fresh mozzarella, spinach, mushrooms, tomato with balsamic vinegar 9.95 / 18.95

FRESH CUT FRIES

Available as a side or basket

- Sea Salt Fries** Cut in-house from Idaho potatoes, never frozen, served fresh with sea salt 2.95 / 6.95
- Cheese Fries** Our house-made fries with cheddar cheese sauce 3.95 / 7.95
- Old Bay Fries** Our house-made fries tossed in Old Bay seasoning served with cheese sauce 3.95 / 7.95
- Truffle Fries** Our house-made fries tossed with truffle salt and parmesan cheese 3.95 / 7.95
- Barrel Fries** Our house-made fries with cheddar cheese sauce, bacon crumbles and ranch dressing 4.95 / 9.95

CLASSICS

- Panzerotti** Mozzarella cheese and marinara sauce in a deep fried crust 6.95
- Hot Dog and Fries** Quarter pound hot dog with our house-made sea salt fries 7.95
- Pork Roll and Cheese on Roll** Served with chips and a pickle 7.95
- Grilled Cheese and Fries** Choice of cheese grilled on choice of toast with our house-made sea salt fries 7.95
- BLT** Bacon, lettuce and tomato on choice of toast, with chips and pickle 7.95
- Big Boy BLT** Double bacon, lettuce and tomato on choice of toast with chips and pickle 9.95
- Tuna Melt** Homemade tuna salad sandwich with choice of cheese served with chips and a pickle 8.95

- Chicken Salad Melt** Homemade chicken salad with choice of cheese served with chips and a pickle 8.95
- Grilled Chicken Caesar Wrap** Grilled chicken, romaine, parmesan with Caesar dressing with chips and pickle 8.95
- Turkey or Grilled Chicken Club** Choice of turkey or grilled chicken, bacon, swiss, lettuce and tomato on choice of toast with chips and pickle 9.95
- Chicken Tenders and Fries** Breaded chicken tenders with our house-made sea salt fries 9.95
- Fish and Chips (2)** Breaded fish filets with our sea salt fries 9.95
- Italian Hot Dog and Fries** Hot dog, sliced down the middle, with peppers and onions with our house-made sea salt fries 9.95

KIDS LUNCH

- Kids Hot Dog and Fresh Cut Fries** 5.95
- Kids Chicken Fingers (3) and Fresh Cut Fries** 5.95
- Kids Fish and Chips (1 filet and fresh cut fries)** 5.95
- Kids Grilled Cheese and Fresh Cut Fries** 5.95
- PB & J with Chips and Pickle** 4.50

BURGERS / CHICKEN

Choice of beef, turkey or veggie burger on fresh brioche roll. Served with chips & pickle. Fries additional

- Hamburger** with lettuce and tomato 7.95
- Cheeseburger** with choice of cheese, lettuce and tomato 8.95
- Bacon Cheeseburger** with choice of cheese, bacon, lettuce and tomato 9.95
- Grilled Chicken Sandwich** with lettuce and tomato 9.95
- Buffalo Chicken** Grilled or breaded chicken with hot sauce and a side of bleu cheese 9.95
- Cowboy Burger** with cheddar cheese, onion ring and BBQ sauce 10.95

- Sunrise Burger** with choice of cheese, topped with a fried egg and choice of pork roll or bacon 12.95
- Grilled Chicken Avocado BLT** with bacon, avocado, lettuce, and tomato 11.95
- The VIC Chick** Grilled chicken with fresh mozzarella, prosciutto, tomato and balsamic vinegar 12.95
- Chicken Cordon Blue** Grilled chicken, ham and melted swiss cheese 12.95

SOUPS AND SALADS

Dressings include Ranch, Creamy Italian, Oil/Vinegar, Bleu Cheese, Honey Mustard, 1000 Island, Balsamic Vinaigrette, Caesar

- Soup of the Day (cup or bowl)** 3.95 / 7.95
- Lobster Bisque (cup or bowl)** 4.95 / 8.95
- House Salad** Lettuce, tomato, onion, carrots, cucumbers and croutons 7.95
- Caesar Salad (ADD chicken \$2.50)** Romaine lettuce, grated parmesan, croutons, caesar dressing 7.95
- Chicken or Tuna Salad Platter** Fresh chicken or tuna salad served over lettuce with tomato and raw onion 9.95
- The Wedge** Iceberg lettuce wedge, bacon, tomato, bleu cheese crumbles and dressing 9.95
- Cobb Salad** Grilled chicken, bacon, avocado, hardboiled egg, lettuce, tomato and bleu cheese crumbles 11.95
- Chef Salad** Ham, turkey, swiss, provolone, lettuce, tomato 11.95

LUNCH SIDES

- Coleslaw or Potato Salad** 2.50
- Onion Rings** 4.95
- Grilled Vegetables** 5.95
- Fried Pickles** Served with Chipotle Aioli 5.95
- Mozzarella Sticks** Served with Marinara Sauce 6.95
- Side Salad** 5.00