**Becoming a Woman After God’s Own Heart**

**Life Lessons from David**

**Lesson 9: Practicing the Presence of God**

**Numbers 4:15, 2 Samuel 6, Matthew 28:18-20, Hebrews 10:22**

**Numbers 4:15**

**15**“After Aaron and his sons have finished covering the holy furnishings and all the holy articles, and when the camp is ready to move, only then are the Kohathites to come and do the carrying. But they must not touch the holy things or they will die. The Kohathites are to carry those things that are in the tent of meeting.

**2 Samuel 6**

David again brought together all the able young men of Israel—thirty thousand. **2**He and all his men went to Baalah[[a](https://www.biblegateway.com/passage/?search=Numbers+4%3A15%2C+2+Samuel+6%2C+Matthew+28%3A18-20%2C+Hebrews+10%3A22&version=NIV#fen-NIV-8160a)] in Judah to bring up from there the ark of God, which is called by the Name,[[b](https://www.biblegateway.com/passage/?search=Numbers+4%3A15%2C+2+Samuel+6%2C+Matthew+28%3A18-20%2C+Hebrews+10%3A22&version=NIV#fen-NIV-8160b)] the name of the Lord Almighty, who is enthroned between the cherubim on the ark. **3**They set the ark of God on a new cart and brought it from the house of Abinadab, which was on the hill. Uzzah and Ahio, sons of Abinadab, were guiding the new cart **4**with the ark of God on it,[[c](https://www.biblegateway.com/passage/?search=Numbers+4%3A15%2C+2+Samuel+6%2C+Matthew+28%3A18-20%2C+Hebrews+10%3A22&version=NIV#fen-NIV-8162c)] and Ahio was walking in front of it. **5**David and all Israel were celebrating with all their might before the Lord, with castanets,[[d](https://www.biblegateway.com/passage/?search=Numbers+4%3A15%2C+2+Samuel+6%2C+Matthew+28%3A18-20%2C+Hebrews+10%3A22&version=NIV#fen-NIV-8163d)] harps, lyres, timbrels, sistrums and cymbals.

**6**When they came to the threshing floor of Nakon, Uzzah reached out and took hold of the ark of God, because the oxen stumbled. **7**The Lord’s anger burned against Uzzah because of his irreverent act; therefore God struck him down, and he died there beside the ark of God.

**8**Then David was angry because the Lord’s wrath had broken out against Uzzah, and to this day that place is called Perez Uzzah.[[e](https://www.biblegateway.com/passage/?search=Numbers+4%3A15%2C+2+Samuel+6%2C+Matthew+28%3A18-20%2C+Hebrews+10%3A22&version=NIV#fen-NIV-8166e)]

**9**David was afraid of the Lord that day and said, “How can the ark of the Lord ever come to me?” **10**He was not willing to take the ark of the Lord to be with him in the City of David. Instead, he took it to the house of Obed-Edom the Gittite. **11**The ark of the Lord remained in the house of Obed-Edom the Gittite for three months, and the Lord blessed him and his entire household.

**12**Now King David was told, “The Lord has blessed the household of Obed-Edom and everything he has, because of the ark of God.” So David went to bring up the ark of God from the house of Obed-Edom to the City of David with rejoicing.**13**When those who were carrying the ark of the Lord had taken six steps, he sacrificed a bull and a fattened calf. **14**Wearing a linen ephod, David was dancing before the Lord with all his might, **15**while he and all Israel were bringing up the ark of the Lord with shouts and the sound of trumpets.

**16**As the ark of the Lord was entering the City of David, Michal daughter of Saul watched from a window. And when she saw King David leaping and dancing before the Lord, she despised him in her heart.

**17**They brought the ark of the Lord and set it in its place inside the tent that David had pitched for it, and David sacrificed burnt offerings and fellowship offerings before the Lord. **18**After he had finished sacrificing the burnt offerings and fellowship offerings, he blessed the people in the name of the Lord Almighty. **19**Then he gave a loaf of bread, a cake of dates and a cake of raisins to each person in the whole crowd of Israelites, both men and women. And all the people went to their homes.

**20**When David returned home to bless his household, Michal daughter of Saul came out to meet him and said, “How the king of Israel has distinguished himself today, going around half-naked in full view of the slave girls of his servants as any vulgar fellow would!”

**21**David said to Michal, “It was before the Lord, who chose me rather than your father or anyone from his house when he appointed me ruler over the Lord’s people Israel—I will celebrate before the Lord. **22**I will become even more undignified than this, and I will be humiliated in my own eyes. But by these slave girls you spoke of, I will be held in honor.”

**23**And Michal daughter of Saul had no children to the day of her death.

**John 14:23** Jesus replied, “Anyone who loves me will obey my teaching. My Father will love them, and we will come to them and make our home with them.

**Hebrews 10:22**

let us draw near to God with a sincere heart and with the full assurance that faith brings, having our hearts sprinkled to cleanse us from a guilty conscience and having our bodies washed with pure water.

1. Why did David want the Ark of the Covenant brought to Jerusalem?

2. Have you ever longed for a sense of God’s presence in your life? Does the Lord seem distant now, or near to you? Explain.

**Numbers 4:15**

**15**“After Aaron and his sons have finished covering the holy furnishings and all the holy articles, and when the camp is ready to move, only then are the Kohathites to come and do the carrying. But they must not touch the holy things or they will die. The Kohathites are to carry those things that are in the tent of meeting.

3. Read Numbers 4:15 where God gave instructions on how the holy articles, including the Ark of the Covenant were to be transported. What went wrong with the first attempt to move the Ark to Jerusalem? How could this tragedy have been averted?

4. Write in the first person, as if you were David writing in his diary, about his longing for God’s ark and His presence in Jerusalem, but then the fiasco of Uzzah being struck down for touching it. Pour out your feelings and what you learned from that experience.

**John 14:23** Jesus replied, “Anyone who loves me will obey my teaching. My Father will love them, and we will come to them and make our home with them.

5. We no longer live under the Old Testament law, and we no longer have the Ark of the Covenant, representing God. Still, God comes on His own terms. Read John 14:23 Would you say you are meeting His criteria to experience His presence in your life or not? Explain.

**23**And Michal daughter of Saul had no children to the day of her death.

6. When David returned home, he was met with scorn and cutting words from his wife Michal. Explain what you think was going on with her. According to verse 23, Michal never had children. Why do you think this was? Explain.

7. Can you think of any practical lessons for your own life that you can learn from Michal’s experience?

**Hebrews 10:22**

let us draw near to God with a sincere heart and with the full assurance that faith brings, having our hearts sprinkled to cleanse us from a guilty conscience and having our bodies washed with pure water.

8. Write out Hebrews 10:22 in your own words.

9. Do you see any ways in which David’s words or deeds demonstrated that he was a man after God’s own heart in these passages?

10. Journal on of these passages SOAP style.