

**AGENDA**  
*Southeast Washington Regional FYSPRT*  
*3/9/2023 3:30-5:00 p.m.*  
*Location – ZOOM & PHONE-IN ONLY*


<p>Purpose designed to influence the functioning of local, state, and child-serving systems, and to promote proactive changes that will improve access to, and the quality of, services for families and youth with complex behavioral health challenges, and the outcomes they experience.</p>	<p>Mission through respectful partnerships, families, youth, systems and communities will effectively collaborate to proactively influence, and provide leadership to address challenges and barriers faced by the behavioral health service system for children, youth, and families in Washington State.</p>	<p>Vision To bring all necessary parties together to contribute to continuous improvement to children’s behavioral</p>	<p>Ground Rules All FYSPRT attendees should have a chance to speak, express their own ideas and feelings freely, and pursue and finish out their thoughts          Everyone has an equal opportunity to share their voice and view          A variety of points of view are to be put forward and discussed during meetings          All attendees should work to remain open-minded          Stay true to the FYSPRT goals          Participants can interpret topics openly and honestly          All respectful feedback is welcomed</p>
Agenda Items	Discussion & Notes		
<p><b>Welcome &amp; Introductions (5 minutes)</b></p>	<p>All Members  <i>All members were asked to put their name, organization (if any) and if they identified as a youth, family or system partner in the chat. No formal introductions were given as we wanted to make sure there was enough time for the training.</i></p>		
<p><b>Meeting Minutes</b></p>	<p><i>Minutes not reviewed at this meeting due to training.</i></p>		
<p><b>Filling Your Toolbox</b></p>	<p><i>March Meeting training was facilitated by Karen Kelly with WSCC. Karen completed the “Filling your Toolbox” training for the FYSPRT group (description below).</i></p> <p><b><u>Filling Your Toolbox – Tools to Support Strong Boundaries, Empowerment, and Families</u></b></p> <ul style="list-style-type: none"> <li>This is a customized, interactive training that teaches and/or strengthens concepts to support families wherever they are in their journey. Concepts will include tools for creating boundaries, empowering rather than enabling your loved ones, combating shame and acknowledging pain, making action plans, and more! This engaging training will send you off with some new ways to use tools you may already have and introduce you to some new ones along the way. This training can be designed for sessions from 60 minutes to 2 hours, depending on the level of learning and the number of activities included. (60-minute mini-training or 2-hour full training)</li> </ul>		
<p><b>FYSPRT Evaluation Survey</b></p>	<p><i>Due to lack of time, an email was sent to FYSPRT members encouraging them to take the evaluation survey after the meeting.</i></p> <p>The FYSPRT meeting evaluation link is: <a href="https://www.surveymonkey.com/r/LJD7DD3">https://www.surveymonkey.com/r/LJD7DD3</a></p>		

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<b>Roundtable Discussion (20 minutes)</b>	<i>Deferred due to training.</i>
<b>Closing Announcements (5 minutes)</b>	<i>Deferred due to training, an agenda with these announcements were sent out to the group prior to the meeting this month.</i> <b>*The YARP (Youth Access and Resource Program) is now taking referrals in Benton and Franklin county. Please go to the website to make a referral, view resources and find other information:</b> <a href="https://yarp.kidsmentalhealthwa.org/">https://yarp.kidsmentalhealthwa.org/</a> <b>*Tax season is coming! Families with an income of under 60k can get assistance with filing their taxes through 211. Please refer families to this resource if applicable.</b> <b>*The Grind Recovery Café, a part of 3 Rivers Therapy is now open Monday-Friday from 9am-5pm, they are looking to expand their hours in the future based on need</b>
Regional FYSPRT meeting dates	April 13, 2023 May 11, 2023 Meeting ID: 376 123 4588 1-253-215-8782 or 3761234588# <a href="https://us06web.zoom.us/j/3761234588">https://us06web.zoom.us/j/3761234588</a>
State FYSPRT meeting dates	April 27, 2023 via ZOOM from 3-5pm