

# Enso Dojo Aikido Club

1<sup>st</sup> Kyu

200 hours - minimum

Brown with Black Stripe Belt

Name		Date of Test	
Age		Date Began Aikido	
Present Rank	2 <sup>nd</sup> Kyu	Hours Completed	

Recomendation: \_\_\_\_\_

## Arts:

### Tachi-waza (5 arts each):

Kata-tori Menuchi	1	2	3	4	5
Yokomen-uchi	1	2	3	4	5
Morote-tori	1	2	3	4	5
Shomen-uchi	1	2	3	4	5
Ryote-tori	1	2	3	4	5
Koshi-nage	1	2	3	4	5
Tanto-tori	1	2	3	4	5

### Hanmi-Handachi:

Ushiro-waza	1	2	3	4	5
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### Randori:

Freestyle – 3 People	
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Reviewer(s): \_\_\_\_\_

Judgement: \_\_\_\_\_