

October 2024 Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<p>30 Graham Crackers with Apple Sauce</p> <p>Chicken Nuggets Mashed Potatoes Mixed Vegetables Peaches Low Fat Milk</p> <p>Animal Crackers</p>	<p>1 Nutri-grain Bars</p> <p>Buttered Noodles w/ Parmesan Cheese Green Peas Pineapple Low Fat Milk</p> <p>Chex Mix</p>	<p>2 Mini Muffins</p> <p>Cowboy Stew w/ Rice Corn Pears Low Fat Milk</p> <p>Cheez-its</p>	<p>3 Oranges and Ritz Crackers</p> <p>Chicken Alfredo Cucumber Slices w/ Ranch Mixed Fruit Low Fat Milk</p> <p>Veggie Straws</p>	<p>4 Cheese Slices and Saltines</p> <p>Boxed Lunch with Drink</p> <p>Goldfish</p>
<p>7 Nutri-Grain Bars</p> <p>Beanie Weenies Corn Apple Slices Low Fat Milk</p> <p>Chocolate Chip Cookies</p>	<p>8 Apple Slices Graham Crackers</p> <p>Sloppy Joe w/ Wheat Bread Green Beans Pineapple Low Fat Milk</p> <p>Goldfish</p>	<p>9 Honey Nut Cheerios and Applesauce</p> <p>Chicken, Broccoli & Cheese w/ Rice Peaches Low Fat Milk</p> <p>Oatmeal Cookies</p>	<p>10 Special K Bars</p> <p>Hot Ham and Cheese Sliders Canned Carrots Mixed Fruit Low Fat Milk</p> <p>String Cheese w/ Crackers</p>	<p>11 Biscuits w/ Butter & Jam</p> <p>Boxed Lunch with Drink</p> <p>Cheez-its</p>
<p>14 Mini Muffins</p> <p>Mac & Cheese Green Peas Peaches Low Fat Milk</p> <p>Nilla Wafers</p>	<p>15 Cheerios and Bananas</p> <p>Mama's Pasta Mixed Vegetables Mandarin Oranges Low Fat Milk</p> <p>Ritz Crackers w/ Cheese</p>	<p>16 Fruit and Yogurt Parfait</p> <p>Grilled Cheese Baked Beans Lettuce Pineapple Tidbits Low Fat Milk</p> <p>Trail Mix</p>	<p>17 Fig Newtons</p> <p>BBQ Chicken Mashed Potatoes Corn Pears Low Fat Milk</p> <p>Rice Krispy Treats</p>	<p>18 French Toast Sticks w/ Syrup</p> <p>Boxed Lunch with Drink</p> <p>Pretzels</p>
<p>21 Nutri Grain Bars</p> <p>Cheese Quesadillas Steamed Carrots Pears Low Fat Milk</p> <p>Chex Mix</p>	<p>22 Sliced Oranges w/ Crackers</p> <p>Chicken w/ Yellow Rice Green Peas Pineapple Low Fat Milk</p> <p>Cheez-its</p>	<p>23 Special K Bars</p> <p>Pasta with Meatballs Shredded Lettuce Mandarin Oranges Low Fat Milk</p> <p>Animal Crackers</p>	<p>24 Graham Crackers with Apple Sauce</p> <p>Chicken Nuggets Mashed Potatoes Corn Peaches Low Fat Milk</p> <p>Smart Pop Popcorn</p>	<p>25 Bagels w/ Cream Cheese</p> <p>Boxed Lunch With Drink</p> <p>Trail Mix</p>
<p>28 Mini Muffins</p> <p>Chicken Salad w/ Crackers Shredded Lettuce Pickles Pears Low Fat Milk</p> <p>Goldfish</p>	<p>29 Nutri-grain Bars</p> <p>Buttered Noodles w/ Parmesan Cheese Green Peas Pineapple Low Fat Milk</p> <p>Chex Mix</p>	<p>30 Mini Muffins</p> <p>Cowboy Stew w/ Rice Corn Pears Low Fat Milk</p> <p>Cheez-its</p>	<p>31 Oranges and Ritz Crackers</p> <p>Chicken Alfredo Cucumber Slices w/ Ranch Mixed Fruit Low Fat Milk</p> <p>Veggie Straws</p>	

Published 09/30/24

Fresh Water offered with each snack & meal

School Age Program is offered whole fresh fruits each afternoon in addition to the menu