

# If Diabetes Education were a pill... would you prescribe it?



Diabetes self-management education/training (DSME/T) is the ongoing process of facilitating the knowledge, skill, and ability necessary for diabetes self-care.

- Patient participation in DSMET has proven to decrease A1C by 0.6%, as much as many medications.<sup>1</sup>
- DSME/T is delivered by healthcare professionals, who help patients learn how to make diabetes-related decisions, eat healthy, check blood sugar, manage medications, solve problems, be emotionally healthy, and reduce stress.<sup>2</sup>

## Information prepared for:

\_\_\_\_\_,  
based on patient medical records for patients with A1C checks and diagnosed diabetes.

## Patient Demographics:

\_\_\_\_\_

1. Diabetes Care (2017) 2017 National Standards for Diabetes Self-Management Education and Support. Diabetes Care; 40:1409-1419. <https://doi.org/10.2333/dci17-0025>

2. Centers for Disease Control and Prevention (2017) Education and Support. Retrieved from <https://www.cdc.gov/diabetes/managing/education.html>.

The following numbers and percentages are based off of a starting number of patients of: \_\_\_\_\_



\_\_\_\_\_  
\_\_\_\_\_  
%

Number of patients who have had an A1C checked within the past \_\_\_\_\_ months.



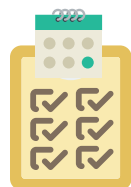
\_\_\_\_\_  
\_\_\_\_\_  
%

Total number of patients with diabetes (A1C ≥6.5%).



\_\_\_\_\_  
\_\_\_\_\_  
%

Total number of patients with diabetes (A1C ≥6.5%) who have had an A1C check within the past \_\_\_\_\_ months.



\_\_\_\_\_  
\_\_\_\_\_  
%

Total number of patients with diabetes (A1C ≥6.5%) who have had an A1C check within the past \_\_\_\_\_ months.



\_\_\_\_\_  
\_\_\_\_\_  
%

Total number of patients with uncontrolled diabetes (A1C ≥9%).



\_\_\_\_\_  
\_\_\_\_\_  
%

Total number of patients who have attended diabetes education (DSME/T).

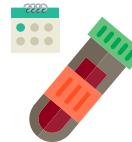


\_\_\_\_\_  
A1C

Average A1C of patients prior to attending diabetes education (DSME/T).

Average A1C of patients after attending diabetes education (DSME/T).

\_\_\_\_\_  
A1C

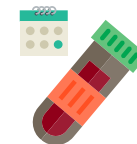


\_\_\_\_\_  
A1C

Average A1C of patients at first A1C testing (did not attend diabetes education (DSME/T)).

Average A1C of patients at second A1C testing (did not attend diabetes education (DSME/T)).

\_\_\_\_\_  
A1C



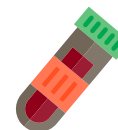
to

\_\_\_\_\_  
A1C

\_\_\_\_\_  
A1C

Average A1C change for patients who attended diabetes education (DSME/T):

\_\_\_\_\_  
% change



to

\_\_\_\_\_  
A1C

\_\_\_\_\_  
A1C

Average A1C change for patients who did not attend diabetes education (DSME/T):

\_\_\_\_\_  
% change