

## **Moves Like Swagger Dance Workshop: Grades 4 to 8**

Intended for students who have already done the 'Let's Dance' workshop: A hard-hitting, energetic, easy-to-follow workshop that's guaranteed to make you break a sweat! With choreography heavily influenced by street dance, students will learn the fundamentals of hip-hop while grooving out to the latest up-beat tunes. A fun way to learn basic dance skills and choreography and to enhance some of the curriculum requirements for Drama and Dance based on Ontario Education standards.

The program is two hours in length. The 1<sup>st</sup> hour consists of dance instruction and repetitive movement to improve muscle memory, and work on beat and rhythm. The second hour is geared towards the students choreographing and performing their own dance pieces. The whole program is set to popular R&B, Pop, and Hip Hop music.

Teachers can follow up the workshops with further enhancement of student choreography, judging by peers, performance for other classes, etc.

### **Dance Elements:**

- body: body awareness, use of body parts, body shapes (e.g., angular, stretched, twisted), locomotor movements, non-locomotor movements, body bases, symmetry versus asymmetry, isolation of body parts, weight transfer
- space: levels, pathways, directions, positive versus negative space, proximity of dancers to one another, various group formations, use of performance space
- time: stillness, rhythm, tempo, pause, with music
- energy: quality, inaction versus action, percussion, fluidity
- relationship: dancers to objects, opposition, groupings, meet/part, follow/lead, emotional connections between dancers

### **Specific Expectations:**

- create dance pieces
- determine the appropriate choreographic form and create dance pieces for a specific audience or venue
- construct personal and/or group interpretations of the themes in their own and others' dance pieces
- analyse, using dance vocabulary, their own and others' dance pieces to identify the elements of dance and the choreographic forms used in them
- identify and give examples of their strengths and areas for growth as dance creators, interpreters, and audience members

Fee: \$225 plus HST – based on a 2 hour workshop, up to 60 participants per group

Note: If your school is booking more than one workshop, there is a \$25 discount per 2-hour workshop applied!