

# THANKSGIVING

The Cocoa Beach Turkey Trot 5k is supporting **GET ON TRACK**. Cocoa Beach Kiwanis and the Cocoa Beach Cross Country Booster Club are joining forces to raise funds to refurbish the track at Cocoa Beach Jr/Sr High School. Help us keep the winning tradition alive at Cocoa Beach!

USATF CERTIFIED FL19043TY



## Location & Schedule

Race starts and ends at **20 N. Brevard Ave** in Cocoa Beach on Thanksgiving, Nov 28

- 6:30 - 7:50 am Registration and Packet Pickup
- 8:00 am 5k Run / Walk
- 9:20 am Free Little Gobbler and Mascot Runs

## Amenities

- Unisex Tri-Blend t- shirt to first 2,500 entries
- Electronic timing
- Dozens of fabulous door prizes
- Post-race refreshments at [Jenna's Breezeway Grille](#)

## Awards

- **All finishers receive a commemorative medal**
- No age group, team, or costume awards
- 1st, 2nd, 3rd place overall and masters, male and female, receive awards in addition to medals

## Packet Pickup

- Tuesday, Nov 26, 4:00 to 8:00 pm at [Cocoa Beach Health & Fitness](#), 1355 N. Atlantic Avenue
- Wednesday, Nov 27 from 2:00 to 6:00 pm at [Cocoa Beach Health & Fitness](#)
- Race day morning from 6:30 am - 7:50 am

**Race hotline** Call or text 321-288-5388

**Email** [TurkeyTrot5k@cfl.rr.com](mailto:TurkeyTrot5k@cfl.rr.com)

**Results Posting** [www.cocoabeachturkeytrot.com](http://www.cocoabeachturkeytrot.com)

## Register by Mail, On-Line, In Person

### Entry Fees

- \$25 Individual by November 7
- \$30 Individual after November 8 thru 27
- \$35 Individual on Race Day
- \$20 Individual NO SHIRT by November 7
- \$25 Individual NO SHIRT after November 8 thru 27
- \$30 Individual NO SHIRT on Race Day
- \$100 Turkey Team of 4 by November 7
- \$120 Turkey Team of 4 after November 8 thru 25

**(Entries for teams will not be accepted after Nov 25)**

Turkey Team must carry a 12 lb. turkey over the course (supplied on race day). Turkey must stay with the team and the team must stay together throughout the 5k. *The turkey may not be pushed or pulled in a wheeled vehicle.* Team keeps the turkey.

### Mail

Check payable to **Cocoa Beach Kiwanis Foundation** and mail to:  
Cocoa Beach Kiwanis Foundation  
30 Country Club Road  
Cocoa Beach, FL 32931

### On-Line

[www.cocoabeachturkeytrot.com](http://www.cocoabeachturkeytrot.com) or  
<https://runsignup.com/TurkeyTrot5k>

### In Person

Tuesday and Wednesday at Packet Pickup  
Race Day

## 2019 Cocoa Beach Turkey Trot 5k

Name \_\_\_\_\_ Address \_\_\_\_\_ M / F Age \_\_\_\_ DOB \_\_\_\_\_  
City \_\_\_\_\_ State \_\_\_\_ Zip \_\_\_\_\_ Phone \_\_\_\_\_ Email \_\_\_\_\_  
Race Shirt YM XS YL S M L XL XXL XXXL Team? Yes Team Name \_\_\_\_\_

Team Division (circle one): Coed Female Male Business

Release form: I assume all risks associated with my participation as a participant in the Cocoa Beach Turkey Trot 5k including but not limited to injuries, contact with other participants including registered runners and volunteers, the effects of the weather, and traffic and hazards of the road, all such risks are known and appreciated by me. Having read this waiver I, for myself and anyone entitled to act on my behalf, waive and release the directors of this race from all claims or liabilities of any kind arising out of my participation in the event. I grant permission to all of the foregoing to use any photographs, motion pictures, recordings or any other record of this event for any legitimate purpose. *(Race fees are non-refundable)*

Signature (Parent or guardian if under 18) \_\_\_\_\_

Date \_\_\_\_\_